## Bread Making Contests At Rural School Fairs

PRIZES—Free Courses at Macdonald Institute, Guelph Free Poultry Raising Courses at Ontario Agricultural College Free Cook Books and Magazines

Over 1,500 prizes in all will be offered in bread-making contests which will be held this fall at over 250 rural school fairs taking place in Ontario. It will be a great event at the fairs and will stimulate interest in bread-making among young girls between the ages of 12 and 17 years.

Here is a wonderful opportunity for your daughter to win for herself a Free Course in Domestic Science at the famous Macdonald Institute, Guelph. All she has to do is to bake one double loaf of bread and enter

# Cream & West Flour

the hard wheat flour guaranteed for bread.

This is a splendid flour which makes the biggest, bulging loaves—whitest, lightest and most wholesome bread you ever baked. Is this not a splendid opportunity to interest your daughters in breadmaking?

Value \$1.25.

Extra Prize When entries exceed ten a 3rd prize will be awarded of 6 mos. paid-up subscription to "My Magazine," When the number of catries exceeds twenty the judges at the fair will award 4th, 5th, and 6th prizes of one year's paid-up subscriptions to "The Little Paper." This is a wonderful little publication issued every month in Fingland. Its eight pages are packed with highly engaging information and stories relating to history, nature-study, animals, bird-life, etc.

Important — The winners of 1st prizes at the fairs automatically become competitors for the Provincial Prizes. The second half of the double loaf is sent to Outario A, ricultural College, Guelph, by the district representative in special container provided. The judging is done by Miss M. A. Purdy of the Department of Breadmaking and Flour Testing at the College.

Here are the Splendid Prizes offered for the best with Cream of the West Flour. The following are offered at each local Fair:

1st Prize.—I paid-up subscription to "My Magazine" for 1 year. This magazine is full from cover to cover every month with a fine figure of the with the first and second prizes, or third and fourth prizes, will see awarded in any one county:

1st Prize.—Both Course (3 months) in Domestic Science at Macdonald Institute, Guelph. The Macdonald Institute does not accept studies under the age of 17 years; if the winner be less than 17 we present her with a certificate entiting her to take Value \$1.25.

Extra Prizes.—When entries exceed ten a 3rd prize will be awarded of 6 mos. paid-up subscription to "My Magazine." When the number of entries exceeds the they will be awarded of 6 mos. paid-up subscription to "My Magazine." When the number of entries exceeds the they will be awarded in any one county:

1st Prize.—Stort Course (3 months) in Domestic Science at Macdonald Institute, Guelph.

2st Prize.—Short Course (3 months) in Domestic Science at Macdonald Institute, Guelph.

2st Prize.—Short Course (3 months) in Domestic Science at Macdonald Institute, Guelph.

2st Prize.—Short Course (4 weeks) in Poultry Raising at Ontario

donald Institute, Guelph.

3rd Prize.—Short Course (4 weeks) in Poultry Raising at Ontario Agricultural College, Guelph. Girls taking this course do not live at the College, but good boarding houses will be secured for them in Guelph. Value of course \$35.00, which pays board of student in Guelph. (No fees are charged for course.)

course.)
4th Prize.—Short Course (4 weeks) in Poultry Raising at the Ontario Agricultural College.
5th to 29th Prizes.—The Famous Boston Cooking-school Cook Look by Fannie Merritt Farmer, latest edition (1914). There are 2117 thoroughly tested recipes and 130 photographic reproductions of dishes, etc., besides much special information.

#### Conditions of the Contest

Every girl may compete at the rural school fair in her district, whether or not she attends school, providing that her 12th birthday occurs before November 1st, 1916, or her 17th birthday does not occur before Nov I, 1916. One loaf of bread must be submitted baked in pan about 7 x 5 inches and 3 inches deep, and divided into twin loaves so that they may be separated at the fair. The loaf must be baked with Cream of the West Flour. One build will be sent to Ontario Agricultural College, Guelph, to compete in the Provincial Contest. The local contest at the fair will be conducted under the same rules as all the other regular contests at your fair.

The standard by which bread will be judged will be as follows:

1. Appearance of Loaf.

(a) Color.
(b) Texture of crust.
(c) Shape of loaf.
2. Texture of Crumb.
(a) Evenness
(b) Silkiness
(c) Color.
3. Flavor of Bread.
(a) Taste.
(b) Odor. 40 marks

Each loaf must be accompanied by the part of the flour bag containing the face of the Old Miller (important) and an entry form must be signed by the girl and parents or guardian stating date of birth, P.O. address, and giving name of dealer from whom Cream of the West Flour was purchased. The form will state

that the girl actually baked the loaf entered in the competition. The forms will be provided at the time of the fair. The decision of the judges is final. Not more than one entry may be made by each girl and not more than one prize will be awarded to the same family.

The Results of the contests at the fair will be made known in contests. The Provincial results will be announced as soon as possible after the conclusion of the Rural School Pairs in the Province.

Do Not Miss this Great Opportunity: Every girl between 12 and 17 years should compete. What a splendid way to stir up increased intetest in breadmaking! Get a supply of Cream of the West Flour at your dealers and practise using it as often as possible to increase the chances of winning. If your dealer cannot sell it to you, write to the Campbell Flour Mills Co., Ltd., Toronto, and they will promptly tell you the nearest place to get it.

No Competitions in Counties Named Below: The competition is open to all parts of the province where Rural School Fairs are held, except the districts of Rainy River, Kenora, Manitoulin and Thunder Bay. These districts are the only parts of the province where school fairs have districts are the only parts of the province where school fairs have district as the contract of the province where school fairs have the province of the province and the school fairs are district. There are no district-representatives of the Dayment men of Agriculture are no district-representatives of the Dayment men of Agriculture. We regret, therefore, that the competition cannot include these Counties,

Write for free folder giving full and complete information about every feature of this great contest

Address Campbell Flour Mills Co., Limited, (West) Toronto

Cream of the West Flour is sold by J. South, Walkerton, and by E. Witter & Co., Mildmay, and Geo. Lambert, Mildmay.

### Western Fair

LONDON, ONTARIO.

September 8th to 16th, 1916.

#### WESTERN ONTARIO'S **POPULAR EXHIBITION**

ART, MUSIC, AGRICULTURE & AMUSEMENTS A Fine Combination at London's Exhibition. A Real Live Program of Attractions Twice Daily Two Speed Events Daily

FIREWORKS EVERY NIGHT

New Process Building

Every Building Full of Exhibits

SINGLE FARE over all Railways West of Toronto SPECIAL EXCURSION DAYS

Prize Lists, Entry Forms and all information from the Secretary

W. J. REID, President

A. M. HUNT, Secretary

Fall Fair Dates.

We'd like to put the "home-fires" out

Chesley...... Sept. 19 20 lady coming out of the depot carrying a Durham ...... Sept. 28-29 box which seemed heavier than a lady's Fordwieh ...... Oct. 7 hat box should be. He offered his Hanover ...... Sept. 14-15 assistance but this was declined. He London (Western Fair)...... Sept. 8-17 ed it to be a case of booze in a fictitious Mildmay ...... Sept. 11-12 name. The lad save her name as Mc-Paisley ...... Sept. 26-27 Arthur. She reconized the constable, Teeswater ...... Oct. 2.3 drove off at a high rate of speed. She Walkerton ...... Sept. 12-13 what she was going to do with it.-Wiarton ...... Sept. 26-27 Flesherton Advance.

if the soldier boys don't object.

Constable Cook was at Proton Stat-Oct. 3-4 constant coon and spied a young ...... Sept, 26-27 insisted and upon examination discover-Oct. 3.4 jumped into a rig waiting and two ladies

Paris Green Hellebore Insect Powder Zenoleum Creso Dip Creolin Fly Nocker for the Cows.

JOHN COATES Druggist,

Mildmay.

The Walkerton Council on Monday granted \$300 to assist the sufferers in Northern Ontario by fire.

### Denied Half Road.

Claiming that an Ingersoll driver had denied him the usual privileges of the liberty, and defending our own homes, road, a London motorist laid a charge and that God will console them and against him under the Highways' Act. grant them the blessing to bear with At the police court the Londoner claim. ed he had tried to pass the Ingersoll man several times on the Tillsonburg be declared before you are obliged to road, but that he would not give him leave Canadian soil. As a parting remthe space he was entitled to. He made embrance we would ask you to accept

When you get down to knowing all the circumstances in men's lives the vonder isn't that some of them go wrong, but that so many are as decent

The man who argued that the cannonading in Europe was responsible continued rain during the Spring mon-ths, is now as mum as an oyster. Never before in the world's history has there been such cannonading as has been going on in Europe for the past few weeks but the rains have ceased.

#### Rules of the Road.

Automobiles are becoming very comnon, and it seems about time that drivers should have learned the rules of the road. When a team meets an auto both should pass by turning to the right. When an auto passes a team from behind, the team should turn to the right and the auto pass on the left side. The rules are just the same as for driving, but there is greater necessity for observing them. The auto or team taking the wrong side without agreement of the other party is assuming a risk in case of accident. Foolish drivers occasionally annoy autoists by see-sawing in going up hill. Should an accident occur by the autoist trying to pass to the left, the driver of the team would be held responsible. The rules of the road permit no fooling, and should be observed in all cases,

Drivers of horses don t seem to be the only ones ignorant of the rules of the road, and reckless autoists are often a menace to the community. Some of them seem to think they own the whole road and show no respect to drivers of other kinds of vehicies. The auto is not now condemned by the farming comm unity as it was a few years ago. Few horses comparatively seem to pay much attention to it, and farmers themselves are using it more extensively. The changes don't bar the farmer who, from choice or otherwise prefers to drive horses, to the use of the road. Considerate auto drivers recognize their rights and show care always when passing or meeting horses that show signs of freight. The law fixes speed limits, which are often not observed, but which may be tolerated when there is no danger. The crazy speed bugs will come to their senses after being pulled up short a few

#### Farewell to Soldier.

To Private Edwin Zimmer of the 118th Overseas Battalion

We, your friends and neighbors have ssembled at your home to-night to show our appreciation to you for having joined the noble overseas corps of our beloved country and grand Dominion of Canada. We are all well aware that in a short time you will be asked to rejoin your noble companions in arms and with them await the order to proceed in due time to the blood-stained battlefields of France and Flanders, and there to fight

the foe of our country and our liberties. We all admire your courage in leaving your parents, friends and companions of former days and taking up the arms to defend our homes and our families against the foe seeking our destruction by the most brutal means. We heartily sympathize with you for all the pain and sorrow you may bear in parting from your kind parents and friends, and everything dear to heart of man, to face the danger and destruction of this ruthless war. The most destructive in the history of mankind. While you are on the battlefield surrounded by so much danger we will remember you in our daily prayers that divine Providence may protect you from harm and injury, and will bless the cause for which our Allies are all determinedly fighting, so that our brave soldiers who have bled and laid down their lives have not bled in vain, and those surviving will return home triumphantly, and may you be one of the returning ones, and bring victory to our Empire and glory to our own fair Dominion of Canada. As your past life has always been a model one for a young man, so may your life as a soldier be courageous and grand, and an example to your fellow comrades in arms, and worthy of the high honor and distinction won throughout the world by the brave Canadian volunteers.

After the war is over and the victory won by the Allies may your return to our midst and your home, your parents, sisters, brothers and friends, and in the best of health and strength, so that you may again follow your vocation as heretofore. To your dear parents we all wish to express our highest appreciation for having a son serving for our King and Country in defence of justice and fortitude all the cares and troubies which may befall them.

It is our dearest wish that peace may this purse as a token from your friends imposed, but merely to make it clear reciation of your noble response to the contributed by them to show their app what the privileges of the road were. | call of our King and Country,

# Stock Feed

A large shipment of first-class mixed feed for all kinds of stock just arrived, composed of corn, barley and oats ground. Also a full line of the best flours always on hand. Prices right.

Highest cash price paid for Butter and Eggs.

GEO. LAMBERT.

Mildmay

Ontario

### About Watches.

Although Watches have advanced in price lately, I am still going to sell them at the old price. A fine assortment in stock. Call and see for your-

Brooches, Tie Pins, Neck Chains and Pendants, G. F. Bracelets, Collar Pins and Cuff Links at about half the regular price. Also a fine assortment of China and Silverware for wedding presents.

Repairing done and satisfaction guaranteed.

C. Wendt

leweler



A. B. SHUBERT, Inc. Dopt. C SUCHECAGO, U.S.A.



### New Prices August 1, 1916

The following prices for Ford cars will be effective on and after August 1, 1916

Chassis - - -Runabout - - - 475.00 Touring Car - - 495.00 Coupelet . . . . 695.00 Town Car . . . 780.00 Sedan . . . . 890.00

f. o. b. Ford, Ontario.

These prices are positively guaranteed against any reduction before August 1st. 1917, but there is no guarantee against an advance in price at any time.

Liesemer & Kalbfleisch

MILDMAY

ONTARIO

Use more water and less flour, and get better bread with-