

Shorthorn Cattle & Oxford Sheep.

Present Offering in Shorthorn Cattle:
Young Bulls from 8 to 10 mos. old, by same sire as Junior Champion, Female, at Leading Canadian Fairs, 1916.
In Oxfordshire:
Choice Ram Lambs by Imported sire.

JAS. G. THOMSON

J. A. WILSON, M. D.
PHYSICIAN AND SURGEON

HONOR Graduate of Toronto University Medical College. Member of College of Physicians and Surgeons of Ontario. Office and Residence—Elora Street North MILDWAY.

No Guesswork.

Our method of testing eyes and fitting them with glasses, is modern, up-to-date and scientific.

THERE IS NO GUESS-WORK

It costs you nothing to let us examine your eyes.

If you are suffering from headaches, pain in back of eyes, or vision is blurred, or you get dizzy easily. Something is the matter with your eyes. We fit glasses that relieve the strain.

Prices Moderate.

C. A. FOX

JEWELLER & OPTICIAN Walkerton

Shorthorn Cattle.

Winners of the Silver Medal at the Northern Exhibition for the past three years.

Choice young stock of both sexes on hand on hand.

H. H. Pletsch

R. R. NO. 1, CARLSRUHE
Lot 13, Concession 13. Carrick.

R. H. FORTUNE.

AYTON ONTARIO

LICENSED AUCTIONEER for Wellington, Grey and Bruce. Reasonable rates and satisfaction guaranteed. Arrangements can be made at this office.

DR. L. DOERING
DENTIST MILDWAY.

HONOR Graduate of Toronto University Licentiate of Dental Surgery, and Member of Royal College of Dental Surgeons of Ontario has opened up his offices next to C. Schurter's, Mildway. Entrance on Main Street. All the latest methods practiced in dentistry. Visits Ayton every first and third Saturday, Clifford every second and fourth Saturday, and Neustadt every second and fourth Tuesday of each month.

Voluntary enlistment has taken thousands of men from office work. Conscription will take more. Office help is scarce now—will be scarce very soon. Young women must fill the vacant places and they need training.

NORTHERN Business College
OWEN SOUND, ONTARIO

remains open all summer to help to meet the demand for trained office help. Students may enter at any time. No increase in fees. Circulars free on application.

C. A. FLEMING, F. A.
PRINCIPAL G. D. FLEMING,
For 35 yrs SECRETARY

Water Term from Jan. 2nd.

ELLIOTT Business College

Yon ge and Charles Sts
TORONTO, ONT.

We employ experienced instructors to give thorough courses, and individual attention to pupils place graduates in positions. This school is one of the largest Commercial schools in

For free catalogue contact our Commercial, Short-Hand, and Telegraph departments. Elliott, D. A. McLachlan, Principal.

Oatmeal and Breakfast Food Regulations

1. That on and after the first day of January 1918, no manufacturer of breakfast foods or cereals shall manufacture for sale in the Dominion of Canada, such breakfast foods or cereals in original packages of less than twenty pounds without first obtaining a license from the Food Controller for each kind of breakfast food or cereal manufactured.

2. That there shall be printed or marked on each package, in such clear and legible manner that it may be easily read by the consumer, the name and address of the manufacturer, the net weight of the contents of such package (such weight being given in pounds and ounces avoirdupois), and the number of the license held by the manufacturer.

3. That no coupons, premiums, prizes presents or other similar inducements to purchase shall be enclosed, given away or sold with any such breakfast food or cereal.

4. That the prices at which breakfast foods or cereals are sold to the public in packages shall not exceed such an amount as will pay for the cost of the containers and allow a reasonable profit on the contents of the package. The containers shall in all ways be inexpensive.

5. That all licenses issued under these regulations for the manufacture of any breakfast food or cereal which is composed in whole or in part of wheat flour or any product of wheat shall be subject to cancellation by the Food Controller upon one month's notice, if in the opinion of the Food Controller it is desirable to conserve the wheat or product of wheat so used, and the Food Controller may, if he considers it in the public interest permit such manufacturer to substitute any other flour or material in the manufacture of such breakfast food or cereal in place of such wheat flour or product of wheat.

6. That in every application for a license under these regulations the applicant shall state the cost per pound or per package to the manufacturer, of the container, and of advertising and selling such breakfast food or cereal, and if in the opinion of the Food Controller such cost is excessive, he may refuse to issue a license.

7. The wholesale dealers and retailer dealers shall not require a license to sell any breakfast food or cereal in original packages of less than twenty pounds, when such breakfast food or cereal has been manufactured under a license issued by the Food Controller.

8. That the following shall be the fees chargeable for a license to manufacture a breakfast food or cereal.

When the value does not exceed \$100,000 per annum, \$10.00.

When the value sold does not exceed \$200,000 per annum, \$20.00.

When the value sold does not exceed \$300,000 per annum, \$30.00.

When the value sold does not exceed \$400,000 per annum, \$40.00.

When the value sold does not exceed \$500,000 per annum, \$50.00.

When the value sold exceeds \$500,000 per annum then the license fee shall be \$60.00 and in addition \$5.00 for each \$100,000 or fraction thereof sold in excess of \$500,000. Such value shall in each case be the value of the previous years business for goods manufactured or sold in Canada. If the cereal has not been previously manufactured or sold for a year before the application is made for a license the fee for the license shall be \$10.00. A sworn statement of the facts upon which the amount of the license fee depends shall be attached to the application.

Report of S. S. No. 10 Carrick.

Sr. IV—Leander Schill.

Jr. III—Hilda Schill, Marie Hoffman, Erwin Schill, Ruth MacDowell (absent) for two subjects, Wilfred Wissler (absent.)

Jr. II—Melvin Haines, Clarence Schill, Otto Wissler, Homer Culliton.

Jr. I—Johnny Schill, Sylvester Grub, Irene Kestner.

Primer—Gertrude Grub, Clarence Kestner, Horace MacDowell, Lillian Wissler.

H. M. McElhone

When The War Will End

Absolute knowledge I have none, But my aunt's washerwoman's sister's son

Heard a policeman on his beat Say to a laborer on the street That he had a letter just last week Written in the finest Greek From a Chinese coolie in Timbuctoo, Who said the negroes in Cuba knew Of a colored man in a Texas town, Who got it straight from a circus clown, That a man in Klondike heard the news From a gang of South American Jews About somebody in Borneo, Who heard a man who claimed to know Of a swell society female fake, Whose mother-in-law will undertake To prove that her seventh husband's sisters niece

Had stated in a printed piece, That she has a man who has a

MOTHERS OF CANADA PREPARE FOR TROUBLE

When a girl becomes a woman, when a woman becomes a mother, and when a woman passes through the changes of middle life, are the three periods of life when health and strength are most needed to withstand the pain and distress often caused by severe organic disturbances. Many thousands in this section would testify as to the following:

St. Catharines, Ont.—“Over forty years ago I was restored to health by taking Dr. Pierce's Favorite Prescription. It was after medicine and doctors had failed to help me or give relief. I had, through overwork, become all run-down in health. I was weak and finally became a nervous wreck. The 'Prescription' was recommended to me, and at the time I started to take it I had not been able to do anything for over a year. I took the 'Favorite Prescription' and the 'Golden Medical Discovery' as well. It took several bottles, but I was completely restored to good health and since that time when I have felt the need of these medicines I have taken them and always with perfect satisfaction.”—Mrs. WM. BAKER, 33 Page St.

Stratford, Ont.—“I was all run-down, weak, nervous. I also suffered with severe pains through my back. I was very miserable when a friend advised me to try Dr. Pierce's Favorite Prescription and one bottle seemed to give renewed strength. It stopped the pain in my back, also helped my nervous condition. It is surely a good tonic for women.”—Mrs. FLORENCE CULLUM, 100 Milton St.

Will Engage Dietitian.

The Bruce County Hospital Board have, on the recommendation of the Lady Superintendent, Miss Sutherland, decided to do away with the position of assistant matron or head nurse formerly held by Miss Gallagher, who has resigned, and will appoint instead a Dietitian, who will have control of the cooking for the patients, as well as lecture to the nurses on the nutritive value and the proper methods of preparing and cooking various kinds of food. Miss Fraser daughter of Mr. F. J. Fraser here, and who is an experienced dietitian, having been connected with some large American hospitals in this capacity for some years, has agreed to accept this appointment until May next, when she is again returning to the States.

“A Happy New Year”

May the Year 1918 be Brimful with Happiness and Prosperity for all our Patrons, Friends and Acquaintances.

Bring your Cream, Butter, Eggs, Potatoes, etc.

The Store for Honest Values

KNECHTEL & KNECHTEL

Public School Report.

December.

Sr. V—Gertrude Duffy 67; Marie Heisz 42.

Jr. V—Clayton Fink 71; Dorothy Schwalm 59.

Sr. IV—Hilda Schneider 59; Ernie Miller 55; Louis Privat 44; Herb Miller 46; Buelah Lambert 41; Edward Schneider 38.

Jr. IV—Hazel Duffy 61, Gloria Reuber 60; Walter Schnurr 51.

Sr. III—Harvie Schneider 79 (Honours); Ruth Vollick 75 (Honours); Helene Kidd 63; Joseph Lewis 63; Hilda Pross 59; Harold Lewis 58; Wesley Filsinger 55; Cathryne Miller 51; Katie Lewis 48; Walter Schneider 44.

J. T. Kidd, teacher.

ROOM II

Sr. II Honours—Zelda Finger, Dorothy Siegner, Pass—Wilfred Brown, Irene Harper, Matilda Miller, Gladys Duffy, Irene Weber. Below Pass—Oliver McNamara, Harvey Vollick, Geo. Weber, Edna Sieling, Norman Weber.

Jr. II Pass—Malcolm Bridges Orville Kalbfleisch.

Jr. I Honours—Elma Lewis, Marion Finger, Rudolph Siegner, Arthur Schneider, Cleve Kidd. Pass—Milton Filsinger. Below Pass—Delma Horst, Dorothy Vollick, Gilbert Lewis, Garfield Culliton, Irvine Harrison, Walter Weber.

Primer—Ray Lewis, Almeda Albrecht, Norman Albrecht, Lloyd Coutts, Pearl Weber, Wilbur Kalbfleisch, Melinda Heimbecker, Beatrice Kinzie.

She was a very nervous old lady, and her particular horror was Zeppelins, and as she lived alone outside the village she made careful inquiries of the pastor as to her best course in the event of a raid. “I don't think there is much for you to worry about,” replied the pastor, “but if you feel so nervous, why don't you do the same as some people are doing—sleep in the cellar?”

The old lady thanked him profusely and went her way, but returned in half an hour looking as anxious as ever. “The cellar's all right for Zeppelins' sir,” she said, “but suppose one of them there submarines comes instead?”

How we poor folks like to find fault with the rich.

Some things are hard to explain and also quite unsafe.

True love is responsible for many follies and a few crimes.

A Loyal Citizen.

The following is copy of an oration composed by Mary Kieffer, aged 9, who is a member of the Senior Second Class at Inglis' School, Carrick. She received the highest mark in her grade in this subject:—

We must learn to know there is a God, to be a Christian, and to be true to our country. Our first and last thought of the day should be of God who created us. If we do this it shall help us to be true to our neighbor, King and country. Be generous and give as circumstances permit you. It is not necessary to be rich and to have a lot of this world's goods in order to be loyal. The poor that go begging from door to door can be loyal so long as they look to the rules and laws of their country. A loyal citizen during this great war should contribute to the support of his country. Give freely, as I said before, according to your circumstances, to the Red Cross and to anything that will help our poor boys at the front. Children as well as grown-up folk should learn to be loyal by not spending their earnings foolishly. We have heard nothing but war ever since the outbreak of the struggle. Now we hear something different. No matter where you go you hear men discussing politics. Would you call a man a loyal citizen who, on Dec. 17th, voted for one party just because his neighbor voted for that party or his most sincere friend voted for that party? Vote as your conscience tells you, and then you will be counted a loyal citizen. Never turn a poor person away from your door. Do all you can to make them happy. How could any loyal citizen enjoy his Christmas dinner and see the poor who have not anything to show that it is so. A loyal citizen is honored and respected by all and I guess you will not count me a loyal citizen unless I give the others a chance to say a few words.

A tragedy was narrowly averted here last Thursday afternoon. Mr. H. Sansom was taking the back tires off his auto in the garage at his home, and at the same time had the engine running in order to keep the batteries charged. The doors of the building were closed and before he was aware of it Mr. Sansom was overcome by the gas. He was able, however, to get outside and in time recovered alright, but it was certainly a close call and one that he will remember for a long time. He was alone at the time and it is indeed a wonder that he was not suffocated.—Fordwich Record.

England saved 300,000 tons of coal last summer by putting the clock forward an hour and France saved \$10,000,000 in the same way. The United States Congress will be asked to adopt the daylight saving plan during the coming session. If it adopts the measure Canada will almost certainly fall in line. With a continent-wide application of the system it will have a chance to succeed, though it failed when tried locally. The lesson of the saving which it has affected in England and France is plain enough for us.

Suffering from a fractured collarbone, a scalp wound, and several abrasions, Sir Geo. Foster, minister of trade and commerce, is confined in the Toronto General Hospital. Sir George was struck down by an engine while walking to his private car in the Union Station yards on Friday night. He was thrown back to the station, where a doctor was summoned. He will be confined to the hospital for some days.

The great iron mining companies on the shore of Lake Superior encouraged their men to plant potatoes on company land. They gave the use of the land, furnished seed free or at cost, and provided the teams necessary to prepare the ground. In consequence nearly all of the miners planted gardens, and most of them raised good crops. Meanwhile, the companies have been building vegetable “banks”—that is, solid concrete buildings, proof against frost, in which each miner will have a bin. A company employee will be in charge, and will deliver vegetables on written orders drawn by the miners as cheques are drawn against a bank account—a good suggestion for any community in a cold climate.

Sold Lemon Juice.

Extract of lemon is an innocent household necessity, at least that is the customary way it is looked upon. Over in Owen Sound it proved to be something more. It proved to be the basis upon which the police department there extracted an even \$200 from one John Bomalick. He sold it to a “friend” who poured it into a bottle of two per cent, and gulped down the whole thing—right on his premises. Bomalick paid the fine and the hope over in Owen Sound at least is that his experience will prove a warning to others who indulge in dispensing that which is said to be a suicidal beverage of the worst kind.