## SUNSHINE

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## Another Mile-post Passed.

In these times of strenuous living we are apt to forget that the days and years are fast gliding from us and we are growing older. We are, however, forcibly made conscious of the fact of age by such mile-posts as New Year's Day and those other outstanding red-letter days on the calendar that compel us to reflect and take stock of ourselves.

Every time we replace our old calendar with a new one we are changing steeds on the journey. The old steed, tired and worn out, is replaced by one that is ready to carry us forward perhaps with even greater rapidity than the other.

How alarmingly quick the time comes when the past has more interest to us than any prophecy of the future. We have foreknowledge of the things of the future from like experiences in the past; but these future things do not quicken our imagination any more. Too many of us, gaze into the future with little enthusiasm expecting but a repetition of the past. With a stored mind and a well-conditioned life the future should have even greater riches for us than the past:

"What have years to bring
But larger floods of love and light,
And sweeter songs to sing!"

There are many who may not agree with us that the latter years of our life should be lived in comparative ease to enable us to gather up the threads of the past; but all will agree, we think, that it is better to slacken the pace somewhat in the time.

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