

Dec. — 56.7 lbs. bran, 37.8 lbs. pea meal, 37.8 lbs. Ajax Flakes, 56.7 lbs. ground oats, 56.7 lbs. gluten, 37.8 lbs. oil meal, 37.8 lbs. cotton seed meal, 37.8 lbs. alfalfa meal, 18.9 lbs. hominy, 279 lbs. beet pulp, 620 lbs. roots, 620 lbs. ensilage, 310 lbs. hay.

Jan. — 60.45 lbs. bran, 40.30 lbs. pea meal, 40.30 lbs. Ajax Flakes, 60.45 lbs. ground oats, 60.45 lbs. gluten, 40.30 lbs. oil meal, 40.30 lbs. cotton seed meal, 40.30 lbs. alfalfa meal, 20.15 lbs. hominy, 248 lbs. beet pulp, 310 lbs. hay, 620 lbs. roots, 620 lbs. ensilage.

Feb. — 58.5 lbs. bran, 39 lbs. pea meal, 39 lbs. Ajax Flakes, 58.5 lbs. ground oats, 58.5 lbs. gluten, 39 lbs. oil meal, 39 lbs. cotton seed meal, 39 lbs. alfalfa meal, 19.5 lbs. hominy, 224 lbs. beet pulp, 840 lbs. roots, 560 lbs. ensilage, 280 lbs. hay.

Mar. — 58.5 lbs. bran, 39 lbs. pea meal, 39 lbs. Ajax Flakes, 58.5 lbs. ground oats, 58.5 lbs. gluten, 39 lbs. oil meal, 39 lbs. alfalfa meal, 19.5 lbs. hominy, 224 lbs. beet pulp, 840 lbs. roots, 560 lbs. ensilage, 280 lbs. hay.

roots, 560 lbs. ensilage, 280 lbs. hay.

Apr. — 58.5 lbs. bran, 39 lbs. pea meal, 39 lbs. Ajax Flakes, 58.5 lbs. ground oats, 58.5 lbs. gluten, 39 lbs. oil meal, 39 lbs. alfalfa meal, 19.5 lbs. hominy, 39 lbs. cotton seed meal, 224 lbs. beet pulp, 840 lbs. roots, 560 lbs. ensilage, 280 lbs. hay.

May — 51.6 lbs. bran, 34.4 lbs. Ajax Flakes, 34.4 lbs. pea meal, 51.6 lbs. ground oats, 51.6 lbs. gluten, 34.4 lbs. oil meal, 34.4 lbs. cotton seed meal, 17.2 lbs. hominy, 34.4 lbs. alfalfa meal, 620 lbs. roots, 248 lbs. beet pulp, 310 lbs. hay.

June — 63 lbs. bran, 42 lbs. pea meal, 42 lbs. Ajax Flakes, 42 lbs. cotton seed meal, 63 lbs. ground oats, 63 lbs. gluten, 42 lbs. oil meal, 42 lbs. alfalfa meal, 21 lbs. hominy, 180 lbs. green feed, 150 lbs. hay and pasture.

July — 69.8 lbs. bran, 46.5 lbs. pea meal, 46.5 lbs. Ajax Flakes, 46.5 lbs. cotton seed meal, 69.8 lbs. ground oats, 69.8 lbs. gluten, 46.5 lbs. oil meal, 46.5 lbs. alfalfa meal, 23.3 lbs. hominy, 248

lbs. beet pulp, 525 lbs. green feed, 240 lbs. hay.

Aug. — 72.09 lbs. bran, 48.06 lbs. pea meal, 48.06 lbs. Ajax Flakes, 72.09 lbs. ground oats, 48.06 lbs. cotton seed meal, 72.09 lbs. gluten, 48.06 lbs. oil meal, 78.06 lbs. alfalfa meal, 24.03 lbs. hominy, 248 lbs. beet pulp, 465 lbs. hay.

Sept. — 69.75 lbs. bran, 46.5 lbs. pea meal, 46.5 lbs. cotton seed meal, 46.5 lbs. Ajax Flakes, 69.75 lbs. ground oats, 69.75 lbs. gluten, 46.5 oil meal, 46.5 alfalfa meal, 23.3 lbs. hominy, 180 lbs. beet pulp, 300 lbs. hay.

Oct. — 30.3 lbs. bran, 10.1 lbs. hominy, 30.3 lbs. ground oats, 30.3 lbs. gluten, 20.2 lbs. pea meal, 20.2 lbs. cotton seed meal, 20.2 lbs. Ajax Flakes, 20.2 lbs. oil meal, 20.2 lbs. alfalfa meal, 130 lbs. roots, 156 lbs. hay.

During this time she made the following seven day record:

	Milk	Butter-fat
	Lbs.	Lbs.
Dec. 8.....	62.4	3.202
" 9.....	63.0	2.907

" 10.....	65.8	3.288
" 11.....	63.3	2.852
" 12.....	66.4	3.625
" 13.....	64.2	3.427
" 14.....	59.7	2.733
	444.8	22.034

She also has to her credit the following records for shorter periods:

One Day — 68.4 lbs. milk; 3.625 lbs. butter-fat.

One Month — 30 days, 1960.4 lbs. milk; 89.99 lbs. butter-fat.

Three months — 5614.6 lbs. milk; 265.62 lbs. butter-fat.

Six Months — 182 days, (34 years old) 10390.2 lbs. milk; 486.66 lbs. butter-fat.

Average for two consecutive periods, 16233.96 lbs. milk; 805.13 lbs. butter-fat.

#### DISTRIBUTION OF SEED GRAIN AND POTATOES

By instruction of the Hon. Minister of Agriculture a distribution is being made this season of samples of superior sorts of grain and potatoes to Canadian farmers for the improvement of seed. The stock for distribution has been secured mainly from the Experimental Farms at Indian Head, Sask., Brandon, Man., and Ottawa, Ont. The samples consist of oats, spring wheat, barley, peas, Indian corn (for ensilage only), and potatoes. The quantity of oats sent is 4 lbs., and of wheat or barley 5 lbs., sufficient in each case to sow one-twentieth of an acre. The samples of Indian corn, peas and potatoes weigh 3 lbs. each. A quantity of each of the following varieties have been secured for this distribution:—

Oats. Banner, Abundance, Danish Island, Wide-Awake, White Giant, Thousand Dollar, Improved Ligow—all white varieties.

Wheat.—Red varieties: Red Fife (beardless), Marquis, Stanley and Chelsea (early beardless), Preston, Huron and Pringle's Champlain (early bearded). White varieties: White Fife (beardless), Bobs (early beardless).

Barley.—Six rowed: Mensury, Odesa, and Mansfield. Two-rowed: Invincible, Standwell, and Canadian Thorpe.

Field Peas.—Arthur and Golden Vine.

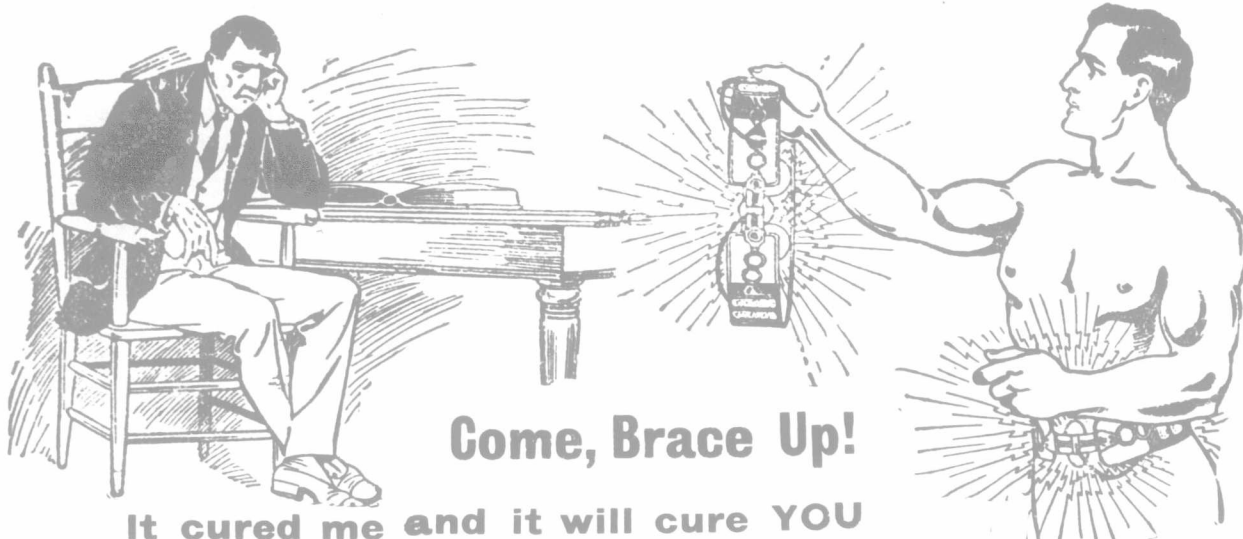
Indian Corn (for ensilage).—Early sorts: Angel of midnight, Compton's Early and Longfellow. Later varieties: Selected Learning, Early Mastodon, and White Cap Yellow Dent.

Potatoes.—Early varieties: Rochester Rose, and Irish Cobbler. Medium to late varieties: Gold Coin, Carman No. 1, and Money Maker. The later varieties are, as a rule, more productive than the earlier kinds.

Only one sample can be sent to each applicant, hence if an individual receives a sample of oats he cannot also receive one of wheat, barley, peas Indian corn or potatoes. Applications on printed cards or sheets, or lists of names from one individual, or applications for more than one sample for one household, cannot be entertained. The samples will be sent free of charge through the mail.

Applications should be addressed to Director of Experimental Farms, Ottawa, and may be sent in any time from the 1st of December to the 15th of February, after which the lists will be closed, so that the samples asked for may be sent out in good time for the sowing. Applicants should mention the variety they prefer, with a second sort as an alternative. Applications will be filled in the order in which they are received, so long as the supply lasts. Farmers are advised to apply early to avoid possible disappointment. Those applying for Indian corn or potatoes should bear in mind that the corn is not usually distributed until April, and that potatoes cannot be mailed until danger from frost in transit is over. No postage is required on mail matter addressed to the Central Experimental Farm, Ottawa.

Wm. Saunders,  
Director of Experimental Farms.



**Come, Brace Up!**

**It cured me and it will cure YOU**

Why do you sit there depressed by gloomy thoughts, with that sad, discouraged, haggard face, when there is within your grasp the means by which you can regain your strength, energy, ambition and happiness? It is time for you to brace up, be a man, take an interest in the good things of life. Look at me! Wasn't I in the same condition as you? Now I am happy, full of strength and ready to tackle any obstacle. Yes, I, too, tried drugs, but they failed. Electricity will not fail. Dr. McLaughlin's Electric Belt cured me, and it will cure you. No weak man will ever regret a fair trial of this grand Belt—it has brought health and strength to thousands in the past year. Here is one of the many men cured:

James Ed. Jones, Teulon, Man., says: "I am pleased to say that one year and eleven months has passed since I stopped wearing your Belt, and I can say that your Belt has cured me permanently of my different ailments, such as nervousness, heart and kidney troubles, indigestion, sick headaches and other ailments. I have not been troubled with any of them since I stopped wearing the Belt. I always answer all who ask me about the Belt, and there have been several who have written to me. I do this cheerfully, and will continue to do so as long as they send me a stamp for reply. Wishing you success in the future."

Isn't this alone evidence enough to convince any man that we tell the truth? Here is another:

Walter H. Keeler, Assissippi, Man., writes: "Your Belt has done me a world of good. It has fixed me right up. I would not take twice what I gave for it if I could not get another. It's the most wonderful invention in the world for restoring health and happiness."

Dr. McLaughlin's Electric Belt will make you strong. It will send the warm life blood circulating through your veins. You will feel the cheerful spark warm your frame;

a bright flash will come to your eye, and a firm grip to your hand, and you will be able to grasp your friends and neighbors and feel that what others are capable of doing is not impossible to you.

I want to talk to those who have tried every other known remedy—those who have about given up trying and think that there is no cure for them. Do you think you do justice to yourself to fill your stomach with drugs day after day, when you can't see anything but temporary stimulation in them? (If you want stimulation, take whisky; it is alcohol like the drugs, and does less harm taken in the same way.) I want to explain how vital power is restored by electricity, and I can prove to you that vital power is nothing but electricity. Then you can see that your trouble can be cured by electricity and can understand why drugs don't cure you. Come and let us show you the only road to health, strength and happiness. No healthy person is ever unhappy, because a heart full of vitality is light and joyous and quickly shakes off the gloom and depression which is called grief. Some people are unhappy without cause. That is depression due to weakness.

I have a Special Electric Attachment which I give free to those who wear our Belt. This attachment carries the current direct to the weak parts and fills them with its warm, vitalizing power, bringing about a sure and lasting cure. Weakness, rheumatism, sciatica, weak back, lumbago, kidney, liver and stomach trouble. Indigestion and constipation are all quickly cured by this New Method of ours for applying "Electricity." Don't put it off any longer. Act to-day. To-morrow may be too late. Here is more proof:

William F. Klippert, Aetna, Alta., has this to say: "I have been cured of all the distressing symptoms of the disease, or complication of diseases, from which I was suffering. My bowels have been natural from the first day after wearing the Belt until now. I began using it on May

9th of this year, and have not had any pain in my back nor dull heavy feeling in my head since. I feel much improved in mind and in memory. I have gained in weight and have been working hard and continuously since. I have postponed sending a final report to see if the effect is going to be a lasting one, and I feel that it will. Mrs. Klippert has also worn the Belt, and has derived great benefit from it. With gratitude to you for your kindly interest and advice, I subscribe myself your well and well-wishing servant."

It's easy to be cured my way. You put my Belt on when you go to bed; you feel a glowing warmth passing through your body, and the electric power gives you new life. When you wake up in the morning you feel bright, lively and vigorous, and you wonder where your pains and aches have gone. Our Belt has removed them and they will never return. That's a better way than making a drug store of your stomach. And who ever saw anybody actually cured by drugs? I tell you drugs don't cure, and if you have tried them you know it. Nearly all my patients tried drugs first. If you haven't got confidence in my remedy, all I ask is reasonable security and you can pay after you are cured.

I have a book which every man should read. It tells facts that are of interest to every man who wants to remain young in vitality at any age. Call if you can; if you can't send coupon for beautifully illustrated 84-page Free Book.

Office Hours: 9 a.m. to 6 p.m. Wednesday and Saturday to 9 p.m.

#### Dr. M.D. McLaughlin

112 Yonge St., Toronto, Can.

Please send me your book free.

Name.....

Address.....

Write plain.