Billie Burke

ON REAL BEAUTY BY BILLIE BURKE.

THE FIRST WORD-Don't sacrifice comfort and truth to a false

* * *

I see by the newspapers that Mrs. Florence Collins Porter, one of the California delegates to a recent national convention, has some ideas of dress for the woman of the future. Mrs. Porter disclaims being of the old-fash-for the woman of the future. Mrs. Porter disclaims being of the old-fash-for the woman of the future. She says she likes pretty loned suffragist type. She says she likes pretty loned suffragist type, she says she likes pretty loned suffragist type, she says she likes pretty loned suffragist type, she says she likes pretty loned suffragist type. She says she likes pretty loned suffragist type, she says she likes pretty loned suffragist type. S

she went to the convention.

Mrs. Porter said: "The first day I went to the convention I wore a black and white foulard the convention I were a black and white format gown trimmed with lace, and a rather large hat, but I immediately found that the best thing to wear on occasions of this kind was a plain tailored suit of serge and a small hat, consequently wore my blue serge traveling suit and small gray straw hat the rest of the time during the meet-

I am afraid if women enter public life they will have to discard a great many of their frills and furbelows because they are really out of place in work-a-day life. During my trips about the country I wear very plain travelling costumes.

tumes.

Many of the young women in their love for the dainty accessories of costume of which the stores are full, are apt to buy things that are quite out of place in their work-a-day lives. These things are, perhaps, beautiful in themselves but they can never be beautiful when selves, but they can never be beautiful when placed in the wrong environment. A plain costume is much better for the business girl than a tance freely freely of any bind and it is not better for the business. fancy frock of any kind and it is really more beautiful because it is the right thing to be worn in hydrogen

in business.

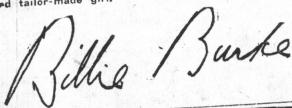
Goethe has said that "Beauty is selection." If this be true, beauty in dress is the selection of things that are appropriate to the time, the place and circumstances in which they are worn.

and circumstances in which they are worn.

I am reminded of this daily when I see young girls wearing dirty white shoes with some of the girls wearing dirty white shoes with some of the with dark gowns.

How much better, if one may only have one pair of shoes, to buy black homes, which, when they get a bit shabby, do not call attention to themselves. It is not costume perfectly clean looks much better than tawdry finery.

INST ONE LAST WORD—The fluffy-ruffle maid is no prettier than the well-groomed tailor-made girl.



or says nothing; better such a lover than the lover who is glib.

If a man pays few compliments and

those are lame and halt and awkward,

The Perfection of Practice

With Cynthia Grey

ters is depriving them of the kind of mother whom they have a right to

of manner which every woman feels in the possession of comely raiment.

ing, their efforts to look nice or to learn more are at an end. but that the mothers before them instilled the notion?

The young should have their opportunities. But they should not

dvantage, she denies herself to give, can never replace.

One of a woman's duties is to give to her children a well-informed, wellbalanced, well-groomed mother.

She who "gives up" all the pleasures and advantages of life to her daugh-

The woman who forgets self; loses her identity; neglects her appearance

"Love you? said I, then I sighed, and then gazed upon her sweetly,"

"Love you? said I, then I sighed, and then gazed upon her sweetly,"

"Love you? said I, then I sighed, and girl who believes them."

"Love you? said I, then I sighed, and girl who believes them." then gazed upon her sweetly, For I think I do, this sort of thing par-

And that is just what no girl wants -a lover who sighs, and adores, and pays compliments, and flatters himself that he "does this sort of thing parti-

with every lesson learned. She wants to teach him

And that is a joy that very few women have. The men who pay com-pliments easily and gracefully are unthe opportunity to pay them oftenest. More to his credit, I say, than if he quivers and scintillates in the light and moves in graceful accord with the company of women, and it is their his tongue's end ready to march out the company of women, and it is their his tongue's end ready to march out his tongue's end ready to march out his tongue's end ready to march out every movement of its wearer's head.

the company of women, and it is their his tongues end ready to make the every movement of its wearer's nead.

The aigrette is attached to the top of flattery and the ease with which they and capture any little feminine heart. pay it that does so much in turning that files by.

No girl wants insincerity in her two-prong hairpin and a tiny rhine-stone studded humming-bird poises at the time when it is most important at the time when it is most important that their heads should be set on that their heads should be set on that their heads should be set on the training that the pass of the algrette. These spun the pays is tracedy. Therefore, I here

They are smooth, and easy and of her that she place not a large value graceful. They handle a love phrase on a love phrase or a compliment that or a compliment as easily as they handle the following them has been discussed in the perfection of grace. handle the fork, and many of them began handling both at the same imma-

That means practice. And practice in such affairs means insincerity.

It is not the cream of the love she The ease with which they complise getting. It is not the cream of the love she is getting. It is the skimmed milk, and a skimmed milk that has been on the fire many times. After SupperTalks

Problems of the Fair Sex Solved by Cynthia Grey

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn as they are received.]

Raspberry Preserves.

Dear Miss Grey: Kindly give a receipt for preserving raspberries, without cooking, and oblige a GREENIE.

A .- For each pound of berries, use 10 ounces sugar, and one-quarter cup water; cook to a thick syrup; put the berries into the sterilized jars and pour the hot syrup over them, filling to the top; adjust the rubbers, screw the covers down loosely; set the jars on perforated boards or string of heavy perforated boards, or strips of heavy paper, or cotton in large, flat-bottomed sauce pan; surround with water about the same temperature as the jars; bring slowly to the boiling point, and let boil ten minutes; cool slowly in the tighten the covers and set aside in a dry, cool place.

Recipes For Margaret. Dear Miss Grey: Would you kindly give me a good recipe for chili sauce, and a good recipe for tomato mustard? Thanking you, I remain, MARGARET.

A.—Chili sauce: Use 18 large tomatoes, 1 green pepper, 3 onions, chop fine and add two tablespoons of salt, 1/2 cup sugar, 2 cups vinegar, 1 tea-spoon each of cloves nutmes, cinnamon and allspice; boil 2 hours and put

in jars. I could not locate a recipe by the name of "tomato mustard," but this way of making tomato butter sounds excellent to me, and perhaps it will answer: 7 pounds large ripe tomatoes, 4 pounds brown sugar, 1 cupful inegar, 1 teaspoonful ground ginger, 1 ablespoon cinnamon, 1 teaspoon cloves. Pour boiling water over the tomatoes. let stand five minutes, then the skins can be rubbed off. Remove stem ends and slice tomatoes; cook until soft, add the sugar and stew until very thick, then add spices and vinegar, pour into jars and seal. Use with meat or game.

Mayonnaise Dressing. Dear Miss Grey: Would you please give me, as soon as possible, a recipe for mayonnaise salad dressing, also advise, if possible, how to thicken same. I have heard is is with cream.

Thanking you sincerely, I remain,
ANNA B. A.—Mrs. Rorer's recipe is one of the best obtainable: Break yolk of one egg into a shallow bowl; beat well with a silver fork, add one-half teaspoon salt, a dash of cayenne, and a generous pinch of mustard; work these well to-Ease in love-making is the mark of love that should put the girl to whom it is made on her guard. Better a tongue-tied lover; better a lover who tongue-tied lover; better a lover who stammers and halts and can't find the

Nothing prettier in coiffure orna-ments for evening use has been brought out than the spun glass aigrette, which quivers and scintillates in the light J beg and lavender, as well as white, though the color shows only in opalescent





Money-Saving Opportunities Here, Now! KINGSMILL JULY SALE affords an opportunity for

Persian Foulard

1,600 yards finest Persian Cotton Foulards, in blues, greens, rose shades, etc.

They are 30 inches wide and have a soft, silky appearance. Regular 30c yard value. See window. On sale

15C

23 PARASOLS, regular \$2.25 to \$4.00. Be quick if you want one. To clear

\$1.69

DAYLIGHT DRYGOODS

DUNDAS STREET.

you to save on Kingsmill Quality Merchandise. The values are extraordinary.

Sale of Ladies' Hats

Every Hat must be cleared, and these prices should make the buying brisk.

Values to \$2,25, to Clear . 35c Values to \$3.00, to Clear . 50c Values to \$4.00, to Clear . 99c Values to \$5.00, to Clear \$1.50

Still 12 pieces 121/2c Crossbar Muslins to clear, yard....81/2¢

KINGSMILL'S

In the Sickroom

small details that do not occur to

that the little illnesses require just as

Take the matter of the bedclothes

that which we are having now. Florence Nightingale, in one of those

counterpanes

really depressing for an invalid. As to a woman patient's hair, she will find comfort in having it parted at the back, and for each division to be

the sick. A light, loosely-woven quilt, with one blanket underneath, or a soft

If women who suffer from chilliness

wards the ear. The hair should then be braided lightly, and the ends of the

plaits be secured with narrow ribbon.

In all probability it has conveyed it-

self just beyond reach under the bed, at the edge of the rug, or where not?

a tug from its mooring.

A strand of baby ribbon tied to one

To avoid the tendency of the sick person to slip down in bed place a pil-

The table that is placed lower than

marked that "feverishness

times of bedclothes."

impart warmth.

5-Inch All Silk Ribbon 10c

Never sold before for less than-25c yard. Just two colors -white ground with blue and black polka dot. To clear, per yard 10¢

5-Inch All Silk Ribbon 15c

Almost all colors. All silk or fine quality. Regular 25c yard.

> CANADA'S LARGEST CARPET STORE, CARLING STREET.

They were most decorative, very rich and extremely becoming. Beads of amber, of lapis-lazuli, of coral and of

jade were seen on some of the hats. These had a heavy look, which should **CHIT-CHAT** be absent from successful millinery Many of the chapeaux were high the crown, and most of them had up-The work of the society for the prestanding plumes; in size, however, they ention of cruelty to animals is one were much more moderate than they that should meet with hearty co-operhave been. A charming hat is in stretched white muslin with a low crown and wide brim; on the brim lies a painted wreath

ation from all London women, especially the mothers. There is nothing more the feelings of others, whether man or of wild roses, and round the crown goes beast. And where a boy or girl shows the slightest tendency to injure the four-footed creatures, earnest, untiring with navy blue. with one quaint long. four-footed creatures, earnest, untiring with navy blue, with one quaint long, efforts should at once be made to curb that tendency, and to instil into his or her heart the delight of being protecting and kind. yellow with a thick corded black slik ecting and kind.

"Children should be educated to think about the comfort and rights of every living creature, and when they are taught to be kind, we shall have a very different sort of world to live in," says someone, and it is quite true. Says someone, and it is quite that.
So, mothers, help all you can in the good work. Even though your mite may be small, give it with a glad heart, and what aid you cannot render financially and converte give by example and cially, endeavor to give by example and everybody mean much to the comfort precept. Encourage the youngsters to save their pennies to help along the that the little illnesses require just as work of the society. Procure some good animal stories from the public many attentions, and that the attentions and read these to the children. Acquaint them with the family life of the sufferer back to a normal state of also become more gentle and patient terse sayings, which have become in their actions toward yourself and classic in the hospital world, once re-

Is counted with the cost,
And never from God's treasury-box
Is one kind action lost.

And in the end, the total score But just the simple: 'Inasmuch-

about the successful hostess, and how to entertain, but what about the successful guest? Whether the visit is to be a pleasant one or not for all conwith the hostess. Think of this, Miss drawn as far forward as possible to-Girl, as you prepare for the fortnight's outing at the lakeside cottage, or counouting at the lakeside cottage, or country home. What kind of a visitor are try home. What kind of a visitor are plaits be secured with narrow library home. What kind of a visitor are plaits be secured with narrow library home. Thus a smooth surface is given to the Thus a smooth surface is given to the Thus a smooth surface is given to the you going to be? One who leaves constant entertaining? One who leaves back of the head on which to lie. There are no hairpins to fall out. There are no hairpins to fall out, nor will the hair twist or get untidy. One who is always telling of the good If the patient is too feeble to have her

hair dressed every day it must be time she had somewhere else?

I hope you are not going to be one of this kind. Perhaps you ask what constitutes the ideal guest. To my mind she will carefully observe the rules of the house as far she knows them; will be punctual at meals; will take pleasure in helping with little duenthusiastically into whatever plans may be made for her enjoyment. Aguest should also realize that her hostess likes a little time to herself each day; carry a bit of sewing with you, or a readable book, just to reassure your hostess the more that you can be completed. A handkerchief has a curious tendance of the complete state hostess the more that you can be company for yourself occasionally. Above all, try to "fit in" agreeably, not think-low, or makes fumbling efforts to find ing solely of your own pleasure, and I the truant. shouldn't be surprised if they will invite you to come again.

"When I was a girl," said a useful and busy woman, "I came across a sentence by George William Curtis that I have never forgotten, and that has en- will enable the patient to recall it by couraged me more than any other saying I know. It was this: An engine of one cat-power, running all the time, is more effective than one of forty horse-power, standing idle. I realized power, standing idle of forty horsestrongly that I had not a forty horsepower, that my life was narrow in the level of the bed is a boon to an many ways, and my opportunities were invalid whose nurse is not in constant

It is stated that the hats are to be is, unfortunately, no diminution of the

drapery of this gown, with black chiffon satin for the under part.

The satin also shows on the cuffs and at each side of the waist. The giral de is of silk, the color of the voile, and the crystal buttons have loops made of the silk.

A vest of white chiffon is trimmed with valenciennes lace and a bow and fold of black and white striped velvet.

The beauty of many of the most great beautiful hats worn at a recent great dress show was due to the lovely, delidress show was due to the

Soap By Telephone

No need for you to make a special trip when you want a cake of soap. Just call up P., L. or O.-tell him about what price you'd like to payand in a few minutes you'll have a dozen kinds, if need be, right in your home, to choose from at your leisure.

And each cake is worth every cent you'll be asked for it.

Wortley Road, cor. Craig Richmond Cor. Central Phone 1920 Phone 1261 THE PROGRESSIVE DRUGGISTS.

OMOND, 468 Dundas

We close Wednesday afternoons during July and August.

THE ART OF CONVERSING [By Margaret H. Ayer.]

(Copyright: 1912.)

Dear Miss Ayer: I am a girl of eighteen, and am considered attractive Dear Miss Ayer: I am a girl of eighteen, and am considered attractive looking, but I am so discouraged because it seems impossible for me to be even ordinarily entertaining in society. I can't remember people's names or faces, unless I have seen them often, and this makes me so embarrassed that I am just stupid. Also, I never have anything to say in conversation. Do you I am just stupid. Also, I never have anything to say in conversation. Do you know any way that I could learn to remember names and faces, and is there any book I can get that would tell about the art of conversing?

Poor Sensitive! You are one of many who would like to learn the complete art of polite and witty conversation in ten lessons. There is nothing more discomforting in the world than to be an attractive-looking young girl, and to realize that one becomes tongue-tied the moment one is expected to entertain a guest.

A great many girls acquire the gift of gab at an early age, and there-

a great many girls acquire the gift of gab at an early age, and thereafter never stop long enough to give their unfortunate families time, to recover, so that really, my dear Sensitive, you are lucky in one way, for nobody will wish to run away from you because of your chattering tongue. alone, especially in weather as hot as nobody will wish to run away from you because of your chattering tongue. Of course, you are suffering agony because you never know what topic of conversation to begin on, and when you look into the face of a stranger who has just been introduced your mind at once becomes a blank. But really, it might be worse. Until you find your tongue and become an easy conversationalist, you might practice being a good listener. If the guests you want to entertain are men you will find that listening is more profitable than speech. marked that "feverishness is some-times a sympton of fever and someblankets should always be avoided for

speech.

Few women are attentive listeners, and nothing is so flattering and so courteous as the attitude of the good listener.

Cultivate the art of listening, and at the same time make little mental notes of questions, which arise in your mind, and which will keep the one-sided conversation going in case the speaker should subside.

The reason most women and almost all girls are poor conversationalists that they can't keep their minds on the subject in hand.

The average girl talks about one thing and thinks about another and down quilt, covered with thin silk, and blanket, are, as a rule, sufficient to

The average girl talks about one thing and thinks about another, and

A great deal is written these days trimmed with lace. The consciousness bout the successful hostess and how of looking less then pretty in hed is

You can't converse intelligently on general topics and keep thinking about

yourself; how you look and what impression you are making. The self-conscious girl is never good at entertaining others because she is so busy I can tell you how two young women succeeded in making excellent and worrying about herself. entertaining talkers of themselves, and this may give you a pointer to help

You in the difficult art of conversation.

These two girls were about eighteen years of age, and they were the daughter and niece of a widower who was very fond of entertaining and looked to his two girls to play the part of hostesses. They had to meet strangers, both men and women, and were always at a loss for a subject to talk about after they had exhausted the topic of the weather.

A dinner had been planned to which a number of boresome people were how the two girls realized that there would be no conversation at the table unless it was supplied by them, so they deliberately set about to read

table unless it was supplied by them, so they deliberately set about to read up jokes and anecdotes, selecting such as would be more or less appropriate to the occasion and the guests invited. They wrote out bits of conversation that would lead up to these anecdotes They learned this conversation and them; will be punctual at meals; will take pleasure in helping with little duties around the home; and will enter enthusiastically into whatever plans may be made for her continuous.

were forced to live up to, and they read up and learned by heart all the witty stories and jokes which they could get hold of. The knowledge that they could be entertaining each made them self-negreesed enough to bring out alternations. could be entertaining soon made them self-possessed enough to bring out shyand retiring guests and lead them on to talk on interesting subjects. girls made a rule never to gossip, never to talk about themselves, never to say a mean or unkind thing about anyone else; when all topics failed to say a mean or unkind thing about anyone else; when all topics falled they told one of their carefully prepared stories, and they are now two of the most popular women I have ever known.

As to "Sensitive's" other request that has to do with the training of

memory, and while there are several excellent memory schools, the cultivation of memory is founded on attention and concentration. You should be able to of memory is founded on attention and concentration. For should be able to develop your own memory, first by closer observation, and then by "willing", yourself to retain the impressions your mind has received. corner of the handkerchief, and the other fastened to the head of the bed,

when you meet a new face observe that face carefully and note its characteristic points and store them away in your mind. Probably you are not a good observer anyhow. Go into a strange room, glance around, come out good observer anyhow. Go into a strange room, giance around, come out and see if you are able to describe accurately most of the things you have seen. Practice looking into shop windows, for instance, then turn away after about half a minute, and see how much your memory retains of what you have looked of the sea develor when the second of the second have looked at. You can develop your memory for things and faces in this

WHAT TO DO.

As to memory for names, you can strengthen that, first by associating the As to memory for names, you can strengthen that, first by associating the name with some impression or idea which you can link with it in your mind. If you cannot do it any other way, write down the name of each new person whom you meet, with the description of that person, some special characteristic you have observed, and, if possible, any ideas about the occupation and interests of your new acquaintance. interests of your new acquaintance.

Many a society woman famous for her wonderful memory for names and

Many a society woman famous for her wonderful memory for names and faces keeps such a book, and one of the most famous Presidential candidates kept a card idex of all the people that he knew, their interests, hobbies, etc., tabulated according to towns. During the campaign he'd come to some little "jumping-off" place and, having—carefully looked up his acquaintances in that town, he would clap them joyfully on the back and inquire minutely have their affairs, displaying a marvellous knowledge of their family history. His popularity was astounding and his secretary never was without the famous card index.





Facts and Fancies **About Watermelons**

place on the shelf.

The watermelon with its abundant juice is the natural hot weather ac-

companiment.

There is no food or drink that has the same refreshing effect on the sun-

tween the mother, who is growing older, and the daughter who is growing up. some Americans, the fresh juice is considered excellent for the liver. The seeds bruised and mixed with water to make an emulsion are given for catarrhal disorders.
The United States dispensatory rec-

ognizes in its list of "unofficial" remedies, the refreshing and purifying qualities of watermelon seeds.

The freshly expressed simple juice of the melon and a preparation called "watermelon" honey are used by the Russian peasants for dropsy, chronic congestion of the liver and intestinal

Unripe, like the muskmelon, it is apt to produce unpleasant, colleky symptoms. But thoroughly ripe, it furnishes safety to the system with turnishes safety to the system with the carrying away of any feveries tendency.

Among many foreign peoples, and and popular.

likely to be few. But one cat-power attendance. To lift anything from a likely to possessed, and I determined shelf above is a great fatigue to the to run my little engine as hard and as weak The nomas Shaded Plumes Gain in Favor

larger than ever. How could they be? As a matter of fact, it is not the case; hats are much more moderate in size than two years ago, and more moderate than those worn last year. There

The Birthday Calendar

IF THIS IS YOUR BIRTHDAY, Some letters will annoy you, and your health needs outdoor recreation, but with care you may keep well. The