

Ah ! if it were given me to comprehend the greatness of the benefit of this deliverance ! A God who deigns, in taking them upon Himself, to break the chains of my slavery, assuring me thereby the rich and inestimable heritage of heaven !

By the infinite merits of Thy chains, Divine Saviour, break the bonds of poor souls, bent under the heavy weight of guilty habits, and who would never know how to rise without Thy help. Break those of the souls who are more particularly dear to me.

Burst all my chains, especially those which, by attaching my heart to the creature, rob me of the liberty of loving and serving Thee alone. I promise Thee that my ties with sin and the world are broken.

It is not sufficient for a soul to detach herself from evil, she must also attach herself to Jesus Christ. The chains of the Divine Captive of Gethsemani have merited for her this grace. Grant it to me, O my Saviour ! Bind my spirit to Thy Divine Spirit, my will to Thine ! " Attach thyself to obedience in honor of my chains," said Our Lord to St. Mechtilde. " Be faithful to keep thy rules for the love of Me, and never say that what they command is unreasonable. . . ." Bind, above all, my heart to Thy adorable Heart that it may love Thee as Thou hast loved me. How happy is the soul bound to Jesus by love !

O holy bonds of my God ! O precious chains who will enable me to understand your beauty ! Who will give me to see you around my neck and on my hands that, like St. Paul, I may glory in being bound with Jesus Christ !

Bind me, O Divine Master, to the foot of Thy Eucharistic throne. Grant that I may spend there the best moments of my life, that without grave reason I may never fail to assist daily at the most blessed moment of all when the priest, by the words of consecration, binds Thee to the Sacred Species of the Sacrament.

Above all, O Divine Saviour, according to Thy dearest wishes, do Thou daily prepare in me an abode worthy of Thee. Come, break therein the bonds of Thy Sacrament by diffusing in me Thy Spirit, Thy virtues, and Thy manner of acting. Chain me to Thy law, and above all to Thyself, by the bonds of the most ardent and tender charity.

RESOLUTION.—Unite hourly with Mary, and with Jesus renewing in a mystical manner His immolation of the Cross upon some altar on the earth. Communicate spiritually in the Divine Victim. Offer daily to the Divine Liberator some mortification, especially an act of dependence, for the breaking of the chains of some soul weighed down by the burden of bad habits

