

TOOK THE ADVICE OF HIS FRIEND

Stomach Trouble and Rheumatism
Relieved by "Fruit-a-tives"



MR. L. LABRIE
504 Champlain St., Montreal.

"I have been restored to health by taking 'Fruit-a-tives'. For two years, I was a miserable sufferer from Rheumatism and Stomach Trouble. I became very weak, had frequent dizzy spells and when I took food, felt wretched and sleepy. I suffered from Rheumatism dreadfully, with pains in my back and joints and my hands swollen. A friend advised me to try 'Fruit-a-tives' and from the outset, they did me good. After I had started the second box, I felt I was getting well and I persevered in the treatment. I can truthfully say that 'Fruit-a-tives' is the only medicine that helped me.

LOUIS LABRIE
"FRUIT-A-TIVES" is the famous medicine made from fruit juices. 50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent on receipt of price by Fruit-a-tives Limited, Ottawa.

White Ribbon News.

Women's Christian Temperance Union first organized in 1874.

AIM.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

MOTTO.—For God and Home and Native Land.

BADGE.—A Knot of White Ribbon.

WATCHWORD.—Agitate, educate, or organize.

OFFICERS OF WOLFFVILLE UNION.

President.—Mrs. L. W. Sleep.
1st Vice President.—Mrs. G. Cullen.
2nd Vice President.—Mrs. R. Read.
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Poisoning the Children.

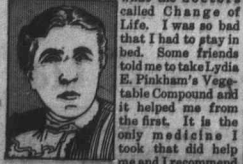
Ottawa Citizen: The sincere temperance advocate has the greatest consideration for people who have used alcoholic liquors more or less all their lives not knowing that the practice was harmful either to themselves or to the children who might be born to them. But the truth in respect to alcoholism must be declared again and again that people may free themselves from this great menace to the individual and the nation. What is the truth and where may it be found? Great government commissions in many countries have spoken with no uncertain sound; church conventions of all denominations have spoken and the great employers of labor have spoken and they all agree that alcohol in any form if used frequently is poisonous to the drinker and his offspring. Read and weigh the following sentences from the report of the French commission and determine for yourself whether the Citizen attaches too much importance to this matter.

"Sins of the alcoholic parent are visited upon the children. If they survive infancy they are threatened with insanity or epilepsy and many are carried away with tuberculosis. For the health of the individual, for the

AILING WOMEN OF MIDDLE AGE

Mrs. Doucette Tells of her Distressing Symptoms During Change of Life and How She Found Relief.

Bellefleur, Nova Scotia, Can.—"Three years ago I was suffering badly with what the doctor called Change of Life. I was so bad that I had to stay in bed. Some friends told me to take Lydia E. Pinkham's Vegetable Compound and it helped me from the first. It is the only medicine I took that did help me and I recommend it. You don't know how thankful and grateful I am. I give you permission to publish what your good medicine has done for me."—Mrs. SIMON DOUCETTE, Bellefleur, Yarmouth Co., Nova Scotia, Canada.



Such warning symptoms as sense of suffocation, hot flashes, headaches, back-ache, dizziness, nervousness, irritability, constipation, variable appetite, weakness and impatience, and dizziness, are promptly headed by intelligent women who are approaching the period in life when woman's great change may be expected.

Lydia E. Pinkham's Vegetable Compound invigorates and strengthens the female organism and builds up the weakened nervous system. It has cured many women safely through this crisis.

If you want special advice write to Lydia E. Pinkham Medicine Co. (consultants) Lynn, Mass. Your letter will be answered, free and by a woman, and held in strict confidence.

Minard's Liniment Course Dispensed.

existence of the family, for the future of the nation, alcohol is one of the most terrible scourges."

He Knew She Was Right.

In a Missouri town a desperate character, intoxicated, attempted to run white ribbons from their post at the entrance to the polls. He absolutely threatened them and it appeared for a moment as if the W. C. T. U. leader might be shot. She looked the infuriated brute straight in the eye and refused to withdraw her women. Her very quickness disconcerted him and he failed to discharge his weapon. She talked to him calmly but firmly, and at last he went away and left her holding the fort. The next day he said, "I like that woman. She isn't afraid to stand her ground. She was right and she knew I knew it."

Eczema on the Head.

Mr. Peterson, South Bay, Ont. writes: "For years I suffered a sort of eczema on the head. I tried four different doctors, giving each a fair trial, but the disease grew worse and spread to my arm. I got Dr. Chase's Ointment and it has entirely cured me. I give my name because I want other sufferers to know about this splendid Ointment."

'Go Where I Cast Anchor.'

These words were spoken to him by John Knox a few hours before his death. Where did John Knox cast anchor? In the seventeenth chapter of John's Gospel. Canst thou find any other anchorage, as thou surveyest the earth at this moment of time? No, there is none. Cast thou thine anchor in that chapter, live, tell and pray that that chapter of the divine promise, of the unity of all believers, of the union of Christendom, of our part in God's plan, may make that chapter the charter of Christendom.

MINARD'S LINIMENT CO. LIMITED
GENUINE: A sample of this liniment sent free of charge on a reliable name by the use of MINARD'S LINIMENT.

Yours truly,
VILANDER PERREN.

Indolence is a powerful enemy.
Prayer should be the key of the door and the lock of the key.
Riches comes better after poverty than poverty after riches.
Character of the divines sort can always be built with tools right at hand.

"It lures the land to hastening illness."
Where wealth accumulates, and misdecays."

PILES

Do not let these disgusting and painful piles of your rectum, bleed, burn, or offend you. An artificial opening in the rectum will relieve you of all pain and discomfort. It is a permanent cure. The operation is simple and safe. It is the only cure. Write for circular and brochure to: Minard's Liniment Co. Ltd., 100 King Street West, Toronto.

Minard's Liniment for sale every where.

There is a great deal of railing against Christians for inconsistency and hypocrisy. But a man whose temper is sweet and whose life is helpful to others is seldom one of the cawing chorus. He knows that the vast majority of Christian people are worthy of confidence.

Children Cry FOR FLETCHER'S CASTORIA

It cannot be that I was made so that my thirst should run to the river, and my curiosity to the book, and my friendship to my friend, and yet that my soul should hold back and hesitate when it is offered the chance to go to God.—Philip Brooks.

The Chinese say: The gods cannot help a man who loses opportunity."

ALL IS NOT GOLD THAT GLITTERS



But if you see the Goldsmith's Hall Mark on it you know that it will stand the test.

Advertising is the Hall Mark of moderate priced articles, because the idea is to make the first sale—the quality makes the rest. It would not pay to advertise for one sale only. If an article is selling at a small price it is advertised regularly, you can depend on its quality.

HER MAGAZINE STORY

How Bob Found His Long Lost Ruth.

By ADELE MENDEL.

"Come on to bed, Robert; it's past midnight," said his roommate, Kenneth, as he knocked the ashes from his curvy meerschaum pipe.

"Just wait to read one more story and then I'll be with you," answered Robert, settling himself comfortably in the huge leather arm chair.

"One would think you were a love-sick maid, the way you devour those magazine stories," growled Kenneth.

"I'm not a love-sick maid, but may be I'm that kind of a man," said Robert with a quizzical air and throwing down his magazine.

"I've no doubt of that, none at all," emphatically answered Kenneth. "Any fellow of twenty-eight who refuses to call on girls, declines all invitations to dances, dinners and parties, who never changes the color or style of his necktie, has something wrong with him, mark my word."

"Her name is Ruth Wilson," began Robert, as if he were repeating a well-known lesson. "She was a little pen-and-ink sketched and sold some of her work to our firm; that is how I first became acquainted with her. But our acquaintance soon grew to friendship, and then it wasn't many months before we both knew we were in love with each other. I wanted to marry at once, but Ruth insisted upon waiting a year, as she felt she had a future in her artistic career and was not yet willing to give it up. Patiently I agreed, and at the end of the allotted time she begged for six months more. And then another year and yet another delay, until one evening, as we were seated in her two-story hall-room studio on the third story of a second class boarding house, irritated by her seeming preference for her profession when she again asked for a postponement of our marriage, I lost my temper and buried unkind, angry words at the girl. Naturally, she resented my attitude. One word led to another, I banged the door and dashed like a madman down the stairs and out of the house. I walked miles and miles,

publisher's office, where he discovered that the name signed to the story was the author's real name, and that she lived in a small suburb in the outskirts of New York. Jumping on a train, after two impatient hours he reached his destination. A pretty girl, with a twinkling eye and sympathetic voice, answered the bell. He introduced himself, explained his mission, and added:

"Tell me, please, where I can find your heroine, for find her I must."

"I'll gladly give you her address, but first I wish to explain how I came to have the story published. Ruth, after leaving New York in an unhappy state of mind, came here to visit and rest with me. Poor thing, she was so distressed that I begged her to tell me the cause. I never intended to use the story for material to sell, but just wrote it up because its dramatic possibilities appealed to me. Last fall I sprang my arm, and mother, addressing some manuscripts to my publishers, in mistake included the story. I felt dreadful at the time to think that it might appear as a breach of confidence. But now, if it will be the cause of bringing Ruth and you together again, I will be the happiest of girls."

Robert thanked the girl, boarded his train, and lost no time in reaching his office and writing a passionate appeal to Ruth for forgiveness.

Many and weary were the weeks that followed. Hope and despair alternated in Robert's breast, but no answer came.

"It's no use," he remarked one evening to Kenneth. "Ruth has received my letter long before this, and it is evident that she no longer cares enough for me to answer it. I don't see."

The telephone rang, and Robert stepped to the phone. He heard a girl's voice say, "Is this you, Robert? I just received your letter, returned to me from England. I am stopping with my aunt, Mrs. Davenport, who, strange to say, lives in an apartment next to yours. Would you care to come over?"

"Would I care to?" cried Robert. "Oh, girl, just wait two minutes and see!"

As Robert bounded down the stairs, Kenneth said to himself: "I guess the little authoress won't be able to call her story 'Unfinished' any more."

(Copyright, 1912, by W. G. Chapman.)

HIS FIRST USE FOR WEALTH

For a Millionaire, Mose's Aspirations Would Seem to the Ordinary Man Singularly Modest.

E. F. Swinney, president of the First National bank of Kansas City, was born in the south, says the Saturday Evening Post. He goes back home once or twice a year and it is part of the homecoming program to have Old Mose polish his shoes. Old Mose prides himself on the fact that he has known "Mist' Eddie" since he was born—and "Mist' Eddie" before him!

When Mr. Swinney was there recently Mose was polishing his shoes. He stopped and asked:

"Mist' Eddie, how much is a million dollars?"

"Well, Mose," Mr. Swinney replied, "you have seen ten silver dollars, haven't you? Now, imagine ten of those stacks and you have a hundred dollars. Ten times that and you have \$1,000. Then ten times that and you have \$10,000—and 100 times that and you have a million."

"Mist' Eddie," continued Mose, greedily, "would all that money, say, ever do you any good?"

"No, Mose—not if they were piled to the ceiling. What would you do if you had a million silver dollars, Mose?"

Mose stopped shining. He pondered for a minute. Then he said:

"What do you do, Mist' Eddie, I reckon I'd have mah cistern cleaned out."

Decided by Appearances.
John Melpolder, superintendent of the Boys' club, is very fond of walking. Melpolder was camping recently north of Broad Ripple and decided to walk to Indianapolis. The roads were dusty and the sun beat down unrelentingly. When Melpolder reached Broad Ripple he had covered ten or twelve miles and looked like a tramp. Coming to a fork in the road, and not being sure of the correct route, Melpolder approached two girls and a young man sitting in the shade.

"Can you tell me how to get to Indianapolis?" he asked. The correct road was pointed out and as he started to plod on one of the girls said:

"Why are you not going to walk, are you?"

"Why, yes," said the pedestrian, "I thought I would."

"Here," he said, fishing out 2 dimes, "you better ride the street car. You can catch it about a square up the road."

Then each girl handed him a coin. Melpolder thanked them kindly for their proffered assistance, but declined the offer, saying that he preferred to walk. When he started on they looked after him in open-eyed astonishment.—Indianapolis News.

Real Comeback.
"Why do you spend so much cash on the crease of your pants, hey?"

"It is important, dad, not to wear baggy trousers."

"Important, is it? Why, your young cub, look here. Did you ever see a statue of a man who wore baggy trousers?"—Louisville Courier-Journal.

Dropped into Poetry.
"Our office boy dropped into poetry yesterday."

"How was that?"

"The literary editor kicked him into the wastepaper basket."—"The Blue."

Dr. A. J. McKenna

Graduate of Philadelphia Dental College
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\$5.75 Barrel

Delivered Customer's nearest Station

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Put up in the new galvanized iron hopp, pickle tight barrels and half barrels we are shipping them anywhere in Nova Scotia, freight paid to customer's nearest station, at the following low prices:—

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Let's make a Jelly Roll— With FIVE ROSES flour.

Its Strength and Fineness hold your batter together in the long well-greased pan. Bakes evenly. Smooth Texture—soft, golden Crumb, spongy, porous, yielding. No holes, nor lumps to vex you. And when you turn it out on the damp napkin hot and savoring, and you spread the under side with "jelly"—It doesn't get soggy nor crumbly. Roll it gently, carefully. Not a crack—not a break. Perfect Smoothness—A Perfect Roll—Yours. Bake anything, make anything. Use FIVE ROSES—bread and pastry. Molding puff paste—flaky pie crust—crinkly fritters—tuckermore rolls. FIVE ROSES for anything—everything. Be flourwise.

The Five Roses Flour

Not Bleached Not Blended

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In Wolfville, N. S., 7 Rooms, Bath, hot and cold water, Electric lighted, hot water Heat, best Location. First-class dollars. Partly furnished if desired. Inquire Mrs. H. G. COLLIER, Wolfville.

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