

The Health of the Hair

is indicated by its condition. When the natural secretions decrease; when the hair becomes dry, splits at the ends and comes out in combs; when the gloss disappears and the hair becomes gray or faded, the ill health of the hair is indicated. The success of AYER'S HAIR VIGOR is due to the fact that it restores the hair-producing organs to their natural vigor. It encourages and promotes the secretions of the hair follicles, and thus gray or faded hair regains its original color, new growth begins, and lost lustre is restored.



Ayer's Hair Vigor

For fifteen years, it cures the hair to keep its natural color and is a positive cure for baldness. T. S. WEYANT, Weyant, Pa.

Hockey Skates,
Nickel or Blued.

Spring Skates,
Plain or Nickel.

Hand Sleighs and Coasters
From 50c Up.

Cornet Sweepers
In Great Variety—Stylish and Artistic Finish.

Table Cutlery,
In Ivory, Celluloid and Plated.

Raisin Seeders and Meat Cutters
—AT—

Reid's Hardware,
118 North Side
Dundas St., London.

LONDON LIFE INSURANCE CO.

Head Office, London, Ont.

Invested Assets Over - \$600,000

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JOHN McCLARY, Pres.
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Special term, whole life, limited payment life and various term endowment policies issued on as favorable terms as afforded by any company in Canada. Also Guaranteed 5 Per Cent Income Bonds, than which nothing more desirable has yet been devised.

Money to loan at lowest current rates of interest, repayable monthly, quarterly, half-yearly, yearly, or at end of stated periods, as may be arranged.
For full particulars apply to
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EPPE'S COCOA

ENGLISH BREAKFAST COCOA
Possesses the following Distinctive Merits:
DELICACY OF FLAVOR.
SUPERIORITY IN QUALITY.

GRATEFUL AND COMFORTING to the NERVOUS or DYSPEPTIC.
NUTRITIVE QUALITIES UNRIVALED in Quarter-Pound Tins Only.
Prepared by JAMES EPPE & CO., Ltd.
Homeopathic Chemists, London, England.

In Sporting Circles

Progress of the Six Days Bicycle Race at New York.

The Element of Chance in Raising Trotters.

An English Pugilist Suffers a Serious "Knockout"—Oarsmen Gaudaur and Wray May Make a Match.

BASEBALL.

Comiskey, of St. Paul, will sue the Boston club for the money expended upon Slagel, the Grand Rapids player who was awarded to Kansas City, and also probably for damages.

THE ELEMENT OF CHANCE.

The element of chance enters so largely into trotting horse transactions that to the speculative mind it possesses a rare fascination. C. W. Williams offered to sell the cold Axtell when 1 year old for \$200. He kept him two years longer and sold him for \$10,000. A breeder was offered \$5,000 for a colt when it was 6 months old. He declined the offer, and kept the colt until he was 4 years old, and then sold it for \$35 and the horse, one of the best bred ones ever registered, is now hauling a tipcart. The trotting mare Alcida, who now has a record of 2:10 1/4, and has won over \$15,000 during the past three years, at one time could have been bought for \$300. A brood mare that sold nine years ago for \$11,000, has not yet produced anything of value, while Manette, who was at one time traded for a cow, is the dam of Arion, who sold for \$125,000. For a yearling colt by Jerome Eddy, his breeder was offered \$2,500, but he concluded to keep him, and at 6 years old sold him for \$300. Clarence Alexander paid \$20 for Senator A., and with him has won over \$10,000. A little black colt, weary and footsore, tagging along behind a "prairie schooner" in Missouri, was sold for \$25, and six years later was the champion pacing stallion of the world. A Kentucky breeder refused to hitch up a royally bred stallion unless a prospective purchaser would take the horse at \$20,000 if he proved satisfactory. Five years later the breeder sold the stallion for \$800.

TIPS.

Monroe Salisbury says the pacing mare Javelin (2:08 1/4) showed him a mile this year in 2:06.

A Boston horseman offered C. J. Hamlin \$5,000 for The Abot (2:13 1/4) during the New York horse show.

Village Farm paid \$2,500 for Walter S. (2:12 1/4) in 1896, and after training him a year sold him for \$25.

Patchen Boy (2:10 1/4), one of the crack 3-year-olds, by Wilkes Boy, will not be trained until his 5-year-old form.

THE OAR.

GAUDAUR VS. WRAY.
Montreal, Dec. 7.—Jake Gaudaur, champion oarsman of the world, telegraphed here that he had decided to make Wray, of Australia, who professes an ardent desire to get a race with him, a proposition towards that end.

ATHLETICS.

SOON SETTLED.
New York, Dec. 7.—Kid McPartland, the light-weight pugilist, of this city, met and easily defeated Joe Burke, of South Brooklyn, at the Green Point Athletic Club last night. It was announced that the boys would fight two rounds at catch weights. McPartland landed a knock-out blow in the stomach in the second round.

BANTAMS BOX.

London, Dec. 7.—The battle between Jimmy Barry, of Chicago, and Walter Croot, of Newcastle, England, for the bantam-weight championship of the world, came off last evening. Barry was the favorite with the betters. During the first ten rounds Barry did most of the scoring in a thoroughly scientific struggle. Then Croot made a determined stand, and at the 18th round had almost equalized matters. In the 20th round Barry, with a crushing right-hand, on Croot's jaw, knocked him out, when only 40 seconds remained to the stipulated limit. Croot remained unconscious so long that medical assistance was called. It was found that he had sustained a severe concussion, though not expected to prove fatal.

WHEEL.

THE SIX DAYS' RACE.

New York, Dec. 7.—The bicycle race at 9:15 o'clock last night stood: Waller, 427 miles; Miller, 416 1/2; Stephane, 411 1/2; Revier, 406 1/2; Schinner, 401 1/2; Rice, 392 1/2; Moore, 392 1/2; Pierce, 391 1/2; Reading, 389 1/2; Ashinger, 372 1/2; Hale, 360 1/2; Elkes, 371 1/2; Golden, 365 1/2; Hicks, 356 1/2; Enterman, 344 1/2; Barnaby, 309 1/2; McLeod, 326 1/2; Cannon, 301 1/2; King, 292 1/2; Maurice, 287 1/2; Julius, 281 1/2; Meacon, 257 1/2; Blakesley, 248 1/2; Gray, 244 1/2; Johnson, 248 1/2.
Early in the day G. Riviere, the Frenchman, who had led the bunch for a few minutes, was unable to keep the pace set by Waller, and fell back. At 10 o'clock Waller was 2 1/2 miles ahead of the record and moving it down with every mile. An even dozen of the riders were at this hour ahead of the best previous record, 192 miles, made by Teddy Hale. At 11 o'clock the leaders were still keeping up their fast pace, nearly 21 miles an hour, but it was beginning to have its effect upon them. At noon Albert Shoch dropped out. The old champion complained of weak lungs and stomach trouble. Madison Square Garden was

The citrates, tartrates, etc., extracted from pure fruits, act on the system with the same beneficial results as the salt contained in the juices of fresh fruits. These salts are the foundation of ABBEY'S EFFERVESCENT SALT. The scarcity of fresh fruits in winter time makes Abbey's Effervescent Salt all the more necessary to the health.

All druggists sell this standard English preparation at 60c a large bottle; trial size, 25c.

Prepared by JAMES EPPE & CO., Ltd.
Homeopathic Chemists, London, England.

crowded at night with 10,000 persons, who had gathered to witness the race. Forty men started in the race at 12:15 o'clock in the morning, but at 9:15 p.m. only 25 men were riding. Fifteen leaders had dropped out of the race, owing to illness, accident or inability to keep up the pace. At 9:15 o'clock five of the riders had passed the 400 mile mark. Waller leading with 427 miles and 7 laps. Miller was second, nine miles behind the leader. Stephane had traveled 411 miles, 2 laps. Hale, who had left the track several times on account of a lame knee and a headache, had made 350 miles, and there were thirteen other men who had passed the 300 mile mark.

456 Deaths in 1896.

Annual Report of the Board of Health.

The Death Rate of London 12.3 in Every 1,000—The Sewer System Commended—Milk Inspection, Plumbing Inspection, Dogs, Taxes and Muzzles and Other Matters Dealt With.

The annual report of the board of health, which was presented to the city council last night, in reviewing the healthy and sanitary condition of the city, says:

To the Mayor and Council of the City of London:
Gentlemen,—As required by the by-laws of the city, I submit herewith the annual report of the proceedings of your board of health, and a review of the sanitary condition of the municipality.

GENERAL HEALTH.

London enjoys the enviable reputation of being one of the healthiest cities in the Dominion, or elsewhere, the mortality rate being almost invariably below that of other localities. With a population of 3,629,350, as shown by the last assessment returns, the death rate has been 12.3 in 1,000. Following are the principal causes of death: Typhoid fever, 12; diphtheria, 12; consumption and chronic bronchitis, 55; pneumonia and other lung diseases, 58; heart diseases, 24; dysentery, 9; diarrhoea, 9; cholera infantum, 6; other diseases of the stomach, bowels and liver, 25; Bright's disease, 14; other diseases of the kidneys and bladder, 8; cancerous diseases, 23; puerperal diseases, 3; scarlet fever, 6; diphtheria, 12; croup, 9; scarletina, 1; convulsions, 9; wasting diseases of children, 17; still-born and immature, 14; diseases of old age, accidents, 12; deaths from other causes, 28.

INFECTIOUS DISEASES.

In the matter of infectious diseases, the statistics gathered from the records of the health office and the hospitals show that the cases reported as follows: Typhoid fever—46 cases, 12 deaths. Diphtheria—41 cases, 12 deaths. Scarlet fever—22 cases, 1 death.

We are now making arrangements by which houses where infectious diseases have occurred will be more thoroughly disinfected, by the best modern appliances, operated by our own officials. There is no doubt that the cases reported as diphtheria are in excess of the actual number. There are diseases of the throat not always easily distinguishable from diphtheria in its early stages. These are sometimes reported as diphtheria. It is, of course, much better to do this than to run the risk of spreading contagious disease at the same time, it emphasizes the advisability of the board of health having a bacteriological department, where the proper tests could be applied in all doubtful cases, and a prompt recognition of the actual disease secured at the earliest moment.

CLEANLINESS.

During the year your board has endeavored to cultivate public as well as private cleanliness, by making a careful inspection of houses, public buildings, yards, lanes, etc., and requiring the removal of all garbage, refuse, night-soil and everything prejudicial to the public health. It is quite possible we may not have attained absolute success in our efforts to keep the city clean—perfectly clean. To do so would require more frequent and thorough inspection than the means at our disposal will allow. It would also need the adoption by the city of regulations for the collection and removal of garbage at frequent intervals. We endeavored to assist you in securing some such system during the year, but it was found impossible to adopt any plan that would be self-sustaining; and we were advised that you would not be disposed to expend the comparatively large sum that would be found necessary for the purpose. It is to be hoped that something may be accomplished in this direction in the near future. With the improvements that your Board of Works is making in our streets, it only requires a good system of garbage collection to make the city the cleanest as well as the prettiest in Canada.

FOOD INSPECTION.

The principal work of the board in this department has been in the inspection of milk. We have adopted improvements in our system, and the result has been highly gratifying. The quality of milk sold in London is above the average; and our people may rest satisfied that every precaution is taken to have cows, dairies and utensils clean. The dairymen generally are co-operating with us in this matter, as they realize that the results desired by your board are for their advantage as well as for that of the entire public. The health officer and inspectors also make frequent visits to the market, butcher shops, and other places where food is sold, and any articles found unfit for use are promptly confiscated.

RABIES.

In the early part of the year several parties were bitten by dogs that showed symptoms of rabies. Two of these went to the Pasteur Institute at New York, the city incurring heavy bills of expense on their account. The Board of Health has petitioned the Government to take prompt and stringent measures for the protection of the public. The tax on dogs should be much higher; but in addition to that, no dog should be allowed on the streets unmuzzled. Only a short time ago a young man in the city who had been bitten by a dog died with all the symptoms of hydrophobia. A few more cases of this kind will doubtless demonstrate the advisability of acting on the recommendation submitted to you by the board last summer, and passing a bylaw for muzzling dogs.

PLUMBING.

The approval of our system of sewerage by the Provincial authorities was conditional on the adoption by the council of a proper plumbing bylaw.

In the public interest a strict inspection of all plumbing should be undertaken. In seeking to obtain the needed reform the board has been confronted by the strong objection felt by many aldermen and citizens to an increase in the number of salaried employees. To overcome that obstacle we endeavored to provide a plan by which the expense could be met by fees charged for inspection. But we have been advised by the city solicitor that you have no power to pass such a bylaw; amend the Legislature agrees to amend the municipalities act in this direction, or until the city is willing to pay the salary of an inspector, the best we can do is to regulate the details of plumbing, and to require all plumbers to submit their plans and specifications to the city engineer, and obtain his authority before proceeding with their work.

SEWERAGE.

The city is to be congratulated on the rapid progress made in the construction of its new system of sewerage. It is to be hoped that some few of the citizens should continue to be disturbed in their minds over a possible failure of the new system. This fear is certainly unfounded. Our system was not adopted hastily. Years were spent by the Board of Health and the City Council in considering the matter. All methods of sewerage disposal were carefully reviewed; and many of them personally inspected; the opinions of no fewer than four expert engineers outside of our own staff were secured; every possible objection was thoroughly discussed. We have adopted no novel and untried plans; our new system is not an experiment; it is the outcome of the experience of other cities; it is in accord with the advice of the best authorities. In its adoption nothing has been left to chance that should have been done. The council has even done more than was necessary. To allay the fears of some people, some of the sewers have been made larger than was necessary, and additional expense incurred, which the engineers assure us was not called for. In view of this condition of affairs, it would seem only reasonable for us to dismiss unfounded doubts and fears and await the result with confidence.

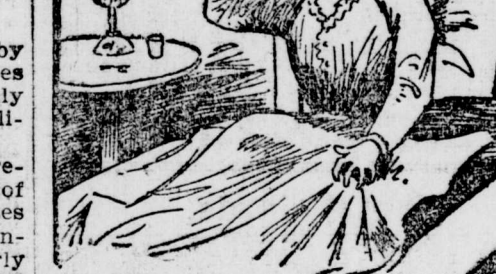
(Signed) CL. T. CAMPBELL,
Chairman Board of Health.

HER INTERESTING STORY.

A well-known Brighton lady tells what she thinks regarding Heart Trouble, and how to cure it.

Mrs. Stephen P. Clapp tells what Milburn's Heart and Nerve Pills did for her.

Mrs. Clapp says, "I have been a sufferer from extreme nervousness for years, and for the last two years my heart has



troubled me greatly. I could not sleep soundly, and would often awaken with a start, together with a curious feeling as if my heart had stopped beating, and it would be some time before I could recover myself. At times I became very dizzy, and a mist gathered before my eyes. I have taken many kinds of patent medicines, but could get nothing to relieve me. Finally I received a box of Milburn's Heart and Nerve Pills, and am glad to say that they gave me relief in a very short time. I now sleep well, my nerves are steady and strong, and I am better in every way than I have been for years. I can recommend Milburn's Heart and Nerve Pills very highly to those suffering from any trouble affecting the heart and nerves, for I know that they have been a great boon to me."

(Signed) MRS. STEPHEN P. CLAPP,
Brighton, Ont.

What a Golden Yellow

Color means to corn meal is best proved by trying the corn meal in the kitchen, because results count.

The best corn that grows may not produce a good corn meal, it careless millers and out-of-date machinery handle the corn after it reaches the mills.

GOLD DUST CORN MEAL

Is made from the best corn that it's possible to raise, the kernels are at the ripest point when the corn is picked. But that is not all—careful millers handle it and modern machinery grinds it at The Tillson Mills. It is clean and evenly cut—free from black specks. Your grocer sells it.

The Tillson Co., Limited,
Tilsonburg, Ont.

Uneasy lies the face that wears a

Uneasy lies the face that wears a

Uneasy lies the face that wears a

Uneasy lies the face that wears a

DON'T SUFFER YOURSELF
to be passively led. Demand what you ask for.
MONSOON INDO-CEYLON TEA
is the best.

THE CRYSTAL HALL'S
-- GREAT ANNUAL --

Christmas Sale....

Holiday Presents for Everybody. We multiply Christmas joys, we lighten Christmas burdens. We want every purchaser to note our prices for Dolls and Toys. The prices are made to make them go. An installment of our reduction prices—more later on:

\$1.50 doll reduced to	90	\$3 iron toys reduced to	\$2.00
\$1.25 doll reduced to	75	\$1 iron toys reduced to	50
\$1 doll reduced to	65	50c iron toys reduced to	25
75c doll reduced to	50	And a multifarious assortment at half-price and less.	
50c doll reduced to	25	A big toy furniture reduction.	
And our great 28 1/2 inch doll in the window	25	\$1.50 washstands reduced to	99
\$4.50 games reduced to	2.00	75c washstands reduced to	58
\$1.63 games reduced to	1.00	\$3 bureaus reduced to	1.95
75c games reduced to	50	\$1.50 bureaus reduced to	90
50c games reduced to	25	\$1.50 bedsteads reduced to	75
25c games reduced to	15	\$1 bedsteads reduced to	60
10c games reduced to	5		
All first-class goods.			
\$1.25 iron trains reduced to	90	Wooden and Tin Toys—An immense Assortment at Half-price and Less. Chests of Tools Reduced to Incredibly Low Prices.	
75c iron trains reduced to	60		
50c iron trains reduced to	35		
25c iron trains reduced to	15		
These are the latest styles and designs; all perfect goods.			

We said before and we repeat ourselves—every doll and toy in our Household Department must be sold in the next twenty days. The store to case on Jan. 1, 1898. Watch this space for a succession of reductions. Come early and secure first choice. Goods bought now will be delivered Christmas Eve, or any other time desired.

W. J. Reid & Co.

PIE IS NEVER NICER THAN WHEN COOKED IN AN AERATED OVENS ATTACHED TO SOUVENIRS

Naturally

There seems to be great objection to ordinary stoves by those who have used a SOUVENIR with an Aerated Oven. The simple reason is that these ranges possess many new and important features.

Aerated Ovens...

are always filled with PURE, ACTIVE FRESH AIR.

They do not burn food, or destroy its rich natural flavors. The consumption of fuel is very light. In appearance this range is a feast of beauty. One in your home would save you much time and worry. Sold everywhere.

The Gurney-Tilden Co., Ltd.,
HAMILTON, Ont.

Stove, Furnace and Radiator Manufacturers.

Wholesale Agencies in Toronto, Montreal and Winnipeg.

Sold in London by Wm. WYATT & SONS.

RUBBERS & OVERSHOES

.. VERDICT ..

All the leading dealers in the principal towns of the Dominion agree that

"THE CANADIAN RUBBER CO.'S RUBBERS

ARE THE BEST IN THE MARKET."

STANDARD NEVER LOWERED.