COMMERCIAL.

MONTREAL, Jan. 30, 1884.

MONTREAL, Jan. 30, 1884. Chicago wheat is moderately steady and is quoted at 91% Feb. 924 March, 934 April, 955 May and 1004 June. Corn is some-what lower at 51% Feb. 52% March 577 May and 57% June. Liverpool is slightly im-proved in tone but prices are unchanged. Spring wheat quoted at 8 to 8 s44 and Red Winter 8s to 88 94. The local market is un-changed and values are nominal. We quote as follows:—Canada Red Winter, 81,92 to \$1.23; Canada White, \$1.10 to \$1,15; Canada Spring, \$1.18 to \$1.20; Corn, 634c in bond; Peas, 90; Oats, 35c; Barley, 55c to 55c; Raye 62c.

\$3.65. Buckwheat Flour, \$2.25 to \$3.10 MEALS.—Online All or \$3.00 to \$5.26; granulated, and the second state of the s

above prices a couple of cents per lb, for \$4.25; froming, \$5.25 to \$3.90 selections for the jobbing trade. Cheese is jet barel. State is a solution of the prices in the prices is also quiet. Earlier makes, 10c to 12c as to \$3.00 bs, or No. 1 middlings, at \$11 to \$32; to quality; fall makes, 12° to 13° to \$4.25 middlings, at \$15 to \$3.90 bs, or No. 2 middlings, at \$15 to \$32; for bs, or No. 2 middlings, at \$15 to \$12 to \$3.00 bs, or No. 1 middlings, at \$15 to \$12, \$20 to \$10 bs, or No. 2 middlings, at \$15 to \$12, \$20 to \$13, \$20 to \$14, \$2

Turkeys, 12c to 13/c; ducks, 10c to 12c; geese,8c to 10; chickens,9c to 10c; venison,by the carcase, 4c to 5c; do., by the saddle, 64c to

Ashes show very little life at \$4.50 for Pots.

FARMERS' MARKET.

The country roads are improving some-what, but are badly cut up with "pitch-holes" or "cabats," and very few farmers from a distance are bringing produce to the markets, "Fries are generally pretty high and continue without material change, ex-cutions has and staw which are were planand continue without material charge, ex-cepting hay and straw which are very plen-tiful and conditerably lower in price. On some evenings when there is a glut on the hay-market, pretry good hay can be bought at from \$5 to \$6 per 100 bundles. Dressed poultry are scarce and davancing in price ; eggs are also rather scarce and bring higher rates. Oats are 95c to \$1.0 per bag; peas, \$1.00 to \$1.10 per bushel ; potatoes, 70c to 80c per bag; Swedish tur-nips, 50c to 60c do ; dressed hogs are \$8.00 to \$5.50 per 100 lbs; turkeys, 12c to 16c per lb; geese, 10c to 12c do ; fouls, 10c to 14c do; ducks, 12c to 16c do. Tab butter, 18c to 24c per lb; eggs, 25c to 60c per dozen. Apples, \$3.00 to \$6.00 per barrel; hay, \$5.00 to \$8.50 per 100 bundles of 15 lbs.

LIVE STOCK MARKET

LIVE STOCK MARKET. The supply of beef cattle continues about STE equal to the demand and prices are without 94c for material change. A noticeable feature of at 85c the cattle markst here this winter is the generally improved condition of the animals offered, there being very few of the lean scallawag beef critters which were formerly market here which were formerly BAR generally improved condition of the animals offered, there being very few of the lean scallawag beef critters which were formerly so plentiful on this market. Choice steers and heifers bring from be to 50 per 1b, and had been in his employ scalely 25 years that 42 do. while common dry cows sell at about 43 do. while common dry cows sell at about 44 do. while common dry cows sell at about 45 per 1b. Slippers have lately been buy-ing all the suitable cattle they could get at the man received it, and with nervous his for sphotograph 1 "Well," said the bank for mutton critters here yet, as the butchers have ample supplies of frozen mutton on

hand. A few live hogs are being sold at from 6c to 64c per lb., and dressed hogs bring 8c per lb. by the carload.

NEW YORK, Jan 29, 1884.

NEW YORK, Jan 29, 1884. GRAIN.—The following are the closing prices for future delivery to-day:—Wheat, No. 2 Red, 81.06 Jan., \$1.06 k eFeb.; \$1.08 May. Corn, 61 e; Jan., 61 e Feb.; 62 k May. Peas, Canada field 90 e to 55c; green peas; \$1.38 to \$1.40. Rye, Western, 71 e; State 74e. Barley not moned quoted

FLOUR .- Quotations are : Spring Wheat

to 25c; Western initiation creamery, 18c to 27c; Western dairy, ordinary to best, 15c to 22c; Western factory, ordinary to best made, 9c to 20c. Rolls, 12c to 21c.

CHEESE.—The market is not materially stronger but holders are still confident. We quote as follows: — State fac-tory skims to select, 5½ to 13½; Penn-Qti ats ordinary, 5 to 12½. Determine the stress of the stre

BEEF. — We quote: — Extra mess, \$12.50 to \$13.50; Extra India mess \$24.00 to \$25.00; Plate, \$13.00 to \$13.50 in brls.

BEEF HAMS .- Sellers were firm at \$24-00 to \$24.50 spot lots, but only small lo

sold. PORK.—We quote :— \$14,50 to \$15,00 for old brands mess; \$14,00 to \$14,25 for extra prime, \$15,00 for prime mess, \$17,50 to \$18,00 for clear back and \$16,25 to \$17,00 for family.

BACON.-A somewhat quiet market, pur chasers buying for home market at 810 for

chasers buying for activity short clear. CUTREATS.—Pickled bellies, 12c lb. aver-age, 74c; to 74c; pickled shoulders, 7c; pick-led hams, 104c to 114c; smoked shoulders, 64c smoked hams, 124c to 123c.

LARD.-Prices are higher. City lard inging 9c. Western 9.30c.

bringing 9c. STEARINE.—Lard stearine is at 9½c to 9½c for choice city. Oleomargarine, weak

TALLOW.—Demand more active at 7% c to 7 1-16c for prime city.

EATING AT NIGHT BY A BOSTON PHYSICIAN.

Popularly, it is thought injurious, but unless dinner or supper have been late or the stomach disordered, it is harmless and beneficial, i. e., if one be hugry. Four to five hours having elapsed since the last meal, invalids and the delicate harmess and beneficial, i. c., if one of hungry. Four to five hours having elapsed since the last meal, invalids and the deltate should always eat at bedtime. This seems heretical, but is not. Food, of simple kind, will induce sleep. Animals after eating, instinctively sleep. Human beings become drowsy after a full meal. Why t Because blood is solicited toward the stomach to supply the juices needed in digestion. Hence the brain receives less blood than during fasting, becomes pale, and the powers go dormant. Sleep therefore en-sues. This is physiological. The sinking estastion in sleeplessness is a call for food. Wakefulness often is merely a symptom of hunger. Gratify the desire and you fall asleep. The writer recently was called at two A. M., to a lady who was dving. The body was warm, the heart doing. Inclusion work. To her indignation, he ordered buttered bread (hot mulk or beeft-ta were better) to be caten at once. Obeying, the moribund hady was soon surprised by a re-turn of life and desire to sleep. The feeble will be stromger at dawn if they cat on going to bed. Fourteen hours lie between supper and breakfast. By that time the fuel of the body has become ex-pended. Consequently, the morning toilet futgues may. Let such eat at bed-time, and take a glass of warm milk or beeft the strest sounds heret a 200 gas the abult's δ

⁴⁴ But the stomach must rest.³⁷ True. Yet when hungry we should eat. Does the infant stomach rest as long as the adult's *i* The latter eats less often merely because his food requires more time for digestion. Seldom can one remain awake uutil half-past ten or eleven P. M., without hunger. During the night give wakeful children food. Sleep will follow. The sick should invariably cat during the night. This is imperative. At night the delicate and children my take, slowly, warm milk.

imperative. At night the delicate and children may take, slowly, warm mik-beef tea, or oatmed gruel. WigitX, beef, matton,chicken and bread, raw oysters, all, of course, in moderation. Do not eat if not hungry. Eat if you are.—The House-hold.

NOTICE TO SUBSCRIBERS IN THE UNITED STATES.

ubscribers

Some folks never touch a drop. Of whiskey, wine, or beer, Which is by far the better way For all assembled herc.

SCHOLARS' NOTES.

(From Westminster Question Book.)

LESSON VI. Feb. 10, 1884.1 [Acts 16:11-24

THE CONVERSION OF LYDIA. COMMIT TO MEMORY VS. 13-15.

1). Therefore loasing from Trans, we came with a straight course to Samothracia, and the next day to Reapolis; 12. And from thence to Phillippi, which is the chief city of that part of Macedonia, and a col-ony; and we were in that city abiding certain days.

ays, 13. And on the sabbath we went out of the city y a fiverside, where prayer was wont to be nade; and we sat down, and spake unto the wo-nen which resorted thither.

men which resorted thither. 14. And a certain woman named Lydia, a sel-ler of purple, of the city of Thyatra, which worshipped God, heard us: whose heart the Lord opened, that she attended unto the thingy which were spoken of Tauli, and her house-13. And when she was baptized, and her house-ise to be stillability of the set index nouse, and abide there. And she constrained us.

18. And this did she many days, But Paul, being grieved, turned and said to the spirit, I command thee in the name of Jesus Christ to come out of her. And he came out the same hour.

And when her masters saw that the hope of their gains was gone, they caught Paul and Silas, and drew them into the market-place unto the rulers,

20. And brought them to the magistrates, say ag, Those men, being Jews, do exceedingly rouble our city. ing,

21. And teach customs, which are not lawful for us to receive, neither to observe, being Ro-

mans. 22. And the multitude rose up together against them, and the magistrates rent off their ciothes, and commanded to beat them. 33. And when they had laid many stripes upon them, they cast them into prison, charging the paler to keep them safely :

24. Who, having received such a charge, thrust them into the inner prison, and made their feet fast in the stocks.

GOLDEN TEXT.

ten	Whose heart the Lord opened, that she at- aded unto the things which were spoken of ul.'-Acts 16: 14.
	HOME READINGS.
Т.	Acts 16: 11-24 Conversion of Lydia 2 Cor. 2: 1-18 A Door Opened. Luke 24: 36:17 The Gound Among

	Allo	UK.
	al! Nations.	
Th.	Luke 4: 33-14 Demons Silenced.	
F.	Cor. 11: 21 33In Stripes and	in
	Prisons.	
S.	1 Pet, 4 : 12-19Suffering for Chri	st.
8.	Phil. 4: 1-23 Paul to the Phil	10-
	pians.	

LESSON PLAN.

1. Lydia's Heart Opened. 2. The Soothsayer Healed. 3. The Opposers Enraged. Time.-A.D. 51. Place.-Philippi.

INTRODUCTORY.

INTRODUCTORY. Our lesson to-day tells us how Paul and his associates, in obscience to the divine cail, crossed the Agean Sea into Macedonia and laid the foundations of the first European church in Philippi. Observe the different effects of the gos-pells titls explore the different effects of the go-position, but even their persecuting rage is in the end made to work for the furtherance of the gospel.

LESSON NOTES.

Benefitten, but even their persecuting rage is in the east made to work for the intribution of the structure of the struct

WHAT HAVE I LEARNED?

I. That teaching and preaching the truth are the means for saving souls.
Z. That no heart opens to the truth till the Lord opens it.
That men sometimes hate and oppose the truth because it puts a stop to their wicked ways of making money.
A. That idelity to the truth often brings trial and persecutions.

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