Doctor promotes holistic movement

by Mathieu Welsh

From the far reaches of southern California, Edmonton had a close encounter of the scientifically laidback kind this weekend at the Convention Centre.

Doctor Frederick Bell, a descendant of Alexander Graham Bell, gave a two day seminar to an audience of 40 on how to maintain mental and physical health in a dying world. Equipped with vitamins, quartz crystals, lasers, and pyramid orbs, the Doc instructed his listeners and believers about the holistic movement against stress and pollution.

Since the age of 15 when he was asked to assist the University of Michigan with atomic research, Bell has worked with many major scientific research teams, including Rockwell Corporation, NASA, and the U.S. Air Force defence department. He has since abandoned involvement with Western scientists, claiming, "I haven't seen a happy scientist yet."

Bell disapproves of the stressful conditions under which NASA scientists work, "twelve hours a day, seven days a week, with Christmas off." He attributes such accidents as the shuttle Challenger explosion early this year to the mistakes scientists make under the stress of high-technology research demands.

"After getting plenty of institutional training out here in the West, from an academic standpoint, the philosophic views that I had versus the philosophic views of the institutions were 180 degrees out of phase. So, I went to the East to study eastern philosophies, 'cause they have science too; they call theirs the 'holy science'. Strangely enough, the holy science didn't differ a whole lot from the western science, but the way they applied it varied 180 degrees... and was the way I thought it should be applied in the first place: for the benefit of man and not the destruction of mankind... That turned me on," Bell said.

On returning to North America, Bell devoted his scientific research skills to holistic medicine, a serious and growing discipline that advocates the use of nature's energy to restore health and increase longevity. He boasts that close to 25 per cent of the American population has some belief in the holistic movement, especially in such states as Hawaii and California.

Bell claims that the individuals who attended his \$35 seminar were there because "their lives aren't working for them, environmentally speaking; they have headaches all the time and their attention spans

photo Matt Welsh

Dr. Frederick Bell are short, they're not feeling good and they don't really want to do like a lot of people do... tooting up coke and smoking a lot of dope—running away from it like so many people today in the world are."

Bell's solutions go beyond a simple good diet and exercise. If you

don't want to quit smoking, don't, he said. Don't repress desires. And always know how to restore the balance in your mind and body after such excesses as alcohol.

This balance is restored by meditation to music (and the doctor has his favorite artists whom he promoted), by Bell's own comprehensive brand of vitamins, and by wearing a nuclear receptor pendant that gathers atomic energy and restores

strength to your aura.

As well, it's a good idea to carry a piece of quartz crystal in your pocket: this mineral thrives on mankind's consciousness and, consequently, grows a tenth of its size every ten years. In a quick demonstration, the doctor elevated us to the "astral" plane (one of several planes of consciousness) by having us stare at a quartz crystal illuminated by a red laser beam, while we repeatedly breathed deeply. On a back table of the conference room, an assistant was selling holistic paraphernalia - receptors, pyramid orbs to snooze under, crystals and laser equipment - for the

From medicine, Bell moved to

time travel and spoke briefly about his time machine, the dimensions of which were dictated to him by a lady friend from another planet. He would not elaborate on these points — beyond showing slides of his time machine and his friend's ship — since the technology is too "far-out" for most people at this point in time.

Bell, garbed in a purple striped shirt and cowboy boots, with infrared sunglasses resting on his head, talking in a relaxed Californian accent, may appear to be a hoax. But the individuals at last weekend's seminar (in the Convention Centre next to the Muttart Conservatory pyramids) believe he has the answer for curing the world's ills.

ANOTHER PIZZA 73 QUIZ

QUESTION:

Your term paper on Existential Anthropology is due tomorrow.

a) stay up all night to produce a substandard paper that your prof will hold up to public ridicule, shaming you to such a degree that your career at university comes to a grinding halt, relegating you to a life lived in a dumpster?

b) phone Term Paper City and hope the rest of your class hasn't done the same? c) go to class the next day and hope the prof has died? d) say to hell with it, phone Pizza 73 at 473-7373 and order two 73 Deluxe Pizzas-the first which costs \$7.75, the other an amazing 73¢, and sit back and watch Late Night.

ANSWER:
Smart students choose d) and
Smart students choose d) and
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Expo doesn't help job market

VANCOUVER (CUP) — Despite Expo job opportunities, summer employment for students in British Columbia remained bleak this year.

According to Statistics Canada, the unemployment rate for returning students in B.C. reached a seasonal high of 20.1 per cent in July—up from 18.5 per cent a year earlier.

And while the August rate dropped to 18.2 per cent, it was still higher than the 16 per cent reported in August 1985.

B.C.'s student unemployment rate was considerably higher than the national average of 13.3 per

Service

cent. Only in the Atlantic provinces did students face more abysmal job prospects.

Brad McPhee, regional coordinator for the Canada Employment Centre for Students, said, "Employers, including Expo, were more cautious about hiring returning students."

McPhee said the Expo Corporation wanted to hire people willing to work until the fair's end, Oct. 13. He said this "drew the line, in many instances, between hiring students who intended to return to school in September or those more flexi-

ble in the general labour force."

Catherine Dawson, director of the Canada Employment Centre at Simon Fraser University, found this summer's employment figures "surprising."

"Our figures show that we've placed roughly 25 per cent more students this year as compared with last year," she said.

A breakdown of student placement centres across the province shows that in every region of B.C. more students found jobs through placement centres this summer than last year.

Graham Nobbs, director of economic services with Canada Employment and Immigration said metropolitan Vancouver and most of southern B.C. have experienced an economic boom as a result of Expo.

"But Expo has had a draining effect on the outlying regions," he said. "Many students have come to work at Expo or in Greater Vancouver because there are more jobs here and fewer in their home towns."

Student Ombudsman

Tuesday, Sept. 30 is the last day for payment of fees without penalty and

Wednesday, Oct. 15 marks the day that registration will be cancelled for those who have not paid at least their first term fees.

For any assistance, advice or information on any University policies or related problems,

> Please stop by: Room 272 SUB 432-4689 (24 hrs.)

Pat Perron M W - 9-12 F - 9-11 ShawnaStonehouse M - 3:30-6:00 T R - 6-7

W - 2-5

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