THE CHIEF CHARM

Soft, Clear, Smooth Skin Comes With the Use of "Fruit-a-tives."



NORAH WATSON

86 Drayton Avenue, Toronto. Nov. 10, 1915.

natural result of pure Blood. time with a very unpleasant, disfiguring chairman.
Rash, which covered my face, and for Mr. Hay pletely gone. I am deeply thankful for the relief and in the future, I will not be openly declared that there was such in the House that women owning certain property, should be given a mu-

GERMANS BOMBARD CANADIAN TRENCHES **AND LOOS DISTRICT**

correspondents at the press camp, with following account of Friday's offen-

"Hard fighting started today as soon as dawn broke and is still continuing. Some of our troops made a brilliant attack on Contalmaison and succeeded in capturing about five hundred prisoners. The enemy counter-attacked with five battalions of the 3rd Prussian Guard division, who suffered great losses. Some of these men, who fell into our hands, commented on the accuracy and intensity of our artillery

"In a separate attack we obtained a footing in Mametz wood. On the left of this attack our troops made an advance in the neighborhood of Ovillers "On the northern part of our front

bombarded some trenches held by Canadians, and their guns were also active about Loos."

TURKS ARE ROUTED IN FIERCE ATTACK **AROUND ERZERUM**

Over 300 of Enemy Killed.

TREBIZOND HELD FIRMLY

All Repulsed With Heavy Loss.

northwest of Erzerum, Turkish Arbe at menia, as the result of which several ment. the Russians, are reported by the war office in today's official statement. The repulse of Turkish attacks in the Trebizond region is also announced. statement regarding operations in the Caucasus follows:

"In the region of Djivizlyk, early on the morning of July 5, the Turks, supartillery, attacked with strong effectives a sector of our positions and succeeded in forcing our trenches. They were driven out again us at the point of the bayonet and by bomb-throwing. Two fresh Turkish attacks in succession were driven back. More than three hundred enemy and military equipment.

miles northwest of Erzerum) after hav- Ontario and everything else was only ing weakened by our fire, enemy troops \$28,421,000, while the borrowings were which undertook violent but fruitless over \$34,000,000. counter-attacks, we are following up "Which means our progress at many points and have borrowed five and a half millions more taken possession of several dominat- than was necessary during this period," ing heights elaborately fortified by the adduced Mr. Bowman. Turks. During these operations we took prisoner four officers and 12 men declared the speaker, had been used and captured one machine gun and a for war purposes, and he quoted from Commons that British civilian prisonlarge quantity of arms, cartridges and the public accounts in support of this.

GOVERNMENT'S BORROWING OF LOVELY WOMAN HAS EXCEEDED NECESSITY FIVE AND HALF MILLIONS

One-Mill Levy for War Tax Not Applied to War Purposes-Electors of North Perth Hear Reason for Election.

STRATFORD, July 7 .- The pendulum popular opinion in Brantford and North Perth swings towards F. W. Hay, Liberal candidate, and tonight's large meeting was a splendid reflection of he feeling of the riding. It was the first meeting held, in accordance with the policy mapped out at the outset, and the issues were clearly and in no minced words placed before the electors. Mr. Hay was supported by C. M. Bowman, liberal whip, and J. C. Elliott, West a result of an agreement by the Pre-

liberals and Mr. Hay on various quesons were bared to the electors. Mr. Bowman dealt with the financial ot one dollar of the one-mill provincial evy had been used for war purposes.

monster parade of 40 autos preceded the meeting Election in Public Interest.

A beautiful complexion is a handsome induced Mr. Hay to contest North less fortunate rivals. Yet a soft, clear was doing rather a patriotic duty-skin, glowing with health—is only the something in highest interests of the country-than what has been sug-"I was troubled for a considerable gested," declared George McLagan,

Mr. Hay at the outset gave the lie to which I used applications and remedies the Conservative assertions of an agreewithout relief. After using 'Fruit-a- ment that there should be no election. tives' for one week, the rash is com- Mr. Hay declared that no Conservative frage, and the suggestion made by him

Considers the Farmer.

size, 25c. At dealers or sent postpaid of meetings. "Our advisory committee on receipt of price by Fruit-a-tives, decided that in view of the busy time decided that in view of the busy time with farmers, and the desire of citizens be believed would be to place the woto spend leisure time with their fam-ilies in the evening, not to hold meet-ing with men in regard to franchise. ings; that the question of meetings On their cry that there should be no might be entirely eliminated save this one, and that if people desired to vote for a candidate they would do so withmeetings, we went along as or organization for underhand work. sued was best in the interests of North

The speaker said he felt it a duty the British army in France, send the to accept the nomination of the Lib-following account of Friday's offen- erals and to see what he could do in the interests of the riding and province as a whole.

Answering the assertions of a 'whispering campaign,' he said the Liberals had no organizations outside their own friends, nobody being paid and there was nothing being said or done that was not in the open. Touching on the temperance question,

Mr. Hay declared: "I am entirely in ord with the policy as enunciated by Mr. Rowell, and entirely a supporter of his in that issue. I do not remember a temperance issue, local or otherwise submitted in this riding that I did not vote for it." He referred to the premier playing for perance vote and Hon, I. B. Lucas angling for the anti-prohibitionists in and La Boisselle and much extended declaring the temperance legislation only was a time measure. Extravagance Noted.

is it that in olden days we ran the province with four millions of an outlay while today it costs eighteen millions? asked the speaker. He considered it time to consider our own in terests when politicians were taking from the country for waste and worse than waste in such as the Government house, which makes it prohibitory for any but a wealthy man to aspire osition to which any honest man night not aspire," he declared. the war is over the Dominion Government should come to every business Important Heights Captured, man, farmer and citizen and demand every dollar made since the war began man, farmer and citizen and demand above normal receipts. We have no right to be one dollar better off than when the war began."

Banquet for Sir Sam. The speaker took occasion to strongly arraign the minister of militia for his Strong Efforts at Many Points | actions in London recently, when he humiliated and abused the officers. He referred to him as military crazy, a mountebank and without the instincts of a gentleman.

"I have friends in the army who have died and it is a pity that the men in PETROGRAD, July 7.-Via London, khaki should be subject to such con-7:35 p.m.-Successes against the Turks ditions and humiliated by a man who in the region along the Tchoruk River, happened to have a knighthood and be at the head of a spending depart-What we want is somebody commanding heights were occupied by who will administer the affairs of this province."

High Financing Exposed.

Mr. Bowman's review of the finances of the province, especially regarding capital expenditure was the finest heard in the city. He related the circumstances in connection with the borrowing of two million dollars under the war tax legislation and the issue of a ish civilian prisoners interned at Ruhof a like sum, which it was stated was or the purposes of the hydro electric commission. A search of the public accounts revealed that from 1905 to 1908 no advances had been made the dead remained in front of our trenches, hydro commission. Investigation showtogether with a large quantity of arms ed that the total net capital expenditure from 1909 to 1915 including hydro region of Haiburt (65 electric, Temiskaming and Northern

Not one dollar of the one mill levy,

"Every dollar spent in connection

Doctor Tells How To Strengthen Eyesight 50 Per Cent In One Week's Time In Many Instances

Free Prescription You Can Have following the simple rules. Here is the prescription: Go to any active drug Filled and Use at Home.
Philadelphia, Pa.—Do you wear glasses? Are you a victim of eyestrain Filled and Use at Home.

Philadelphia, Pa.—Do you wear glasses? Are you a victim of eyestrain or other eye weaknesses? If so, you will be glad to know that according to Dr. Lewis there is real hope for you. Many whose eyes were failing say they have had their eyes restored through the principle of this wonderful free prescription. One man says, after trying it: "I was almost blind; could not see to read at all. Now I can read everything without any glasses, and my eyes do not water any more. At night they would pain dreadfully; now they feel fine all the time. It was like a miracle to me." A lady who used it says: "The atmosphere seemed hazy with or with-atmosphere seemed hazy with or with-atmosphere seemed hazy with or withto me." A lady who used it says: "The atmosphere seemed hazy with or without glasses, but after using this prescription for fifteen days everything seems clear. I can even read fine print without glasses." It is believed that thousands who wear glasses can now discard them in a reasonable time, and multitudes more will be able to strengthen their eyes so as to be spared the trouble and expense of ever getting glasses. Eye troubles of many descriptions may be wonderfully benefited by

Berlin, July 7-Via London, July 8.-Speedy and Favorable Peace."

with the war has been paid by borrowing money and the one mill levy has been spent for other purposes o still lies in the treasury. Not a Gun for \$500,000.

The donation of \$500,000 for mach guns had not added one single additional gun to the Canadian forces, he declared, but had relieved the other provinces of their share of payment. The Government was strongly ar raigned for its failure to cope with the Hiddlesex.

The meeting was important in that and mines, lost \$370,000 in tax from nisrepresentations of the attitude of the International Nickel Compar controlled, it is claimed, in Germany,

"The collection of this would have provided a considerable portion of the ituation in the province, showing how Ontario Government's expenditure in connection with the war and so redeclared. The people should condem

such a Government.

The speaker closed with a remark-"I accept without any reservation the full share of responsibility for having to strengthen his hands in his noble fight on the opposition side of the Legwoman's chief glory and the envy of her Perth, and in so doing considered I islature. He pointed to his advocacy of reforms, particularly that of a committee for the conservation of resources. "I challenge the provincial treasurer or anyone else to deny the truth of my statements," said Mr. Bowman in reference to his financial criticism.

Severely Damage Trenches

J. C. Elliott, West Middlesex, dealt with the question of women's sufnicipal vote. However, the Governme "NORAH WATSON."
Fifty cents a box, 6 for \$2.50, trial said he in explanation of the absence home and the men do the voting and place a mortgage on the wife's property Conservatives as the fellow who wants fight with nobody in the ring.

Touching on the educational muddle There was no 'whispering' and bilingualism, the speaker pointed out that if educational matters are not If you have lived in the country and know the conditions of farmers, you will agree that the policy we have purproper condition, the Conservatives have themselves to blame. He cited the ship, where a grant was cut off because French-speaking teacher as recom-

ALLIES TO RESPECT LIVES AND PROPERTY OF NEUTRAL POWERS

French Government Has Abandoned the Declaration of London.

[Canadian Press.] of London as an interpretation of mari- in some old German trenches. that effect appears in this morning's have been reversed.

official journal. to that office. "We should have no give the results expected, either in trenches. securing to belligerents a full exercise of rights or affording adequate guaranobliged the Allies to modify the rules sive modifications lead to false inter- order. Our patrol opened fire pretations of the Allies' motives, therefore they declared it better to return to hurriedly. the original rules of international law as generally accepted.

In so doing, the memorandum concludes, the Allies declare solemnly they will continue to observe the principles rigidly, respecting lives and property of neutrals and being ready to make compensation for any unjustifiable damage caused to bona fide merchants.

GERMANY REFUSES TO EXCHANGE CIVILIANS

Say They Are Being Treated the Same as Prisoners of War.

[Canadian Press.] Amsterdam, July 7.-Via London, July 8.—An official statement in Berlin says the statement of Lord Robert Cecil in the House of Commons with regard to the treatment of Britthat these prisoners are treated in the same way as prisoners of war and receive sufficient food, according to tested principles. It is declared that England has already been informed to this effect, and that, therefore, her protests are superfluous.

The statement adds that English proposals for the interchange of civilian prisoners are unacceptable to Ger many, but that negotiations are pend-"Which means that the Government ing with a view to an exchange along

> On June 26, Lord Robert Cecil, par-Hamentary under secretary for foreign affairs, announced in the House of ers interned at Ruheleben were being supplied with less than half the requisite amount of food. Lord Robert gave the American ambassador at Bern as his authority, and stated that the British Government has protested through the American embassy. Lord Robert added that Great Britain had offered to release or exchange civilians more than 50 or even 45 years old, if unfit for military service.

AUSTRIAN ASSOCIATION TO PRAY FOR EARLY PEACE

[Canadian Press.]

Vienna dispatch says that Prince Maximilian Hohenberg, son of the murdered Archduke Ferdinand, heir to the Austrian throne, has founded the Youths' Association of Prayer for a sociation has already 14,000 members.

Prince Maximilian Hohenberg is ears old. He is the son of the Prin Sophie Hohenberg, morganati wife of the Archduke Ferdinand, wh was assassinated with her husband Sarajevo

BLENHEIM TROOPER IN MISSING CLASS OF CASUALTY LIST



Mounted Rifles, who has been officially reported missing since June 2. Trooper

CANADIAN GUNS FIRE SIX SHELLS TO GERMANS' ONE

With Trench Mortars.

REPORT FROM THE FRONT

Heavy Bombardment Is Experienced During the Week.

[Canadian Press.] OTTAWA, July 7.-Major-Gen. Sir received the following communique from the Canadian general representative at the front.

via London, July 7.—Artillery duels earthwork and in the Fleury and Chenwere frequent during the last week on ois sectors. The report follows: the Canadian front. At times our positrustees would not employ a tions were so heavily bombarded as to suggest that an attack was imminent. On these occasions the enemy trenches and batteries were subjected to an intense retaliatory fire from our guns. During the course of one night the Germans repeatedly shelled a section of the area recently taken over by our roops and subsequently a hostile reonnoitering party endeavored to aproach our lines. It was at once deected and driven off by our rifle and

Canadian Batterles Superior. In trench mortar contests our bateries maintained the upper hand, returning approximately six shells every one thrown by the Germans. many places the hostile trenches and entanglements were severely damaged QUIET FOR FRENCH

With finer weather rapid progress ALONG THE SOMME. was made on the consolidation of our PARIS, July 7.—The French official Paris, July 8.—The French Governnew posts and the construction of statement tonight reports no action on this offensive the Somme sector. It says: ition was discovered time international law. A decree to some cases the bullets were found to day.

Great activity was displayed by our decree says that the rules of the Lon- of the German line were made all along Toutvent, completely failed. don declaration were adopted by the our front. The enemy was found Allies at the beginning of the war, but everywhere on the alert and busily enexperience has shown that they did not gaged in strengthening his wire and

Worst Twenty Germans Numerous hostile working parties tees to neutrals. Consequently, the were located and dispersed by our fire. memorandum continues, circumstances A patrol of four men belonging to a ontreal battalion encountered a party of the declaration. But these succes- of twenty Germans advancing in open bombs and rifles. The enemy withdrew A raid on the trenches to its front

was carried out by a New Brunswick battalion. The raiding party was led by Lieut. F. B. Winter, Lieut. S. A Fleming and Company Sergt. A. G. A passage through the outer wire entanglements was cut by hand. When close to the German inner wire the party was detected by the enemy who opened rapid fire. Our men never theless forced their way through the obstacle and reached the parapet. Mos of the garrison fled. One man continued to fire through a covered loop hole until Lieut. Winter pushed his revolver through the opening and wounded him, when he also ran away, eaving his rifle behind. The German trenches were then entered and searched for several bays. A second German was shot by Lieut. Winter, but in the darkness managed to escape, while third was unsuccessfully pursued by Sergt.-Major Gunn. After several artcles of value for identification had been secured, our party was attacked by hostile bombers. Lieut. Winter gave eleben is inexact. The statement says the signal to retire, and the whole raiding party returned to our trenches.

SIR WILFRID LAURIER WILL TOUR ONTARIO TO HELP RECRUITING

Liberal Leader Will Also Make a Trip Through Quebec.

OTTAWA, July 7. - Sir Wilfrid Laurier will make a recruiting tour to a number of Ontario points in August and to Quebec in September.



blues usually result from a tired brain and exhausted nervous system. Start the upbuilding process to-day by beginning the use of the greatest

"I Am Proud of My Troops," Says the King to General Haig

LONDON, July 7,-9:23 p.m.-The following message was sent by King George to Gen. Sir Douglas Haig, commander of the British troop. on the Franco-Belgian front:

Please convey to the army under your command my sincere congratulations on the results achieved in the recent fighting. I am proud of my troops. None could have fought more bravely." Gen. Haig, in replying, said: "All ranks will do their utmost to con tinue to deserve Your Majesty's confidence and praise."

VIOLENT ATTACKS ARE REPEATED IN REGION OF VERDUN

PRUSSIANS WERE HELPLESS UNDER FIRE OF BRITISH

Verdun When Moved to

British Front.

PARIS, July 7 .- 5:40 p.m.-A French

"Fricourt, like Montauban, presented

spectacle in ruins, which were in a

state of such complete disorder as to

show the power of the new British

"Everywhere are dead. Behind a de-

molished parapet a German grenadier

still holds a grenade clutched in his

dead hand. Further along is a group

of three German infantrymen, torn to

pieces by shells, and then half covered

in the holes made by the shells are

heavy and infected with the odor o

German Shells Ceaseless.

"The battle continues not far off, and

renade fighting is going on. We

plainly hear the repeated explosions of

these projectiles. German shells keep

"Back of the firing line we come cross a group of prisoners from the

6th Regiment of Prussian infantry, of

We paused to interrogate

which an entire battalion has sur-

them. I put the following questions

"'Where were you before coming

'In the Champagne facing Tahure.'

'Why did you surrender so quickly?'

"'We were without shelter and the

artillery tore our ranks to pieces. We

felt ourselves to be in such a complete

state of inferiority that nothing re-

mained but to surrender. We then

made a hasty decision and raised the

"'Did .your commanders tell you of

'No! When we started we believed

we were going to Verdun. It was only

when we were on the way that we

'Are you satisfied to be out of the

"The answer was given enthusiastic

Describing the character of the new

Kitchener army which took part in the

battle, the observer gives the following

'Three-quarters of my battalions are

of the recently formed army. Only one

army, and yet when the test of battle

came my new battalions could not be

oeuvred with the same sureness and

veterans. This homogeneity of the old

and the new pleased me greatly. Chiefs

of other brigades had the same experi-

ence. The Germans had thought that

this new army was a lot of amateur

soldiers, but they found themselves de-

[Canadian Press.]

attached to the new Russo-Japanese

treaty, which, according to an authori-

tative Japanese source here, effectively

dispels any hope Germany may have

held of seducing any member of the

Entente alliance, and it is the strongest

possible reply to the numerous offers

which have been made to both Japan

Owing to faulty action of the kid-

neys and liver, the blood becomes fill-

ed with disease germs that imperil

The first warnings are backache,

complaint. Get Dr. Hamilton's Pills

medicine relieves so promptly, cures

so thoroughly. For good blood, clear complexion, healthy appetite, use that

Hamilton's Pills. Get a 25c box to-

EMERY CLOTH, GLASS, FLINT

AND GARNET PAPERS

Genuine Emery

"Wellington" Knife Polish.

SILVERSMITHS' SOAP

PLATE POWDER, ETC.

WELLINGTON MILLS, LONDON,

ENGLAND.

IN SHEETS AND ROLLS

troubles for all time to come.

and Russia with a view to bringing

about a separate peace.

terrible ravages of

grand health-bringing

London, July 8.-Much interest is

JAP-RUSS ALLIANCE

LONDON INTERESTED IN

distinguished from the old. They man

they moved with the expertness

statement by a British officers:

of my battalions belongs to the

Kitchener's Men Soldiers

ally in the affirmative."

learned we were to fight against the

Were Without Shelter.

" 'How did you come north?'

'By train two days ago.'

falling without cessation to the west-

the bodies.

to them:

white flag."

ward of the village.

lead and still more dead. The air is

Germans Gain Footing in Artillery Tore Their Ranks to French Trenches.

LATER ARE DRIVEN OUT GLAD TO STOP FIGHTING THOOPER D. H. LAIRD, Canadian Other Attempts of Enemy to Thought They Were Going to Advance Repulsed With

> PARIS, July 7-11:15 (p.m.-Repeated and violent attacks by the Germans on official observer, describing conditions the French positions at Thiaumont en- in the villages of Fricourt after it had abled them to obtain a footing in the been taken by the British in the re-French advanced trenches, but they cent advance north of the Somme, were driven out by a counter-attack, ccording to the official statement is-

Serious Loss.

sued by the French war office tonight. The statement says:

"On the right bank of the Meuse fairly spirited fighting occurred during the day. The Germans launched several attacks successively in the region of Thiaumont, which were preceded by a bombardment of our position. In one of these attacks they succeeded in obtaining a footing in our advanced trenches, but our counter-attack, deivered about 2 o'clock, enabled us to re-establish our line, which reaches to by falling walls. In every corner and the immediate neighborhood of the Thiaumont work. All other attempts of the enemy to advance in this sector were repulsed by the fire of our mitrail-Sam Hughes, minister of militia, has leuses and cost them serious losses." The official report this afternoon says artillery of both sides was active Canadian Army Corps Headquarters, Meuse, especially on the Thiaumont on the left and right banks of the

"On the left bank of the River Meuse there was an intermittent bombardment last night, while the right bank the artillery fighting became very violent in the vicinity of the Thiaumont work and in the sectors of Fleury and Chenois. At the Le Pretre wood the enemy yesterday delivered a small attack upon one of our trenches, but they were at once driven out of the position, where they succeeded in gaining lodgment. In this same sector a surprise attack by us was in all respects successful along a front of 200 yards. Our grenade throwers cleared out the trench of the enemy and we brought back some prisoners."

"On both sides of the Somme there was no action of importance during the

A memorandum accompanying the controls. Every night reconnaissances enemy during the night at Moulins surprise attack, attempted by the "A very violent artillery bombardment continues in the region of La Laufee. The usual cannonading is in progress on the rest of the front."

Belgian communication: "In the course of the morning rather violent artillery battle place in the region of Nieuport and east of Ramscapelle. We have continued with success our bombardment of the with German positions at Driegrachten and Steenstraete. Towards the close of the day lively fighting with bombs broke out toward Steenstraete and Boes-

The text of the afternoon report fol-"The night passed quietly on both sides of the Somme River "German aeroplanes yesterday threw down several bombs on the open town of Lure. Eleven persons were killed and three were wounded. With the exception of one soldier all the victims were either women or children. This was an act of reprisal for our aerial activity of July 6, when one of our air squadrons threw down success 40 bombs upon the railroad junction at Hem, to the west of Charleville. On the return trip from this point there were a numper of engagements with German machines in which our escorting aeroplanes took part. Two German machines were brought down, one near Mezieres and the other in the region of Leffincourt."

NOT UNFAVORABLE, BERLIN COMMENTS.

BERLIN, July 7.—Via London, 5:23 WITHOUT PURE BLOOD p.m.-The result of heavy engagements that were in progress all last night both north and south of the River Somme was not unfavorable to the Germans, the war office announced to-The statement says:

"On both sides of the Somme lively engagements continued throughout the health. night not unfavorably for us. region south of Contalmaison, Sem and dizziness, headache and lack of energy. Estrees witnessed the most severe fight- Act quickly if you would avoid the

"East of the Meuse (Verdun front) French attacks delivered on a wide today; they cure kidney and liver against our positions on the Froide Terre ridge and on the woods southwest of Fort Vaux failed, with considerable losses to the enemy. "On the remainder of the front there were many nocturnal patrol engagenents.

"Southwest of Valenciennes we captured a French aeroplane. Near Peronne and southwest of Rouziere enemy aeroplanes were forced to land in an aerial

"As the result of aerial battles during the month of June, the German losses in such battles were two aeroplanes; shot down from earth, one geroplane: missing, four aeroplanes: total, seven aeroplanes. "The French and British lost in

aerial battles 23 aeroplanes; shot down from earth, ten aeroplanes; involuntary landings within our lines, three aeroplanes; landing for the purpose of dropping spies, one aeroplane; total, 37 aeroplanes, 22 of which are in our

COAL HANDLERS' STRIKE. FORT WILLIAM, July 7. — One undred coal handlers, employed at on strike today. They are asking for increase of 5 cents per hour-from

THE MARLBOROUGH

Herald Square, Broadway, 36th to 37th Streets, New York City.



The Hotel nearest to everything-Subways, Elevateds, Railroads, Theatres and

Thousands of dollars spent in improvements and altera-

The borough in the heart of all New York boroughs is the Marlborough. Rooms \$1.00 a day and up. With bath, \$1.50 a day and up.

ELEGANTLY FURNISHED SUITES

Restaurant 50 per cent lower in prices than its competi-

Dancing and Cabaret with Parisian Band every evening

An ideal location for delegates attending conventions, for which especially attractive rates will be made. Write

> CHAS RUHL, J. AMRON, Proprietors. JOHN F. DOWNEY, Manager.

Its a Treat

To chew King George Navy Plug.

Made from pure, rich

tobacco, every ounce of which is carefully selected. then blended according to our process.

King George's

Has a delicious, non-irritating sweet taste—and it is universally recognized that sweetened tobacco is much more healthful than the old fashion "strong", unsweetened plug.

It leaves a long, lingering flavor and guards the teeth from the ravages of "acid mouth", the cause of nearly all tooth decay.

"Made in Canada by Expert Canadian Workmen" 10c A Plug Everywhere ROCK CITY TOBACCO CO., LIMITED

and Specks before the Eyes

Liver derangement is the cause behind these distressing conditions, and only restoration of perfect natural action can effect lasting cure. That is why Dr. Cassell's Instant Relief is so immeasurably superior to the old-fashioned cathartic liverpills and aperient salts. Such things can only give passing relief by forcing the liver to unnatural action, and have to be continued. Dr. Cassell's Instant Relief strengthens the liver, and so brings about natural action in a natural manner.

Take Dr. Cassell's Instant Relief for constipation, biliousness, torpid liver, sick headache, dizziness, specks before the eyes, flatulence and windy spasms, acidity, heartburn, impure blood, and that dull, heavy feeling which is a sure indication of liver trouble.

Ask for Dr. Cassell's Instant Relief and take no substitute.

Price 50 cents. from all Druggists and Storekeepers, or direct from the Sole Agents for Canada, Harold F. Ritchie and Co., Ltd., 10, McCaul-street, Toronto. War Tax 2 cents extra.

Dr. Cassell's Instant Relief is the companion to Dr. Cassell's Tablets, Sole Proprietors: Dr. Cassell's Co., Ltd., Manchester, England.



Sister: Read My Free Offer



that of a none treatment since to your needs, with references to Canadian ladies who gladly tell how they have regained health, strength, and happiness by its use. I want to tell you all about this successful method of home treatment for rourself, my reader, for your daughter, your sister, or your mother. I want to tell you how to cure ourselves at home at trifling cost, and without Men cannot understand peless in my method of home treatment. If you feer from Pain in the head, back or bowels eling of weight and dragging down sensations falling or displacement of internal organs, bladder

Italing or displacement of internal organs, bladder irritation, with frequent urination, obstinate constipation or piles, pain in the sides regularly or irregularly, bloating or unnatural enlarge ments, catarrhal conditions, dyspepsia, extreme nervousness, depressed spirits, melancholy, desire to cry, fear of something evil about to happen, creeping feeling up the spine, palpitation, hot flashes, weariness, sallow complexion with dark circles under the eyes, pain in the left breast or a general feeling that life is not worth living, I invite you to send today for my complete ten days' treatment entirely free and postpaid, to prove to yourself that these aliments can be easily and surely conquered at your own home, without the expense of hospital treatment, or the dangers of an operation. Women everywhere are escaping the surgeon's knife by knowing of my simple method of home treatment, and when you are cured, my sister, I shall only ask you to pass the good word along to some other sufferer. My home treatment is for all—young or old. To Mothers of Daughters, I will explain a simple home treatment which speedily and effectually cures green-sickness (chlorosis), irregularities, headaches, and lassitude in young women, and restores them to plumpness and health. Tell me if you are worried about your daughter. Remember, it costs you nothing to give my method of home treatment a complete ten days' trial, and if you wish to continue, it costs only a few cents a week to do so, and it does not interfere with one's daily work. Is health worth asking for? Then accept my generous offer, write for the free treatment suited to your needs, and I will send it in plain wrapper by return mail. To save time you can cut out this offer, mark the places that tell your feelings, and return to me. Write and ask for the free treatment today, as you may not see this offer grain. Address: MRS, M. SUMMERS, BOX 12, WINDSOR, ONTARIO.