

## "Almost a miracle!"

That is what Rabbi M. Shallit of Edenbridge, Sask., says regarding a cure by Zam-Buk, of which he gives the following particulars:

"A short time ago," said the Rabbi, "a man brought his little son to me and asked if I knew of anything that would cure the child of a terrible skin disease, with which he had suffered for three years. The child's forehead, eyes and ears were covered with sores. The sight was shocking, and the child had not been able to see for two years. As he was an only child, the father said he would give anything to have him cured, but as he had already been treated by many doctors, each of whom had given up the case as incurable, he had almost despaired of ever finding a cure. Having great faith in Zam-Buk, I recommended it, and to cut a long story short, perseverance with Zam-Buk has now completely cured the child."

### THE FATHER'S ACCOUNT

The following letter from the father of the boy expresses his gratitude: "The Zam-Buk Company, Toronto  
Dear Sirs: I beg to testify that my boy suffered for three years with a severe skin disease, which doctors tried to cure, but in vain. The sores on his eyes were so terrible that for two years he was quite unable to see. Zam-Buk, however, has worked a complete and permanent cure.  
The Zam-Buk treatment was recommended to me by Mr. M. Shallit, Rabbi of Edenbridge, for which I shall be grateful to him forever.  
With hearty thanks to you, I remain, Yours faithfully,  
(Signed) E. KOMANUK."

Zam-Buk is just as good for scalp sores, ringworm, salt rheum, running sores, old wounds, boils, ulcers, abscesses, pimples, blood-poisoning, itching, and all skin injuries and diseases. All druggists and stores of Zam-Buk Co., Toronto. 50c. box, \$1.25. Send this coupon, with name of paper and address, for return postage to Zam-Buk Co., Toronto, and free trial box will be sent.

## ZAM-BUG

PURELY HERBAL

## Newfoundland and United States

### ONE IN THE GREAT CAUSE.

October 28th, 1917.  
Editor Evening Telegram.

Dear Sir,—I have been intending for some time, to send a communication to your paper, but business necessity has so urgently pressed that it rendered it well nigh impossible for me to write sooner. I wish, through the pages of your paper, to communicate not only with my friends that are in your country, but likewise to speak out to the great body of men and women, loyal citizens to all that is just and good, firm supporters to all that is high and admirable in the world.

I, myself, was born in your country, raised in its spirit and still cherish its ideals, and though I have made my home in this great Republic of the United States, I still understand and appreciate the hopes and sympathies of the great mass of your people, and I have imbibed their spirit and ideals so that I feel constrained to express my utmost support of their cause, my confidence in their success, which is also our success.

I paid a visit to your country—the land of my birth—two years ago and I was especially impressed by what I saw. You were, at that time, engaged in the tremendous struggle with Prussian militarism; you were pouring out your blood generously, and struggling with a whole-hearted and inspired loyalty against the common foe of modern civilization. I saw great numbers of your young men—the best blood and finest spirits of your land—bidding the country a last fond farewell, and issuing forth with a courage and a fortitude that spoke eloquently of the justice of your cause, the firmness of your conviction. I was deeply moved and most sensibly touched by what I saw, but little did I dream that in a short space of time our own nation would espouse the same cause, and our own boys would be fighting

shoulder to shoulder with yours, to triumph or to fall together.

We have come to realize with you that there lives and works and fights to-day the most inhuman foe of peace and civilization known to the annals of history; and with you we have accepted the challenge of autocracy, becoming brothers in the cause of humanity in which the great democratic, peace-loving peoples are arrayed against the titanic, bestial power of German military and autocratic domination.

The United States is a peace-loving nation. It has from its infancy espoused the cause of liberty and freedom, protected the weak, and launched before the world a new and noble conception of justice and fair dealing in international relations. Its diplomacy has forever been above reproach, and it has forever championed the cause of suffering humanity. We sought peace; we lived for it; we did everything consistent with a high sense of national loyalty and devotion, a true sense of national honor to preserve it. But a nation born and bred in militarism is neither to be swayed by lofty sentiments, nor moved by the wails and agonies of oppressed and suffering humanity. A nation that has built up a military caste unparalleled in history; a nation that has crushed small states in order to satisfy its own vicious ends; that has committed brutal outrages against women and children; that has cruelly and with no thought of mercy butchered whole peoples and is reeking with the blood of innocent thousands; that has undermined with sly and sinister influence the whole fabric of modern civilization; that has, like a fabled monster sought and cherished by its terrorizing power to dominate the world, has sought destruction of humanity, and hurled a challenge to the world.

Yes, we have accepted and are ready—to the utmost of our power—to establish our claim. We have contributed generously, and with a true American spirit have already alone subscribed more money than all the fighting forces in the first year of the war. We have arrayed millions of our best fighting men, and with a firmness, a conviction and a loyalty are ready to pour out our blood generously to fertilize the seed of freedom and democracy. And our millions—yes, our billions—will strike fear and terror into the utmost depths of the German Military heart, and with our power of men and money we will render the world safe and peaceable for all time to come.

I cannot bring myself to believe that the cataclysm can continue much longer, and I am exceedingly anxious to revisit the land of my birth. In times of stress like this, it is, however, impossible, but when again we pursue the ordinary channels of life, I shall return for a visit to my old home with thanks and sympathy for those of my comrades who have suffered so nobly and who have united—as it were—your country and mine—Newfoundland and the United States. Thanking you in advance for space in your valuable paper,

I am,  
Yours sincerely,  
B. F. FORRESTAL.

With a foundation of apple jelly many different and delightful jellies can be made by simply adding the juice of other fruits.

Just Arrived — Nyal's Face Cream at Stafford's Drug Stores, Duckworth St. and Theatre Hill.

## The Chance Of a Lifetime.

Every Man Has An Equal Chance.

By THE SENTINEL

That the world is about to enter into a different epoch there can be no doubt. There are those, however, who say that we are drawing near to the End of the World, that the great war now raging will lead up to the Scripturally prophesied battle of Armageddon, when the nations of the earth are to be gathered together to the battle of that great day of God Almighty. Call them mere coincidences or whatever you wish, there are many points on which you will find it difficult to negative them. However, as I am confined to a short article, at this moment I shall not attempt to follow or lay their course of reasoning before you, but say I agree with them when they say that this is not the ordinary waging of War but is the Battle of Right against Wrong. It is for you to say now whether you are for Right or for Wrong. If you are not fighting for Right, when you might be, you are on the side of wrong. You cannot get away from this fact.

That Germany had a mighty, military machine we now know only too well. That Wrongful Might in her instance has fought against Right and has fought in the guise of Treachery, Treason, Poison, Cruelty, Shamelessness and utter disregard of the principles of humanity we have learned only too well.

That she has thus the mark of the Beast on her we have seen. This is what has placed against her all those nations of the World who have always been leaders in the cause of freedom and of good government. Allied with Germany are Austria, Turkey and Bulgaria, all of which you have always known as being exponents of the greatest brutality and beastiality to the Italians, the Armenians and the Greeks, or any other nationalities that unfortunately came under their power.

It is for you to say to-day whether you are going to uphold the champions of Freedom, or, by not helping them, that you are lending your aid to the champions of brutality and beastiality. If you are not with us you are against us. Don't mistake that, supposing you don't see it till you are on your death bed. In the cause of Freedom the best men of Newfoundland have fared forth to the War. You know that yourself and it should be guide enough for you. The most selfish men we have, the most shameless men we have, have stayed home to partake of what are in their eyes the softer things of life. Despite the fact

that many of them know what their duty is they have said: "If the other chaps are foolish enough to go when they might stay at home, let them, we will only go when we have to." Now, what I would say about these fellows the editor would not print. Compulsory service is evidently their desire and they may not have to wait till Xmas to get it with their military socks.

However, in the meantime, there are various influences at work for the further trying out of Voluntary Service to which we can only bow for the present. From these there is only one reason worth while. That is that it is better for the manhood of the country themselves to give their services voluntarily and so for the greater honour of Newfoundland. If the manhood of all communities of the country can rise to this it will be all right. If they can get it into their heads that the world is about to enter into a new epoch, and that they should share in the glory of the better epoch it is all right. It has always been the plaint of most men of our country and time that they have never had a chance. By this they mean they have never had a chance to do anything big. Now, however, none of them can say this. The greatest chance of a lifetime is now before you. It is the chance of proving yourself a real man. You can do that by voluntarily taking your place amongst all the other Real Men now in the Newfoundland Regiment.

Prove to your friends, prove to your relatives, to your sweetheart, perhaps to your wife, that you are a real man.

It may be that the Last Trump is about to be sounded, the last trumpet call for voluntary service. If enough men do not hear it, then it can only mean compulsory service for you, and there is no honour in that for you.

Don't blind yourself now with immaterial duties, don't listen to your mother or your father or any other person in the world if they say your duty is at home when you know in your heart and soul they really can get along without you and your conscience tells you your greatest duty is elsewhere. Tell them that your first duty is to be a Man, and that you are going to join the 1st Nfd. Regiment immediately.

Then you will be a Man amongst Men.

If you wait for Conscription you can figure out yourself what you are. Different people may tell you different things.

### Milady's Boudoir.



### CARE OF THE FEET.

With the consuming passion for smart little high heeled shoes and boots, broken arches and tired feet, like the poor, will always be with us. But exercise will give considerable aid to overcome this affliction and will entirely eradicate it, if followed faithfully.

With shoes and stockings removed, seat yourself and cross the knees. Then, holding the under knee stiff, describe a circle with the other foot, curling the toes under and bending them forward at the other end of the circle. Of course the nails of the toes are given the same careful attention as those of the fingers, but this is only



### THE LOGICAL Treatment

for RHEUMATISM, SCIATICA, Lumbago, Constant Headaches, Urinary Derangements, and all Kidney and Bladder Troubles.

a moments task if attended to daily.

The last lesson Milady of the present day must learn is the art of relaxation. Many of us have breakfast in bed which in some cases is good and in others not. It depends on the stoutness or slenderness of the woman. Lean persons can do a lot of things that would mean beauty death to a stout one.

Lie flat on the floor on the back, slowly and lazily raise the right arm over the head, then, withdrawing all control and direction from it, let it drop heavily of its own weight. Do the same with the left arm and then with the right and left legs. Repeat a dozen times with each member and then rest quietly with closed eyes for five minutes before rising.

### TRY THEM

The next time you suffer with headache, indigestion, biliousness or loss of appetite, try—

## BEECHAM'S PILLS

Largest Sale of Any Medicine in the World. Sold everywhere. In boxes, 25c.

### Everyday Etiquette.

"When going to a seat near the wall, in any kind of an audience, should I face the people seated, in passing them or should I turn my back to them?" was Jack's query.

"It is more convenient to turn one's back to the persons seated in passing them. It is also necessary to beg the pardon of the people so disturbed," said his elder brother.

### Foreign Fish Market.

Lind and Conto, of Oporto, acquaints the Board of Trade that the demand fell off in October owing to the plentiful supply of fresh sardines. The different quality of fish cargoes arriving then was hoped to weaken prices.

## Take Notice!

This week we draw your attention to the Special Value in our

### Ladies' FELT HATS,

Assorted Colours,  
Price, \$1.50 to \$2.50.

### Ladies' FAWN RAGLANS,

Price, \$7.50 and \$8.50.

### FURS at Clearing Prices.

Accept the opportunity, and buy at

## A. & S. RODGER'S.

### ALL SAMPLE BLOUSES.

## Latest AMERICAN BLOUSES

in White, Lawn and Striped effects.

ALL ONE PRICE,

Only **\$1.80** each

We have to arrive this week-end, the very latest from New York in

**LADIES' COATS and MILLINERY,**  
Also **NOVELTIES in COLLARS.**

## S. MILLEY

### A Huge Assortment.

### Look in Our Hardware Window

and you will get some idea of the assortment we carry, and when you come inside we will demonstrate to you that our window display is only a small portion of the variety of stock stowed away on the five flats of our building.

### WE CAN SUPPLY



SERVICE PROMPT and EFFICIENT.

FISHERMEN  
FARMERS  
BLACKSMITHS  
SAILMAKERS  
CARPENTERS  
PAINTERS  
MASONS  
SAILORS  
BARBERS  
LUMBERMEN  
TRAPPERS  
SPORTSMEN  
SCHOOL TEACHERS  
ARTISTS  
SHOPKEEPERS  
HOUSEKEEPERS  
SHIP KEEPERS and  
MOTOR MEN, ETC.

**Ayre & Sons**  
LIMITED