

LACTATED FOOD



FOR
INFANTS
AND
INVALIDS

WELLS, RICHARDSON & CO'S
LACTATED FOOD
FOR
INFANTS AND
INVALIDS.

CONTAINING THE MOST IMPORTANT
ELEMENTS OF MOTHERS MILK WITH
THE NUTRITIVE PRINCIPLES OF
THE CEREAL GRAINS.

PREPARED BY
WELLS, RICHARDSON & CO.
Burlington, Vt.
U.S.A. &
MONTREAL, LONDON AND SYDNEY.

DIRECTIONS
To prepare Lactated Food
for young or delicate
children.

Take three teaspoonfuls of Food
and mix in the consistency of cream
with a little cold water. Add one-half
part of warm water, and pour
into a bottle, stirring thoroughly
until it boils. Allow one-fourth part of pure
milk. Do not boil the milk
or use any sugar.
Preserve in a cool place.
Shake as above for one ounce half
pint of cooked food.

FOR INVALIDS.
Mix three teaspoonfuls of Food with
a little water, and then add one
part of milk and cook five
minutes. If any of these things
are not found in the market,
it can be used as follows.

WITH COMPLIMENTS OF