The Charm of Perfect Health Is one of the greatest gifts that Nature can bestow. It comes
to those whoobey her laws. Nature's food is grain-and fruit. Tlalita-Vita
Is whole wheat impregnated with barley malt, delicately sea.
soned with salt, thoroughly cooked, daintily flaked, toasted to soned with sait, thoroughly cooked, daintily
nut-brown crispness. $I t$ makes a delightful, appetizing, satis-nut-brown crispness, It makes a delisghtul, appetizing, satis-
fying meal morning, noon, night. Delicious, served with
fresh, luscious fruit.
No work, no heat; just cream-then eat \\ \section*{ \\ \section*{ \\ Cle}

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Hair Falls Ayer's Hair Vigor is the most
economical preparation of its kind on the market. It doesn't take much of it to stop falling of the hair, to make the hair
$\square$

HOCKEY


Grew Weaker
And More Nervous



A SINGLE FAVORITE WON
AT THE WOODBINE MEET


THE TURF.





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| Bind Your Magazines |  |
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Could Not Lie On Her Left Side.
.WAS TROUBLED WITH PAIN IN HER HEART FOR SIX YEARS.
Expected Her Friends Would Find Her Dead

Mrs. C. Bondreau, Campbellton, N.B milburns Heart and Nerve Pills.

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