PAGE OF INTEREST TO WOMEN



Mile. Chalufour of Toronto University, who spoke before the Alliance Francaise on Saturday night, was the guest of Mr. and Mrs. C. R. Somerwille while in the city.

A delightful little farewell party was

given by the pupils of Oakhurst School on Friday morning last, when they bid goodbye to Miss Barbara Hensley of montreal, who has been a much-loved little schoolmate during the last three or four months, while visiting her grandmother, Mrs. Jeffrey Hale. A pretty wedding took place in Hamilton. Ontario, on Saturday, January 1, when Laura M., daughter of Mr. and Mrs. E. Littlejohns, 141 Wharngrandmother, Mrs. Lorraine Abbott, who voiced the regret of the whole school at her dearture. chool at her departure.

The big studio on the lower floor at the Institute of Musical Art was the scene of a delightful little party on Saturday afternoon, when Miss Margaret Jordan entertained a very few of her young friends, in order that they might meet three of her girl schoolmates at King's Hell. Crompton, Quebec, Miss Dorothy Zimmerman and Miss Marjorie Phin of Hamilton and Miss Marjorie Phin of Hamilton and Miss Frances Barrett of Paris, who are visiting Miss Anne Macbeth at the home of Judge Talbot Macbeth. Spring flowers decked the tea-table at which Mrs. Richard Cronyn officiated.

The home of Mrs. E. H. Young, Oxford street, was the scene of a very happy fathering yesterday afternoon, when she entertained the Western University Faculty Club. From a lace-covered table, prettily centred with flowers, guests served themselves, the

reared by grain foods. The cost of

rearing, and the care, the cost of kill-

ing, curing and marketing, and espe-

Miss Janet Wilson has returned home after spending the holidays in Toronto.

Mrs. Guy Toller of Ottawa will be the guest of her father, Mr. A. H. Beddome, Hayman Court, for a week or so.

Mrs. F. E. Blachford is leaving for her home in Toronto after spending the holiday with her parents, Mr. and Mrs. Hubert Ashplant.

Mile. Chalufour of Toronto University, who spoke before the Alliance

Mile. Chalufour of Toronto University, who spoke before the Alliance Francaise on Saturday night, was the guest of Mr. and Mrs. C. R. Somerville while in the city.

Mrs. Sherwood Skinner, formerly Miss Pearl Edge of this city, has been a guest with Mr. and Mrs. Fred Harper, and will spend a few days with Mr. and Mrs. E. B. Smith, "Tuellyn," South London, before she leaves the city.

At the close of Saturday night's meeting of the Alliance Francaise at the Institute of Musical Art, Mr. and Mrs. A. D. Jordan entertained at a small supper party for the executives and Miss Kathleen Cronyn and Miss Mary Manley, who had taken part in the evening's program. The guest of honor was Mile. Chalufour of Toronto University.

Miss Pearl Edge of this city, has been a guest with Mr. and Mrs. Fred Harper, and will seed the weather the Mestern University.

On Friday evening last the students of the Normal School enjoyed the first of a series of monthly suppers to be managed by various groups of the students.

Friday's event was in the hands of the "Laicos Group," under the able leadership of Miss Carrie Martin. The supper room, with its daintily-set tables. Single en and white decorations—the colors of the group—and its brightly burning candles, presented a charming sight. The waiters with their pretty green and white aprons, served a delicious supper, which had been prepared by the girls of the group.

After a short but very hearty sing-song, Fred Landon of the public library gave a most interesting talk on "Some of the More Picturesque Happenings at the Dominion Parliament With a vividness which delighted his hearers.

WILLS-LITTLEJOHNS. A pretty wedding took place ir

MCARTHUR-CHALLONER.

A certain amount, therefore, of animal protein is surely desirable. We need to get about half of our protein supply from meat eggs and milk, but to get it all from these expensive sources is extravagant, when peas, beans, and wheat can give it us more cheaply.

Milk and eggs are needed in the diet for other research

Club News

A., King street, under the co-operative

council for 'teen age girls' work. The

whole course has been outlined to

HOME ECONOMICS

ALLIANCE FRANÇAISE HEARS TALK ON THE TYPICAL FRENCH GIRL

Miss Manley and Miss Cronyn

An address in French by Mile. Chalufour of Toronto University was the four of Toronto University was the principal feature of a most interesting meeting of the Alliance Francaise, held at the Institute of Musical Art on dat the Institute of Musical Art on Saturday evening. She spoke on the development of the character of the Heraddress was easily followed, so clearly was it given.

Another very attractive feature of a short French play, "Miss Peackle," by Miss Mary Manley and Miss Kathleen Cronyn. The work here was to excellently done that the club hopes to have it repeated at a future meeting. The characters represented were an eccentric English woman traveling through France (which role was played by Miss Mary Manley) and her French maid (Miss Kathleen Cronyn), who found great difficulty in understanding the strange mixture of French and Miss Margery nodded.

Miss Margery nodded.

"Is the highly embarassing conversation of with poor Mr. Delaunay put the mished our mit. Delaunay put the mished our chat." "Were you addressing me?" The younger girl smiled—an irritating smile.

"It hought I was."

I'I rushed to the rescue.

"Margery shrugged her shoulders, closing her eyes with a weary gesture. as though the winder of life were too heavy.

"It's so hard to choose," she murfured to make sone off. Yes, we've finished our chat."

"The younger girl smiled—an irritating smile.

"I rushed to the rescue.

"Margery shrugged her shoulders, closing her eyes with a weary gesture. as though the wire of wast one previous darks of the previous darks of the program was the presentation of the program was the presentation of a short French play, "Miss Peackle," by Miss Mary Manley and her shoulders. "I was afraid it was going to develop into something much a chat!"

"Though I was."

"I was afraid it was going to develop into something much as the winked at me."

"Though France (which role was played by Miss Mary Manley) and her French and (Miss Kathleen Cronyn), who found great difficulty in understanding the previous and the pr found great difficulty in understanding the strange mixture of French and English of her mistress. Dr. Shanks of Western University occupied the chair in the absence of the president, Mrs. Ibbotson Leonard.

The next meeting of the club will be held jointly with the Western University Extension Department on January 21, the speaker being Prof. Charles Upson Clark of Yale University, and his subject "In Troubadour Land," illustrated with lantern slides.

Advertiser Patterns Owing to the pattern manufac-turers increasing the price of pat-terns to us, all patterns adver-tised from this date will be 15 CENTS EACH.



Milk and eggs are needed in the diet for other reasons than their protein content, but we eat lean meat practically just for its proitein. Probably a daily portion of lean meat is a fair amount for the average person. The rest of his protein he should get from milk, eggs, wheat and the vegetables. As a people we eat too much meat, but he meat-eating people seem to be, on the whole, the most evenly developed, and our aims should be, not to give up meat, but to eat enough and not too much of it. (Copyright, 1920, The Metropolitan Newspaper Service.)

Newspaper Service.)

A Very Pleasing and Vouthful Design. Pattern 3424 is here portrayed. It is cut in seven sizes, 34, 36, 38, 40, 42, 44 and 46 inches bust measure. A medium size will require 5½ yards of 44-inch material. The width of the skirt at lower edge is about 1½ yards. Serge or velveteen, braided or braid-trimmed, plaid or check suiting, also broadcloth and tricotine, are good for this style.

A pattern of this illustration mailed to any address on receipt of 15 cents in silver or stamps.

Next Saturday evening the first class

of handling and transportation, must all be counted in the cost of animal proteins.

When you eat peas or beans or the gluten of wheat, you eat your protein as directly as possible. When you eat indirectly through the animal who got it from the vegetable.

But to counterbalance the extra expense of animal protein, the fact below the animal protein, the fact cussed. Discussion groups in connection with these classes will be led by human belngs than vegetable protein.

Measurement: Bust.... Waist.....

CAUTION: Be careful to inclose the sturnout of members. The roll call was responded to by the naming of good hot supper dishes. A splendid paper on "Which is Most Worth While. Making a Living or Living a Living Measurement: Bust..... Waist....

THE MARRIAGE OF ANNE

(Copyright, 1920, by the McClure Newspaper Syndicate.)

CIV .- A Look at the Trousseau.

will be invertuary viels and d."

Why, of course, Dear Neil! He asked me this morning to help Anne in the matter of her dresses. He just loves my taste."

"Does he, indeed?"

Why, of course, Dear Neil! He asked me this morning to help Anne in the matter of her dresses. He just loves my taste."

"Does he, indeed?"

"It's possible you have."

Julie pretended amazement and b wilderment.

"Not Mr. Courtney? And I took such possession of him all this evening? Oh, if in frightfully sorry, dear! I hadn't an idea he was one of your 'specials'. How naughty of me! Dear, dear, dear! And to think I accepted his invitation to go motoring with him in the morning! But I shan't go. I shan't peach on your preserves—"

Intense irritation appeared on Mar-gery's fair countenance.

"Please don't get so not saying a word attentions of the provided of it?"

"It's possible you have."

Julie pretended amazement and b wilderment.

"Not Mr. Courtney? And I took such possession of him all this evening? Oh, if me rightfully sorry, dear! I hadn't an idea he was one of your 'specials'. How naughty of me! Dear, dear, dear, dear and to think I accepted his invitation to go motoring with him in the morning! But I shan't go. I shan't peach on your gery's fair countenance.

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asked me this morning to help Anne in the matter of her dresses. He just loves my taste."

"Does he, indeed?"

"You didn't think of accompanying Anne to town today, to give her the benefit of it?"

"I didn't have the chance," cooed Margery. "You see, Nell and I went for a ride after breakfast. Anne's a dear little sleepyhead. She wasn't up in time. When we returned, the bird had flown."

We all got into the elevator together.

"Such a ducky little suite," gurgled Margery, when we had entered my apartments. She flung herself on a "chaise longue" in the sitting-room and stared dreamily about her. "Mrs. Brown and I once occupied it—not so very long ago"—she sighed—"when things were rather—er—different. Neil used to come and see us a good deal. We gave the most delightful little parties in the suite. Afterwards, we'd go boating in the moonlight—I suppose you know he has the divinest tenor?"—she turned to me—"you ought to hear him singing, on the water!"

"We expect to," said Julie succinct—"

"Here Julie gave a gurgle of delight."

Hor of Fred Delaunay's?" echoed Julie, feigning intense surprise. She gave me a comical look over the top of the recumbent lady on the couch. "Are you another of his victims? Oh, please don't say so. Everywhere I go I meet fem and sundry. Anne and I manage to keep him in his place remarkably well. Witness tonight. What do 'you say Anne, my dear?"

I couldn't find one word to say. Fred Delaunay afforded a topic of conversation I was afraid to broach. The less said the better, might be my motto.

Margery sat upright on the couch, "Are you another of his victims? Oh, please don't say so. Everywhere I go I meet fem in spay of em. She gave him in his place remarkably well.

Witness tonight. What do 'you say Anne, my dear?"

I couldn't find one word to say. Fred Delaunay afforded a topic of conversation I was afraid to broach. The less said the better, might be my motto.

Margery sat upright on the couch, "feigning intense surprise. She gave he me a comical look over the top of the recumbent l

the water!"

"We expect to," said Julie succinctly, turning her back on the speaker, and lifting two gorgeous frocks from their tissue wrappings. "What do you think of these for a blushing bride?"

A covetous look gleamed on the think of these for a blushing bride?"
A covetous look gleamed on the girl's fair face.
"Lucky Anne! When I get married—"
"Yes?" said the widow, interrogatively, "were you thinking of doing the great deed soon?"

> Western Ontario Women's Activities Address News For This Column to the Editor of Woman's Page.

EMBRO W. I. The Women's Institute meeting, which was held recently at ahe home of Mrs. R. M. Ross, was attended by Mrs. R. M. Ross, was attended by twenty-five members. The vice-president, Mrs. Wm. Davis, presided. At this meeting it was decided to hold a progressive euchre and dance in the town hall on Friday night, Jan. 21. A half hour or so was spent in social intercourse and fancy work, then a dainty lunch was served. The next meeting is to be held at the home of Mrs. Montgomery in February.

CAMLACHIE PRAYER DAY.
A union prayer meeting at which the four church societies of Camlachie were present, namely, Christ Church Guild, the Methodist Ladies' Aid, Aberarder and Knox Women's Missionary Societies, was held in Knox Church last Friday, the official day of prayer set aside for women of Canada. Papers were given by Mrs. (Rev.) Ball and Miss Lillian Joynt of Camlachie, and Miss Janet McKinlay of Aberarder, and prayers were led by Mrs. Allan, Mrs. Tose, Mrs. Cochrane, Mrs. Lowrie, Mrs. Douglas and Mrs. D. T. Wellington.

KINTORE W. I. At the December meeting of the W Yes, there are both, also a Mary, Christle and Will. The father is still in bed, and the last news my husband heard was that they have been given until January 15 to pay their rent, or get out then if they cannot pay. Some people have no heart, have they dear readers? Thanking you all again for your help, I remain, PICKLE FACE.

Ans.—Another parcel was sent since you wrote this letter, and perhaps some of the things you asked for will be in it.

A Churning Hint. Dear Miss Grey,-I have been a reader

of your Page for a long time, and have received a great many benefits from it. I saw in it one day that someone had the story, "Revelations of a Wife." I would like to get it, and would pay postage and lend other books if wanted. Here is a hint to those who have difficulty in churning in the cold weather. Here is a hint to those who have diffi-culty in churning in the cold weather: Keep the cream in a warm place and have it thick before churning and there will be no trouble with it frothing, etc. Anchor, use lots of love and reward the child when she does make an effort to tell the truth; it will help. I want to adopt a small boy myself when I can find a nice one under three years. I am inclosing shin plaster for Sick Children's Hospital.

I wonder has anyone got any clothes o spare for a little girl 8 years old?

10 Treatments at Home

Banishes Dandruff CANADIAN **BOOSTER**

Hair Tonic and Dandruff Remedy

applied twice a week for five weeks will cause the most obstinate case of dandruff to disappear. An occasional treatment after that ninates all danger of a return. Does not gum the hair.

Just as effective to stop itching and helps eczema-affected scalps. Guaranteed to do the work—dealers authorized to refund purchase price in any case in which Booster fails. At your druggist or by mail from

Canadian Booster Co. WINDSOR Limited ONTARIO

address. CRANBERRY.
Ans.—Thank you, Cranberry, for
"plaster." I am sure some Boxite could
supply a few clothes for the little girl. A Request,

Dear Miss Grey,-I have been a reade of your Page for a long time and, like many others, am coming for help. I am sending a mite for the hospital fund Can you or any of your readers supply me with two old songs, "Duncan Camp bell and Jennie Deil" and "Mollie Bond."

Ans.—Your request for songs is re-ferred to readers. Thank you for hos-pital mite, South Wind.

No Trouble to Keep Skin Free From Hairs

countenance superfluous hairs, because for 2 to 3 minutes, then rubbed off am that you get real delatone. Mix fresh as

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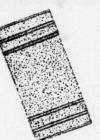
\$94.00 **\$62.70** \$75.50 **\$50.50** Suits for **\$50.50** \$86.50 **\$57.60** \$66.00 **\$44.00** Suits for **\$44.00**

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Great Explosion

Prices Blown To Atoms!

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The Peoples Shoe Store

131 DUNDAS STREET.

12 MARKET SQUARE

Pickle Face Sends Thanks.

Dear Miss Grey and Readers,—What a lot of good people there are in this world after all! My appeal for clothing for a needy family has been very readily responded to and I desire to thank all who have helped so far, but I shall not withdraw my appeal yet, for I have received nothing for a little girl of 10 or a boy of 5, and no underwear, of which they are all in need. Thank you Inasmuch I. for \$1; No Ink, your parcel of clothes was lovely, also yours, Country Twig, and a white scarf and cap from Miss K., which fitted the baby lovely. Country Twig wanted to know if there was a Jean or a Jack in the family.

woman—"
Here Julie gave a gurgle of delight.

"Excuse me, dear, I can't help it—
it's too funny," she giggled to the incensed Margery. "Poor Freddie's always offering his heart and hand,
empty as both are, to heaps of women—and he always uses the same ridiculous words! Why"—she included me
in a little sweep of her right hand—
"Freddie's proposed to Anne and me a
dozen times!"

financially. No action was taken in

mancially. No action was taken in either case. The committee in charge of the meet-ing on Jan. 26, includes Mrs. Hugh Rutledge, Mrs. Chas. Sutherland, Mrs. Geo. Irvine and Mrs. Chas. Henderson.

Cynthia Grey's

Mail-Box

An argument may be conducted

round any point and at any distance from that point.-Lewis Carrol.

dozen times!"

Tomorrow—Happiness.



Children Cry for Fletcher's

are themselves derived from of a training course for 'teen age girls' vegetable proteins. Meat animals are leaders will be held at the Y. W. C.

cially, in the case of milk and eggs, cover five consecutive Saturday even-

Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 vears has not proven.

Vhat is CASTORIA?

storia is a harmless substitute for Castor Oil, Paregoric, Props and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

GENUINE CASTORIA ALWAYS





Part Four. Now, you would expect that Jack Frost lived in a very cold country, and indeed he did! It was so cold, the people that lived there couldn't feel it at all and felt quite comfortable. They were different people than those in the world, of course, and they had many strange powers.

world, of course, and they had many strange powers.

Jack's Frost's home was a big castle of ice. How it shone in the sunlight, though the sunlight was not the least bit warm, and could not melt Jack's wonderful castle. Poor little Nibbles, unable to move, just had to stay in Jack's arms, wondering if he could ever be thawed out.

Jack's arms, wondering if he could ever be thawed out.

"Come, children," cried Jack Frost as he entered his castle. "Where are you hiding? Come see what I have brought for you to play with."

At the sound of their father's voice. March Wind and April Shower danced into view. What a difference there was in the children! March Wind was big and blustery, while April Shower was thin and geritle though it could be seen that April Shower had a will of her own, and with a little aid from her brother, March Wind, could be quite hlustery, too.

"It's a puppy," cried March Wind.
"Pupples don't like me. They run and hide when I blow around in the world."
"They don't mind me at all, though they run away from me, too when I

"They don't mind me at all, though they run away from me, too when I wet their little coats," April Shower laughed. "Their mothers tell them that I carry away the snow, and that makes them happy, for tiny pupples don't like snow at all."

"Is the puppy dead?" asked March Wind not unkindly for March Wind.

snow at all."

"Is the puppy dead?" asked March Wind, not unkindly, for March Wind has a good heart, even though he does, in his thoughtless blustering, overturn trees and chimneys and things."

"No," their father answered. "He's frozen. We must thaw him out."

"Then you must go away and leave him to us, father," the children told Jack Frost. "We can't thaw anything out while you stay around."

Jack Frost was quite willing to leave the pup in the charge of his children. No sooner had he departed than March

water over him. The magic water did the trick. Nibbles' toes started to move first, and in another minute he was all thawed out.

"What fun we will have with him!" laughed March Wind and April Showers as Nibbles stood up and looked about him. "He's our pup new and he's the only pup in Jack Frost's country."

Poor Nibbles, he did not know whether to be happy or sad at such a plight.

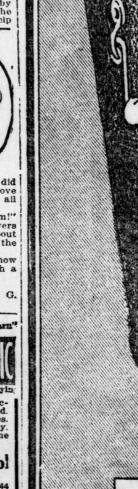
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Price one at your dealers. You will find it costs no more than the old style

EDDY'S also make Indurated Fibreware Washboards, Household Pails.

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utensil and will outlast at least two made of any other material.

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