

act. Think clean, wholesome thoughts, speak clean words, do clean deeds, keep clean company, read clean books, in short, try to grow as nearly as Jesus did as you can, and so become like him.

New Testament Study for Juniors at Home

St. Paul

(I.)

1. Born at Tarsus in Cilicia.—Acts 22. 3.
2. A Hebrew of tribe of Benjamin.—Phil. 3. 5.
3. Yet a free-born Roman citizen.—Acts 22. 25-28.
4. Educated at Jerusalem by Gamaliel.—Acts 22. 3.
5. Yet learned a trade (tent-making).—Acts 18. 3.
6. Became a learned Pharisee.—Phil. 3. 5.
7. Persecutes the disciples of Christ.—Acts. 8. 3; 22. 4, 5.
8. Assists in stoning Stephen.—Acts. 7. 58; 22. 20.
9. Is sent to Damascus to destroy the disciples.—Acts 9. 1, 2.
10. On the road is converted by the power of God.—Acts. 9. 3-9.
11. Soon afterward is baptized by Ananias.—Acts 9. 10-18.
12. Preaches Christ at Damascus.—Acts 9. 19-22.

The above are twelve facts about St. Paul. We want the Juniors at over Canada to write the story in their own words, as told in these twelve facts, and mail their papers to Mr. Bartlett, Colborne, Ont. In due time the best copy received will be printed in our Junior pages. Do not write more than 300 words to tell the story, and do not put it off. Study the passages and write from memory.

The Best Helps in Junior League Work

We are frequently asked where may be found the best helps in Junior meetings. It may not be out of place for us to suggest again to all such enquirers that the most valuable aids to our work are made, not bought. By this we mean that while books and papers may give desirable and helpful information regarding principles of work, they cannot work out the details for any person, place, or League. You will get the best assistance from your own Juniors if with intelligent tact you enlist them in your work. It may seem difficult for the superintendent to be able to make the meetings interesting. But the difficulty is only increased when the superintendent tries to personally do all, or to follow plans and programmes ready-made by others. You must study your own needs, adapt your methods to your own locality, engage the co-operation of as many as possible of your members, and aim to be as original in planning and working out your plans as possible. To slavishly follow any other person's "lead" is to lose force, freshness and power in your meetings. The best helps are not in books or papers; but in boys and girls. These, led by a superintendent who has studied them and the work they are expected to do, will prevent deadness or dullness in any League. "But what can I get them to do?" will be asked by some. If we knew your position, if we were acquainted with the Juniors themselves, we might answer you; but if you are not sufficiently alert to see what can be done, and fertile enough in expedients as to the best way to do it with the Juniors you have in charge, you had better

do some quiet thinking. The demand for ready-made "helps" generally comes from "workers" who do not work. If you are of the "easy-going" kind who ask for a "cut-and-dried" outline for your every meeting, and either cannot or will not undertake something peculiarly your own, you had better wake up or resign. Make your helps by developing helpers from among your members. Utilize the plans that will best serve your local interests and at the same time build up your members in character, knowledge and usefulness. Knowledge of the children is better than books, and may be obtained by careful study of them. Try it.

Marion and the Shadow Man

Marion was in her room one afternoon, feeling very cross; for she quarrelled with her cousin Jane, and had come home in tears.

"Dear me," half sighed a voice behind her, "you do make me such a lot of work!"

Marion turned around quickly, and saw a little gray-bearded man with a sad countenance carrying a large bag. "I feel of something that bulged it here and there very roughly."

"Well," she exclaimed, "I don't see how that can be! I do not know you, and I certainly never told you to do anything. Who are you?"

"Why, I am the Shadow Man. I pick up and carry away all the shadows you make. You have rag men to take away the rags, junk men to take away old bones and bits of iron and such things, and of course you need to have a Shadow Man to take away the shadows. If you did not, you would soon be covered so you could not have any sunshine at all."

"What do you give for shadows?" asked Marion, with a thought of adding to her store of pennies.

"Oh, I never give anything for them. Shadows are things no one wants, so the ones who make them pay for them, though they never pay me." "I do not understand," said the little girl. "If you get nothing, and yet I have to pay for making shadows, who does get the pay?"

"No one gets it. The shadows absorb all the pay you give for them, and a great deal of other folks' property besides," answered the old man.

"When did I ever pay for making shadows?" demanded Marion.

"Well, you were cross to-day with your cousin. You were to blame about wanting the doll all to yourself, and so you have paid a good deal of afternoon's pleasure already for making a shadow on Cousin Jane's face. To-morrow you will be sorry, but you cannot go there and enjoy yourself, so you will pay some more; and you will keep on paying, perhaps, till you have paid a very high price."

"Well, what is it to you if I do?" grumbled the child, half ashamed that she had been so foolish.

"Oh, I have to come around and take care of the shadows! See, here are some you have made to-day!"

The little man opened the bag and pulled out a handful. They were very light and thin, but quite broad. He laid them out on Marion's bed for her to look at. "Here is the first one," he remarked. Marion saw the shadow of a lazy girl lying in bed. "That one," continued the Shadow Man, "I found clinging to your mother. You put it on her; for she did not sleep well last night, was tired, and needed you to help get breakfast. This one, you see, is the shadow of a hand. I found that on the side of your little brother's face."

"Yes," owned Marion, with a guilty air. "I did threaten to strike him. I raised my hand to do it, but I did not suppose the shadow would stay like that."

"Here is a small shadow I found on dear Aunt Caroline's heart," continued the old man. "She spoke pleasantly to you when you were going to school, and you did not answer her because you were in a hurry. So the shadow settled upon her. Of course, you did not mean to make her unhappy, but you should be more thoughtful."

"What," said Marion, as she felt her cheeks burn at the sight of the great heap of shadows before her, "do you do with them?"

"I take them where it is sunshiny and keep them in the light, hanging them upon lines, usually, till they bleach out, then I bring them back. The things you have done to make people feel badly you remember when I return them. If you keep kind and true, these shadows will remain white, and you will not notice them; but if you keep on making new ones all will be black, and after a time no one will love you, because you bring a shadow wherever you go."

Marion had a sudden resolve. "Leave those shadows here. I will take care of them myself, and I will try not to make any more."

Just then a ray of sunshine fell upon the Shadow Man, and Marion saw that it shone right through him. He seized his bag, and whisked out of sight in a moment, just as Marion's mother came into the room and said:

"Well, I declare! Here is my little girl fast asleep!"—S. S. Times.

Who Can Tell?

1. The nation that begins everything.
2. The nation that is murderous.
3. The nation with a name.
4. The nation of the poets.
5. The nation that travels.
6. The nation that consults oracles.
7. The nation that is terribly afraid.
8. The nation that is always deferring.
9. The nation that is mightily angry.
10. The nation that is especially charming.
11. The nation that rules all.
12. The nation that utterly destroys.
13. The nation that is mediative.
14. The nation that is a stranger.
15. The nation that is crowned.
16. The nation that excels in light.
17. The nation that stands still.
18. The nation whose doom is fixed.
19. The nation of a resolved nature.
20. The nation of an inquiring turn of mind.
21. The nation of a bovine character.
22. The nation that is famed for planting seeds.
23. The nation that is always quarrelling.
24. The nation that delights in coalition cabinets.
25. The nation that finishes everything.

The Cats and the Rats. If three cats can catch three rats in three minutes, how many cats can catch one hundred rats in one hundred minutes?

The Man in Jail. A man in jail was asked who it was who visited him, and replied: "Brothers and sisters have I none, but that man's father is my father's son."

Dorothy—"Mamma, Willie Primly keeps staring at me all the time in church."

Mother—"Where does he sit?" Dorothy—"Right behind me, mamma."