

### A SMILE IN EVERY DOSE OF BABY'S OWN TABLETS

Baby's Own Tablets are a regular joy giver to the little ones—they never fail to make the cross baby happy. When baby is cross and fretful the mother may be sure something is the matter, for it is not baby's nature to be cross unless he is ailing. Mothers, if your baby is cross, if he cries a great deal and needs your constant attention day and night, give him a dose of Baby's Own Tablets. They are a mild but thorough laxative which will quickly regulate the bowels and stomach and thus relieve constipation and indigestion, colds and simple fevers and make baby happy—there surely is a smile in every dose of the Tablets. Baby's Own Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

High heels for women's shoes were first used 90 years ago.

Minard's Liniment For Dandruff.

### French Industry in War Zone is Recovering.

Manufacturing industries are rapidly resuming operations in the devastated district, says a Paris despatch. This is shown by a report of the Office of Industrial Reconstruction, which has been investigating the restoration of factories and workshops which, before the war, employed more than twenty workmen.

Of the 4,321 establishments in which inquiries have been made, 3,392 have resumed work in whole or in part. A classification of the various trades concerned shows that 88.4 per cent. of metal works are again active; 81.5 of the potteries, stone and brick works; 80.4 per cent. of the chemical industries and 70.8 for the textile industries.

The relatively slow rate of progress of the textile factories is said by the bureau to be due to the fact that the looms were deliberately destroyed and it is taking some time to replace the delicate machinery.

These 4,321 establishments employed 778,915 persons in 1914; in November, 1920, they employed 355,852, or 45.7 of their 1914 personnel.

While the factories have for the most part been rebuilt much as they were in 1914, the houses which shelter the workers are mere wooden huts, although brick shanties are springing up in the districts where bricklaying is practicable.

Thus the proportion of resumption of activity bears no relation to the recovery of the towns and villages, which it will be impossible to rebuild as formerly.

### FREQUENT HEADACHES

#### A Sure Sign That the Blood is Watery and Impure.

People with thin blood are much more subject to headaches than full-blooded persons and the form of anaemia that afflicts growing girls is almost always accompanied by headaches, together with disturbance of the digestive organs.

Whenever you have constant or recurring headaches and pallor of the face, they show that the blood is thin and your efforts should be directed toward building up your blood. A fair treatment with Dr. Williams' Pink Pills will do this effectively, and the rich red blood made by these pills will remove the headache.

More disturbances to the health are caused by their blood than most people have any idea of. When your blood is impoverished, the nerves suffer from lack of nourishment, and you may be troubled with insomnia, neuritis, neuralgia, or sciatica. Muscles subject to strain are undernourished and you may have muscular rheumatism or lumbago. If your blood is thin and you begin to show symptoms of any of these disorders, try building up the blood with Dr. Williams' Pink Pills, and as the blood is restored to its normal condition every symptom of the trouble will disappear. There are more people who owe their present state of good health to Dr. Williams' Pink Pills than to any other medicine, and most of them do not hesitate to say so.

You can get Dr. Williams' Pink Pills through any dealer in medicine or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams Medicine Co., Brockville, Ont.

### Wordless Telephones.

An invention which makes it possible to carry on a conversation direct from the throat instead of the mouth promises to revolutionize telephonic conversation.

Known as the Laryngophone, the invention enables a person to talk in noisy surroundings or under abnormal conditions, and at the same time leave the mouth free for breathing purposes.

The transmitter is about the size of a wrist watch. It gathers up the vibrations direct from the vocal chords when it is placed in contact with the throat, and the sounds are plainly heard in the receiver.

A special apparatus has been designed for fire brigades, enabling a superintendent to be in constant touch with his masked men, and to converse with them readily. Hose men working on ladders and roof tops can keep in telephonic touch with those working in other parts of a burning building.

The invention can also be used between chauffeur and motor-car passenger, between air pilot and passenger, in noisy workshops, in railway tunnels, and in marine engine-rooms. The submarine worker can talk to men on the surface, or make signals to the operator by simply dropping his jaw to the full extent, this movement working a switch.

### TAKE NOTICE.

We publish simple, straight testimonials from well-known people, not press agents' interviews.

From all over America they testify to the merits of MINARD'S LINIMENT, the best of Household Remedies.

MINARD'S LINIMENT CO., LTD. Yarmouth, N.S., Branch Factory, St. John's, Nfld.

### Nobles as Navvies.

Now that they can never regain their old glory, the exiled Russian nobility who formerly adorned the late Czar's court are enjoying the novelty of working for their living.

There are in France hundreds of these nobles engaged in different industries, and some are actually doing manual work as navvies. Moreover, many officers who once held high rank in the Russian army are now taxi drivers in Paris.

Count Paul Ignatieff, who was a close friend of the murdered Tsar, now sells milk in Garches. His wife, who was the most beautiful woman in Petrograd, milks the cows at dawn, while the Count's second son grows mushrooms at Saint-Germain.

The most dashing cavalry officer of Russia, Colonel Skouratoff, has exchanged the sword for the hoe, and is becoming an agricultural expert. At a Paris garage another famous colonel may be seen any day in overalls.

General Nicolajeff, commander of the Russian troops in France during the war, now drives a motor-lorry for a wholesale firm in Paris.

Two princes are bank clerks, and many nobles and officers have become motor mechanics. Prince Borja paints lively interior decorations for chateaux. In order to buy his outfit he had to pawn his jewels.

### AUTO SPARE PARTS

for most makes and models of cars. Your old, broken or worn-out parts replaced. Write or wire us describing what you want. We carry the largest and most complete stock in Canada of slightly used or new parts and automobile equipment. We ship C.O.D. anywhere in Canada. Satisfaction or refund in full our motto. **Shaw's Auto Salvage Part Supply, 822-821 Dundas St., Toronto, Ont.**

### BITS OF HUMOR FROM HERE & THERE

#### His Complaint.

The doctor said, as he bent over the patient, "I don't quite like your heart action." Then, as he again applied the stethoscope, he added:

"You have, I take it, had some trouble with angina pectoris?"

"Well, doc," said the young man, rather sheepishly, "you're partly right; only that ain't her name."

#### Needed a Horse.

A prosperous grocer in a certain town had occasion recently to engage a new errand boy for the Christmas rush. Trade was very brisk, and the lad had a great deal of work to do in delivering the parcels in different parts of the town.

"Well, George, how did you get on on Saturday?" asked the grocer on Monday morning.

"Oh, fine," replied the boy; "but I'll be leavin' at the end of the week."

"Why, what's up now?" queried his master. "Are the wages not high enough?"

"I'm not findin' any fault with the pay," replied the boy, "but the fact is, I'm doing a horse out of a job here."

#### What Was the Harm?

Schoolmaster Robinson was stern, wore long hair, and believed in discipline.

One morning Willie Jinks misbehaved himself to the extent that it was necessary to administer punishment.

Soon his parents heard the nature of his offence, and they also remonstrated with him. Nevertheless, he cared not.

"Look 'ere, mother," he spoke up, manfully. "Nothing much to scold about. I only went up to the desk and said, 'Please, Mr. Robinson, are you any relation to Crusoe?'"

The British Museum contains more than 16,000 copies of the Bible.

It is estimated that there are 550 American branch factories in Canada, 200 of which have been established since the war.

### "DANDERINE"

**Stops Hair Coming Out; Doubles Its Beauty.**



A few cents buys "Danderine." After a few applications you cannot find a fallen hair or any dandruff, besides every hair shows new life, vigor, brightness, more color and abundance.

### America's Pioneer Dog Remedies

#### DOG DISEASES

and How to Feed Mailed Free to any Address by the Author. **H. Gray Glover Co., Inc., 118 West 51st Street, New York, U.S.A.**

### WANTED

Send for list of inventions wanted by Manufacturers. Fortunes have been made from simple ideas. "Patent Protection" booklet and "Proof of Conception" on request. **HAROLD C. SHIPMAN & CO. PATENT ATTORNEYS, 20 SHIPMAN CHAMBERS - OTTAWA, CANADA**

### MOTHER!

"California Syrup of Figs" Child's Best Laxative



Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless physic for the little stomach, liver and bowels. Children love its fruity taste. Full directions on each bottle. You must say "California."

Caught in draught—stiff neck or back—won't last long if

## BAUME BENGUE

is applied. Immediate effect.

Beware of substitutes \$1.00 a tube. **THE LEONARD MILES CO., LTD. MONTREAL** Agents for Dr. Jules Bengue RELIEVES PAIN

### Classified Advertisements.

**FARM WANTED.** SEND DESCRIPTION and price. John J. Black, Chippewa Falls, Wis.

**SMOKING TOBACCO**

**BUY YOUR SMOKING TOBACCO** direct from grower. Write for prices. Chas. Barnard, Leamington, Ontario.

**AGENTS WANTED.**

**AGENTS WANTED: BLISS NATIVE Herbs** is a remedy for the relief of Constipation, Indigestion, Biliousness, Rheumatism, Kidney Troubles. It is well known, having been extensively advertised, since it was first manufactured in 1888, by distribution of large quantities of Almanacs, Cook Books, Health Books, etc., which are furnished to agents free of charge. The remedies are sold at a price that allows agents to double their money. Write Alonzo O. Bliss Medical Co., 154 St. Paul St. East, Montreal. Mention this paper.

**Say, "Hello!"**

Stop a minute and say "Hello" As down Life's Road you go; For a kindly word and a cheery smile Will shorten the way by many a mile For some poor fellow who's moving slow.

Stop a minute—and say "Hello."

Minard's Liniment Relieves Distemper.

**Rainbow Myths.**

In many countries the rainbow is spoken of as a great bent pump or siphon tube, drawing water from the earth by mechanical means. In parts of Russia, in the Don country, and also in Moscow and vicinity, it is known by a name which is equivalent to "the bent water-pipe."

When a man feels like a king, he can look kingly. Majesty, more regal than ever sat on a throne, will look out of his face when he has learned how to claim and to express the divinity of his birthright.

**WEEKS' BREAK UP A COLD TABLETS**

TRY THEM. PRICE 25c.

### OLD STANDBY, FOR ACHES AND PAINS

Any man or woman who keeps Sloan's handy will tell you that same thing

**SPECIALLY** those frequently attacked by rheumatic twinges. A counter-irritant, Sloan's Liniment scatters the congestion and penetrates without rubbing to the afflicted part, soon relieving the ache and pain. Kept handy and used everywhere for reducing and finally eliminating the pains and aches of lumbago, neuralgia, muscle strain, joint stiffness, sprains, bruises, and the results of exposure. You just know from its stimulating healthy odor that it will do you good! Sloan's Liniment is sold by all druggists—35c, 70c, \$1.40.

### Sloan's Liniment

### ASPIRIN

"Bayer" is only Genuine



Warning! It's criminal to take a chance on any substitute for genuine "Bayer Tablets of Aspirin," prescribed by physicians for twenty-one years and proved safe by millions. Unless you see the name "Bayer" on package or on tablets you are not getting Aspirin at all. In every Bayer package are directions for Colds, Headache, Neuralgia, Rheumatism, Earache, Toothache, Lumbago and for Pain. Handy tin boxes of twelve tablets cost few cents. Druggists also sell larger packages. Made in Canada. Aspirin is the trade mark (registered in Canada), of Bayer Manufacture of Monocetacidester of Salicylicacid.



### CUTICURA

#### FOR HAIR AND SKIN

For promoting and maintaining beauty of skin and hair Cuticura Soap and Ointment are unexcelled. Cuticura Talcum is an ideal powder, refreshing and cooling to most delicate skins.

Soap 25c. Ointment 25c and 50c. Talcum 25c. Sold throughout the Dominion. Canadian Depot: Green, Limited, 244 St. Paul St., W., Montreal.

Cuticura Soap shaves with out razor.

### Look into it!

If tea or coffee drinking disturbs health or comfort, switch to

## INSTANT POSTUM

There's a big gain toward health, with convenience, economy, and no loss in satisfaction

GROCCERS EVERYWHERE SELL POSTUM