

ber of papers read on the subject of athletics. In the discussion there was certainly a great array of talent. Dr. Tyrrell Brooks, Clement Dukes, Sir Clifford Abbutt, Sir Lauder Brunton, Dr. Kennedy, Sir James Barr, Gordon Gullan, Tyson, etc., took part. While these eminent men all properly endorsed sports and exercises, there was a general trend towards moderation.

As the outcome of the discussion, the following was moved by Sir Lauder Brunton and seconded by H. Lawriston Shaw:—

“That the medical section of the British Medical Association, meeting at Belfast, desires to suggest to the Central Council that they should take into their consideration the question of securing a professional announcement as to the most suitable manner in which athleticism in schools may be so organized and controlled as to achieve the maximum of benefit and to reduce to a minimum any risk of harm to the individual schoolboy.”

Mens sana in corpore sano is still true. Let us have sports and athletics, but shorn of those features that kill some and injure many for life. The words of the *British Medical Journal* voices our own views:

“Games and athletic exercises are absolutely necessary to ensure proper development, to prevent loafing and immorality. The discipline of games is of the highest value in training and developing both body and mind, certainly of no less value than that of school work. The point of attack, we believe, is not the indulgence of boys in games, but the pernicious habit of making the boys, who should all be playing with the school eleven or fifteen, loaf and shiver round the playing fields on a half-holiday.”

Sports should be regulated so that strength would be matched against strength, that those who are in doubtful health be compelled to stand aside for the time, and that the games be so played as to eliminate as far as possible the elements of danger, and brutality.

Sports, games and exercises so conducted throughout the schools, collegiates and universities will prove a splendid boon to the citizens of the country and make for a vigor of body and a quickness of mind that must be ranked as among the greatest assets of any nation. In all this there is not one word in support of the football, hockey, or lacrosse that kills and maims without cause.

FAITH IN DIVINE HEALING.

At a meeting a short time ago in Guelph, Rev. Canon Sutherland, of Hamilton, delivered an address on “Divine Healing,” in which, according to newspaper reports, he was represented as saying: