ground, and not the heel alone; the knees are to be bent a little, so as not to occasion fatigue or constraint—and the position to be preserved in the same manner as is directed in Section VII.

THE DOUBLE MARCH.

The double is one hundred and fifty steps in a minute, each of thirty-six inches, making four hundred and fifty feet in a minute. The greatest care must always be taken to step off at, and preserve the full pace of thirtysix inches, which can be done with ease, if the Soldier is placed in a proper position; and that the weight of the body inclines well forward on the fore part of the feet. The word *Double*, the same as *Quick*, is a caution, having a pause between the words, and on the directions for the quick step. The knees are to be a little bent, and the ball of the foot only need be brought to the ground.

THE HALT.

Halt.

Double

March.

On the word *Halt*, let the rear foot be brought up in a line with the advanced one, so as to finish the step which was taken when the command was given.

The words *Halt*, *Wheel-Halt*, *Front*-and *Halt*, *Dress*-are to be considered as one word of command, and no pause made betwist the parts of their execution.

The word *March*, given singly, at all times denotes that slow time is to be taken; when *Quick*, or *Double March*, is meant, the words *Quick*, or *Double*, will precede the word *March*.

SECTION X.

STEPPING OUT.

Step out. The Company marches, as already directed, in slow or quick time. On the word Step Out, the pace must be lengthened to thirty-three inches, by leaning forward a little, but without altering the cadence.

This step is necessary, when a temporary exertion in line, and to the front, is required; and is applied both to slow and quick time : inche

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