Daily Magazine Page for Everybody

Secrets of Health and Happiness

Are Drunken Men Really Unconscious of Their Acts?

By DR. LEONARD KEENE HIRSHBERG.



Since spirituous quors contain ammoniated mercury to the ounce of ammoniated mercury to the ounce of potrolatum in the nostrils twice a day only they are deressant drugs and turbinate bones call for an examination.

what no as not to be resible for his act?

for T. D. Crothers, superintendent the Walnut Lodge Hospital of Hartd.

d. Ct., had several such questions of flour responsibility to answer last ar in courts of law. The particular istance of the farmer resulted in his secution. The jury and the judge and wothirds of the physicians called in the case were convinced that society the case were convinced that society and not afford to have a man who could not afford to have a

hour and went back to work as al. Later he was arrested and en to the station house. There he

temporary criminals. The reality of these effects of alcohol are proved by nany facts.

Some Deadening Effects.

A farmer had been intoxicated on everal occasions, but he recovered quickly, and then seemed careful to restrict the amount of spirits used to a minimum. He was arrested four days after, and because he had placed obstructions on a railroad track to wreck a train was taken to jail. He claimed to have no memory of what he had done, and no idea of the purpose of his act.

At the trial if appeared he had lived auletly and sensibly, except to drink fluour regularly on two occasions in the winter which preceded the crime. He arose in the night, went out to his barn, drove out his cattle, cleaned the had done this.

The obstructions upon the track seemed to be the work of more than one man; the enginee was wrecked and the engineer killed. In this case medical testimony denied the probability of a break of consciousness without delusions, delirium or other mental debiding sauce over, and arrange small beoling sauce over, and arrange small

A. B., M. A., M. D. (Johns Hopkins University.)

N. A.: Q.—Please give me somthing for my hair, which has become very thin.
A.—Apply a little of the following to the hair about three times a week:
Quinine 1 dram Pilocarpine 2½ grains Salicylic acid
Lanolin

Cousiy responsible or not.

A Strange Case.

Carpenter who drank steadily for ral years, but was never intoxil, shot his wife one day at the dinhour and went hock to work. Petrolatum ½ ounce

later he was arrested and taken to the station house. There he woke the next day and acted as if he were utterly astonished and absolutely hanaware and without any recollection if his actions for several days previously.

He also claimed other periods of blankness in the past. He had always worked without loss of time, and his behavior had been apparently normal and reasonable. He was tried, and his fefence of unconsciousness was disposed of by the medical witnesses, who knowed that it was impossible to lose all memory and consciousness without making it manifest somehow.

It is a fact supported by such emigent tresearch workers as Dr. Crothers, Dr. Hirshberg will answer questions for readers of this paper on medical, hygienic and sanitation subjects that are of general interest. He cannot always undertake to prescribe or offer advice for individual cases. Where the subject is not of general interest letters will be answered personally, if a stamped and addressed envelope is inclosed. Address all inquiries to Dr. L. K. Hirshberg, in the care of this office.

Selected Recipes

By ANN MARIE LLOYD.

Vegetable Stock.

Wash and soak for 12 hours in 10 cup-

Vegetable Stock.

Wash and soak for 12 hours in 10 cupfules memory, will, reason, logic, the intellect and consciousness in general. The obvious absence of control of conflict and the accompanying responsibility does not excuse society from the bestowal of punishment upon such temporary criminals. The reality of these effects of alcohol are proved by nany facts.

Some Deadening Effects

break of consciousness without desions, delirium or other mental debiling sauce over, and arrange small pieces of toast around the ham.

A Combination

of Good Qualities That Fit These Times

Economy is only one factor that attracts attention these days, to

INSTANT POSTUM

Its really superior, delicious flavor

may be made mild or heavy just as

you prefer by varying the quantity

used per cup—and in this regard, please remember there is no waste.

INSTANT POSTUM requires no

boiling but is made instantly . with a spoonful (more or less as

desired) and a cup of hot water.

HER PROBLEMS :: By Annette Bradshaw



WHEN HE CALLED TO BREAK THE NEWS TO HER MISS HOSTESS-What a strange calling card! Why! it's Jack's, and it's his report-for-duty card. Mary, ask him right in-this pink tea now becomes a Red, White and Blue reception.

ADELE GARRISON'S NEW

Who Are the Men Who've Rented Mrs. Durkee's House?

house furnished. I'm going to follow Alf around just as long as I can, and the minute I get the house off my hands I'm going straight to Plattsburg. Of REVELATIONS OF A WIFE Course, I put an advertisement in the New York papers, and, curiously enough, the same Sunday I had mine in, I found the same Sunday I had mine in, I found the same Sunday I had mine in, I found the same Sunday I had mine in, I found the same Sunday I had were New York

was rewarded by the gratified little smile that played around her pretty, childlike mouth. "Tell me all about it this minute!"

Had They Met Before.

"Well!" she drew a long breath and laid her knitting in her lap, a sure sign that her subject was an absorbing one to her: "you know I made up my mind the minute Alf told me he was going to Plattsburg that I would try to rent the

"DOING MY BIT"

Practical Suggestions on Individual Ways to Help Win

the War.

Selecting Kitchen Utenslis.

Are you buying the right cooking utenslis for use in the kitchen, and selecting for each cooking process the best for the purpose? Did you know that you can save fuel by using the best heat conductors for direct cooking? Aluminum ware, steel ware, agate ware and nickeled copper ware, all have practically the same value as heat conductors,

In buying cooking utenslis it is well to remember that the maintenance cost as well as the first cost should be considered. For tea kettles, sauce pans and boiling kettles it is well to select luminum, nickel, steel, enamel on steel or agate ware. For deep frying a kettle of iron can scarcely be improved on, but cast aluminum ware of the same old Scotch type is also good.

For browned surfaces in baking the best ware for the purpose is Russia from ware, aluminum or glass. Select rounded instead of sharp corners,

In the days to come we may be

ton's Danderine from any drug store toilet counter and try it as directed.

By Genevieve Kemble
FRIDAY, APRIL 12.
Although the planetary forces are most strongly operative, there seems to be a balance between the adverse and the auspicious. It promises to be a day of radical changes and stirring events, particularly in Venus matters—home, heart, art and society—though the realm of business and the professions are also under strong impetus, through the faculties and the feelings in whatever channels their activities are directed. Financial returns look promising under the Lunar semi-sextile to Jupiter. Moon conjunction Mercury also quickens the mind and abilities and presages prosperity. One danger lurks, however, from the afflicted Saturn and Neptune, foreboding trouble through deception and fraud. Of these beware, and the benefic should hold sway.

Those whose birthday it is, with caution against fraud and betrayal, should have an exciting and gratifying year.

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The semiclar returns look promises the control of the paint bucket of bright green paint that the painter had left on the walk.

Ugly Kitten write was covered from head to tall with bright green paint and her proud spirit was crushed.

"Had you been watching where you were going instead of trying to impress me with your grand ways, you'd never have fallen in there," said Ugly Kitten.

The switching her tail in the air, Dutter was proposed in the paint and her proud spirit was crushed.

"Tried always goes before a fall."

Then switching her tail in the air, Dutter was making.

The seating trouble through the forestion and the paint and the paint and her proud spirit was crushed.

"Had you been watching where you were going instead of trying t

fraud. Of these beware, and the benefic should hold sway.

Those whose birthday it is, with caution against fraud and betrayal, should have an exciting and gratifying year. A child born on this day will be clever and enterprising but should be schooled by deliberation and slow processes.

Good Night Baries

DUTIE'S PRIDE.

Dutie was very proud of her beautiful rellow coat and her great long silky tail, for Dutie was a great big lovely Angora

or Dutie was a great big lovely Angora at.

One day as she chased over the lawn fiter butterflies she saw a poor dirty after butterflies she saw a poor, dirty little spotted kitten peeking through the

ittle spotted kitten peeking through the gate at her.

Dutie raised her back, rubbed her tall against a bush and trotted to the gate with a you-look-out air.

"What do you want?" she asked, meowing at the dirty kitten.

"Nothing," replied the ugly one.

"Well! What are you standing there staring at me for?" questioned Dutle.

"Say something! Can't you talk?"

"Yes," meowed the ugly kitten. "I was just thinking how very beautiful your just thinking how very beautiful your fur coat is."

fur coat is."

Dutie lowered her fur on her back.
"That's what everyone tells my mistress," laughed Dutie, licking her silky fur coat down smooth with her pretty red tongue. "And I guess I am, for Mistress says she paid a big price for me."
"Pald for a cat!" exclaimed Ugly Kitten.

AGONY FROM PAIN IN STOMACH

FOR OVER 5 YEARS

who are the Missay will contests and murder trials, way will contest and murder trials with contests and murder trials will be seen as ever any outward tree of the missay and ill-health that the milk very gradually, because the first searchest in the milk very gradually, because the milk of th

FROM DANDRUFF At

Draw a moist cloth through hair and double its beauty at once.

Save your hair! Dandruff dis-

Writing Him Neighborhood News.
Who's the soldier from your neighborhood of whom you're all proud, but who perhaps has no father or mother, wife nor sweetheart to write him news of the old home? You don't know; Have you taken the trouble to find out? If you haven't, even if you're a man—perhaps more emphatically be a whole lot for him by discovering his hongs to hear.

Sometimes it isn't so much the letter of a woman as the interest of a man and make it your business to keen him informed of the things of interest that happen to those he used to see each day. And if these's anything he needs from home you can help him to get it, can't you?

BARRETT SAYRES.

Islat to conserve the very things that you his being discard. For instance, is being drawn upon a comfortable that shows signs of the day allows a power of our soldiers and sailors. Then why should you can't she way to save even he most worn of them for further use. First wash the article and mend the holes or baste strong plees over them. The measure your old cover and buy overlage enough for both sides—a bit of gay cretonne will transform the man and make it your business to keep him informed of the things of interest that happen to those he used to see each day. And if these's anything he needs from home you can help him to get it, can't you?

Selecting Kitchen Utenslis. ornament.

When you're ready to cover it lay the the beauty of your hair. A delightful surprise awaits those whose hair has straighten out all wriskles. Then with strong cotton knot through close enough to hold the inside firm, and turn the edges in stitching all around. Thus you can easily transform an almost "worn out" blanket into a bed covering that will be pretty and will last for years. And not only will vou ave saved money for yourself, but you will also have saved blanket maerial for the nation.

Serving Baked Bananss.

showers of rain and sunshine are to vegetation. It goes right to the roots, invigorates and strengthens them. Its exhibitanting, stimulating and life-producing properties cause the hair to grow long strong and heaviful long, strong and beautiful You can surely have pretty, charming, lustrous hair, and lots of it, if you will spend a few cents for a bottle of Knowl-

Iry TETROL, 25c 419 RICHMOND STREET.



Then switching her tail in the air, Ugly Kitten trotted off down the road.

SOLDIERS IN CAMP The abrupt change from

be trying on your boy's health, but if he will take the rich food in

it will create richer blood to estab-

lish body-warmth and fortify his lungs and throat. Thousands of Soott's Emulsion.
It is just what they need.

has a flavor, distinctivsness, and an excellence all Try it for

yourself.

home comforts to camp life may Maked Milk for Invalids A nourishing and digestible diet. ('ontains rich mill and malted chain extract. A powder soluble in water

For Dyspepsia, Indigestion. Heartburn, Belching, Sour, Acid Stomach, Gas in Stomach, etc., take a teaspoonful of Bisurated Magnesia in a half-glass of hot water after eating. Is take, pleasant and harmless to use, and the allocation of the state of the s gives almost instant relief. It neutralizes stomach acidity and sweetens the Scott & Bowne, Toronto, Ont. 17-30 | food contents so that digestion is easy and painless. Sold by druggists every-



the Hotel Belvedere



Thursday and Friday, April 11th and 12th Dorenwend's

Invite you to their display of the newest creations in artistic hair goods. If your hair is thin, dull and unbecoming, let us demonstrate just what can be done to supply your lack of hair—and how perfectly it is accomplished. Switches, Transformations, Pompadours, Waves.

FOR BALD MEN

A Dorenwend Toupee will make you look years younger and improve your health. Light as a feather and indetectable on our sanitary patent structure. This display is for the two days only, APRIL 11TH and 12TH. Appointments may be arranged at residence,

THE DORENWEND CO. OF TORONTO, LIMITED 105 YONGE STREET, TORONTO.





JOHN F. GARRETY, Mar.