Whether a man is farming or in business, it is essential that he should have some Sport recreation, and the Okanagan Valley provides every facility for this in the way of Polo, Cricket, Football, Lacrosse, Tennis, Baseball, Hockey, Rowing, Sailing, Skating, Curling, Racing, etc. In the vicinity of Vernon good shooting can be obtained when Deer, Prairie Chicken, Game, Wild Duck, etc. are in season; and within one or two days' ride you get Cariboo, Goat, Sheep, Grizzly Brown and Black Bear, Cougar, Wolf, Coyote, etc. The lake and river fishing is also excellent.



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