

Medical students counselled

(UNBPRI) Assisting students who want to get into medical school has been a rewarding experience for the faculty of science at the University of New Brunswick in Fredericton.

"This year, 20 of the 29 applicants we've heard from were accepted not only at Memorial and Dalhousie universities in the Maritimes but also at the University of Western Ontario, McGill University and the University of Toronto," said Israel Unger, UNB's dean of science. "We counsel the students and help them in any way we can to improve their chance of gaining acceptance into professional schools."

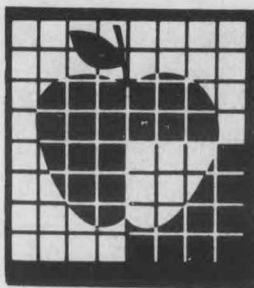
Three UNB science students were also accepted into the dentistry programs at Western and Dalhousie, and five of the 40 students accepted at the University of Prince Edward Island's school of veterinary medicine were from UNB.

Over the last decade, UNB applicants to professional schools have enjoyed a high success rate for gaining entry. In 1984-85, 93 per cent of UNB students applying to medical schools were accepted. According to Dr. Unger, the rate for the 10-year period averages around 65 per cent. "Despite a 10 per cent decrease nationally in the number of places available in medical

schools, the acceptance rate remains high for UNB applicants," Dr. Unger explained. "At Dal, only 82 applicants were accepted this year, as compared with about 92 three years ago. Of those 82, 12 were from our faculty."

The record of acceptances into professional schools is just one example of the quality of the students and the quality of the education they receive, Dr. Unger added. "Success depends on quality. I am proud of the quality of our students, our faculty and the advice the students receive."

For the last four years, the main person responsible for the advice students receive is Mike Sears, the faculty of science's premedical adviser. The faculty does not regulate applications and will assist all students interested in premedical study, no matter what faculty they are in. Dr. Sears coaches the students on everything from taking the Medical College Admission Test to the importance of using their written and oral communication skills. Keeping up to-date with admission requirements for the different schools and arranging information sessions for students as well as meeting individually with them takes a big chunk of Dr. Sears' time.



Healthy meal choice program

by Margaret Langille R.D.

All dining halls were introduced to the healthy meal choice program, during Nutrition Week in November.

Students eating in dining halls will be able to make better choices in selecting foods to eat for all three meals. Meal information is being provided on special bulletin boards, strategically located so students will have access to this nutrition information prior to actually selecting food choices.

Healthy food choices will be based on Canada's food guide, and the 1990 nutrition recommendations for Canadians those being to increase fibre, fruit, and vegetables and decrease fat and salt in the diet.

On the Healthy meal choice listings only the fat composition of each food is indicated. High fat foods offered at various meals are listed and marked with an asterisk for food comparison, and are not recommended.

Each food group is listed with food choices, so each student can have variety based on one's preference.

Depending on sex, activity level, and calorie demands, it

will be the responsibility of the student to choose portion sizes, appropriate for his/her needs.

Students are encouraged to use this program for his/her benefit, in achieving healthy eating habits.

Beaver foods see this program as an integral part of

its food service, and looks forward to its success.

Please forward any comments regarding the Healthy meal program, to the Dietician and/or your food representative.

Margaret Langille R.D.
Consulting Dietician
Beaver Foods.



Crime of the week

Sometime between 10:00 pm on Wednesday night and 2:00 am on Thursday morning the 18 & 19 December persons unknown vandalized twelve parked vehicles on campus. Five of the vehicles vandalized were parked in the Jones House parking lot, six others were parked on Bailey Drive and one was parked up by the Aitken Centre. The damage consisted of broken windows to some vehicles, antennas and windshield wiper blades broken or bent out of shape, side mirrors broken and even the canvas cover on a 4x4 Suzuki had been damaged.

These incidents of malicious vandalism are under investigation by the Fredericton Police.

Capital Region Crime Stoppers will pay up to \$2,000 for information received that leads to the arrest of the person(s) responsible for this vandalism. If you have any information concerning this crime or any other crimes in NB, please call Crime Stoppers at 1-800-222-TIPS, that's 1-800-222-8477. We want your information not your name. If your tip leads to an arrest, Crime Stoppers guarantees a cash award. Call Now.

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