

WOMEN FROM FORTY TO FIFTY

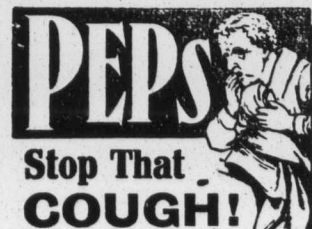
Will Be Interested in Mrs. Thompson's Recovery by Use of Lydia E. Pinkham's Vegetable Compound

Winnipeg, Man.—"Lydia E. Pinkham's Vegetable Compound has done me good in every way. I was very weak and run-down and had certain troubles that women of my age are likely to have. I did not like to go to the doctor so I took the Vegetable Compound and am still taking it right along. I recommend it to my friends and to any one I know who is not feeling well." Mrs. Thompson, 303 Lizzie St., Winnipeg, Man.

When women who are between the ages of forty-five and fifty-five are beset with such annoying symptoms as nervousness, irritability, melancholia and heat flashes, which produce headaches, dizziness, or a sense of suffocation, they should take Lydia E. Pinkham's Vegetable Compound. It is especially adapted to help women through this crisis. It is prepared from roots and herbs and contains no harmful drugs or narcotics.

This famous remedy, the medicinal ingredients of which are derived from roots and herbs, has for forty years proved its value in such cases. Women everywhere bear willing testimony to the wonderful virtue of Lydia E. Pinkham's Vegetable Compound.

Women who suffer should write to the Lydia E. Pinkham Medicine Co., Cohasset, Ontario, for a free copy of Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women."



PEPS
Stop That COUGH!

DISSOLVE a Peps tablet in the mouth whenever your chest feels raw and sore or the cough troublesome.

The powerful medicinal vapours given off by Peps, are instantly breathed into every part of the chest and lungs. They strengthen and protect against the dangers of wet, cold and changeable weather. They soothe and heal inflamed air-tubes, end soreness and irritation and quickly check the worst cough or cold.

Peps are equally good for sore throat, bronchitis, children's chest weakness, bronchial asthma, etc. Free from opiates and all harmful drugs. No bad effects.

"THE REMEDY YOU BREATHE"

KINDLY REMIT YOUR SUBSCRIPTION TO THE ADVOCATE

110,000,000 MARKS FOR LOAF OF BREAD IN GERMANY

The people of Berlin awoke this morning to find the dollar "at two billion marks" and tonight went to bed with the knowledge that the mark fell to 5,500,000,000 in unofficial quotations late in the day, with little hope that the morrow will bring improvement.

Prices were as wild as the mark quotations and shoppers who had to have food and other necessary supplies rushed madly from market to market in an effort to get some.

There was a great variation in the price scales in various parts of the city, and utter confusion.

Although dealers, generally quote prices on larger articles in gold pennings, they vary greatly in their quotations and use such a sliding scale in converting the gold price into paper so that the public is frantic.

From hour to hour prices vary with rumors of the marks further fall and housewives are dazed by the staggering sums asked for foodstuffs.

Railway rates increased 50 per cent today and will again go up 60 per cent Saturday which will not be an increase comparable to the decline of the paper mark in relation to the pound and the dollar. Beef of the cheapest quality was quoted this morning at 150,000,000 marks for a pound of 12 ounces, but none was available in the market at any such price. The people especially the old persons, are wholly incapable of comprehending the size of the bills.

A 24 ounce loaf of bread sold today for 80,000,000 marks, but the price tomorrow will be 11,000,000. Butter was 600,000,000 marks today for a 12 ounce pound, but scarce. Potatoes brought 7,500,000 marks per pound, and grapes 100,000,000 marks per pound.

SAVED FROM AN OPERATION

Restored to Health By Taking "Fruit-a-tives"

Made of Fruit Juices and Tonics

The most convincing proof of the true worth of "Fruit-a-tives" as a medicine for women is found in the letters written by them to "Fruit-a-tives". For instance:

"I suffered with all the symptoms of female trouble, pains low down in the back and sides, constipation and constant headache. A doctor advised an operation. I started taking 'Fruit-a-tives' and this fruit medicine completely relieved me of all my misery."

Mrs. M. J. GORSE, Vancouver, B.C.
50c. a box, 6 for \$2.50, trial size 25c. At dealers or from Fruit-a-tives Limited, Ottawa, Ont.

The Stamp Tax Nuisance

Ottawa Journal.—The stamp tax has been annoying to everybody since it was imposed as a war measure eight years ago; but there is no defence for making it any more annoying than is necessary. Up to a few days ago, postage stamps were acceptable as a substitute for the special war revenue stamp, and that fact avoided a great deal of inconvenience to those who issued cheques or passed other documents liable to the tax. Postage stamps were easily procurable and served a double purpose. No matter whether a stamp of that sort was used or one of the special type, the revenue therefrom flowed immediately into the Dominion treasury and the end in view was attained. Since October 1, however, the law requires the use of the special revenue stamps on all cheques and receipts. They are procurable at the banks, etc.

This charge merely aggravates a nuisance that was already trying and accentuates the rather sorry position to which we are reduced in the matter of direct taxation. It seems as senseless as it was unnecessary. It may more clearly separate ordinary postal revenue from special war revenue; but that is a trivial thing as compared with the annoyance it will be to all the people.

CREDIT TO GERMANY HAS BEEN ARRANGED

The Berlin correspondent of the Exchange Telegraph quotes the Tageblatt as saying that the plan of the United States banking consortium for a credit to Germany "has been evolved satisfactorily."

The credit, adds the newspaper does not concern reparations and will function through a gold not-bank which will probably be the Reichsbank.

Fondles Locks Of D. Lloyd George

Toronto, Oct. 10.—One of the human interest incidents of Lloyd George's visit was his meeting with an aged cousin, Mrs. Margaret Cunningham, at the Christie Street Hospital. She was awaiting his arrival there and despite her 88 years she was quite active and keen in greeting her distinguished kinsman.

The British statesman shook her warmly by the hand. The old lady flicked his long gray hair with her fingers as she said: "Your hair was not white when I saw you last." He replied: "I am very glad to meet any of my relatives" and smiled as his cousin told him that she remembered him as a boy and she kept a picture of him in her room.

Immigrants For U.S. Are Held up

Halifax, Oct. 10.—Emigrants for the United States, if they are in excess of the monthly quota of that country, are not allowed to land here and wait to be admitted under the next month's quota, according to instructions sent from the immigration department at Ottawa to the local immigration authorities.

An immigration official stated tonight that the ruling was made on representation of the United States Government. Steamship companies have previously landed passengers here after the quota for their nationality had been exhausted, to await the coming into effect of the next month's quota.

Local steamship agencies have protested against the ruling.

PURITY "SALADA"

Is the Essence of all That is Best in Tea

"To Taste is to Believe"

EASTERN STEAMSHIP LINES, Inc

INTERNATIONAL LINE

Freight and Passenger Service between St. John and Boston

S. S. GOVERNOR DINGLEY will leave St. John every Wednesday at 8 a. m. and every Saturday at 6 p. m. (Atlantic Time) for Boston.

Wednesday trips are via Eastport and Lubec, due Boston about 10 a. m. Thursday trips are to Boston direct, due Sundays about 2 p. m. RETURN—Leave Boston Mondays and Fridays at 10 a. m. for Eastport, Lubec and St. John.

FARE \$10.00 STATEROOMS \$3.00

At Boston connection is made via the Metropolitan Line express freight and passenger steamers for New York and points South and West.

For staterooms, rates and additional information, apply to

A. C. CURRIE, Agent ST. JOHN, N. B.

"Bake Your Own Bread"



A product of The Quaker Mills, Peterborough and Saskatoon

How healthy the family that eats home-made bread at every meal!

Do you give it to your family? You would, if you knew how good it is and how easy it is to make. Baking, done the Quaker way, is not a troublesome labor. It is a real pleasure. Start now to make your own bread. Send a postcard for our collection of original recipes of home bread-makers.

Every sack of Quaker Flour is sold under this guarantee—if it does not satisfy you, the dealer will refund your money without question.

Quaker Flour
Always the Same—Always the Best

DISTRIBUTORS

NEWCASTLE—P. Hennessy
NEWCASTLE—Baird & Peters

NEWCASTLE—Isaac Mitchell
LUDLOW—D.C. Hovey

NEWCASTLE—H. S. Miller

SPECIALS AT Mitchell's Meat Market

Best Molasses per gal. \$1.00
13 lbs. Beans \$1.00
13 lbs. Surprise Soap \$1.00
13 lbs. Pearl White Soap \$1.00
13 lbs. Comfort Soap 1.00
13 lbs. Gold Soap 1.00
Seeded Raisins 15 oz. 20c
Seedless Raisins 15 oz. 20c
Seeded Raisins 11 oz. 15c
6 cans Tomatoes \$1.00
6 cans Peas \$1.00
5 cans Blue Berries \$1.00

Steak per lb. 20c
Rib Roast per lb. 15c
Stew Meat per lb. 12c
Soup Meat per lb. 5c
Corned Beef per lb. 15c
Choice Ham per lb. 40c
Roll Bacon per lb. 28c
Picnic Ham per lb. 20c
Breakfast Bacon per lb. 40c
Spare Ribs per lb. 15c
Cooked Ham per lb. 50c
Fat Pork per lb. 20c
Bologna Roll. 15c

Fruits in Season

Grapes, Apples, Pears, Plums, Peaches, Oranges, Bananas.

Crockeryware

We have just received a shipment of Cups & Saucers. Call and see them

Sausages

The Home-made kind, filled with choice cuttings of pork. They are delicious. Try a few lbs. 20c. lb.

Gravenstein Apples

No. 1 and II Gravenstein and Domestic Apples by the barrel.

Get Our Prices Before Buying Elsewhere

Lamb, Pork, Beef and Fresh Fish always on hand. Fresh Vegetables arriving daily.

Watch Our Advt. For Prices Weekly

MITCHELL'S MEAT MARKET

Everything in Meat & Groceries

Water Street

Phone 79

Newcastle, N. B.

FLOUR,

FEED,

ETC.

Something to Consider

Who makes the RANGES sold here and did you ever try to find out the REPUTATION of the foundries back of the ranges on sale? Then did you ever consider the KNOWLEDGE the salesman has of a stove or range while he TALKS to you and you are looking over a range? There is nothing so VOID of SENSE as a person talking RANGE who has not grown up in the business.

When you want a RANGE call and let us REASON a bit with you.

We have the finest line of RANGES produced in CANADA. Our prices cannot be trimmed. We know the Business and have no substitute for QUALITY.

This is the REASON we have the RANGE business of the entire country.

FURNACES STOVES RANGES
Hot Water Heating and Plumbing a Specialty

B. F. MALTBY,

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