

"INCURABLE" HEART DISEASE SOON CURED.

**Franklin Miles, M. D., LL. B., Will Send
\$2.50 Worth of His Treatment Free.**

To demonstrate the unusual curative powers of his New Special Treatment for diseases of the heart, nerves, stomach or dropsy, Dr. Miles will send, free, to any afflicted person, \$2.50 worth of his new treatment.

It is the result of twenty-five years of careful study, extensive research, and remarkable experience in treating thousands of heart, stomach and nervous diseases, which so often complicate each case. So certain are the results of his New Treatment that he does not hesitate to give all patients a trial free.

Few physicians have such confidence in their skill. Few physicians so thoroughly deserve the confidence of their patients, as no false inducements are ever held out. The Doctor's private practice is so extensive as to require the aid of forty associates. His offices are always open to visitors.

Con. N. G. Parker, Ex-Treasurer of South Carolina, says, "I believe Dr. Miles to be an attentive and skillful physician, in a field which requires the best qualities of head and heart." The late Prof. J. S. Jewell, M. D., editor of the *Journal of Nervous and Mental Diseases* of Chicago, wrote "By all means publish your surprising results."

Hundreds of "Incurable Cases" cured. Mrs. Frank Smith, of Chicago, was cured of heart dropsy, after five leading physicians had given her up. Hon. C. M. Buck, banker, Faribault, Minn., writes, "I had broken completely down. My head, heart, stomach and nerves had troubled me greatly for years. Feared I would never recover, but Dr. Miles' Special Treatment cured me after six eminent physicians of Chicago and elsewhere had completely failed." Mrs. P. Countryman, of Pontiac, Ill., says: "Several years ago when I sent to Dr. Miles for treatment, three physicians said I could not live two weeks. I could not walk six feet; now I do all my work."

1000 references to, and testimonials from Bishops, Clergymen, Bankers, Farmers, and their wives will be sent free. These included many who have been cured after from five to thirty physicians had pronounced them incurable.

Address Dr. Franklin Miles, 201 to 209 State street, Chicago, U. S. A., for free treatment. Duty free. Mention this paper.

"Ye Did It Unto Me."

Since Christ is still alive in every man
Who has within him one upspringing germ
Of heavenward-reaching life, though crushed,
infirm

And dwindling in the hot simoons that fan
Only the jungle growths of earth—we can
Best minister to him by helping them
Who dare not touch his hallowed garment's hem:
Their lives are even as ours—one piece, one plan,
Him know we not, him shall we never know
Till we behold him in the least of these
Who suffer or who sin. In sick souls he
Lies bound and sighing; asks our sympathies;
Their grateful eyes Thy benison bestow,
Brother and Lord—"Ye did it unto Me."

—LUCY LARCOM.

"He is the strong preacher or strong Christian who bows his will, mind and heart to God. The divine word is to him the end of all controversy. He preaches and lives as it directs. It is not for him to set up his judgment against the Scriptures. The most potent argument with him is a 'Thus saith the Lord.'"

TO CONSUMPTIVES.

The undersigned having been restored to health by simple means, after suffering for several years with a severe lung affection, and that dread disease Consumption, is anxious to make known to his fellow sufferers the means of cure. To those who desire it, he will cheerfully send (free of charge) a copy of the prescription used, which they will find a rare cure for Cough, Asthma, Catarrh, Bronchitis and all throat and lung maladies. He hopes all sufferers will try his remedy, as it is invaluable. Those desiring the prescription, which will cost them nothing, and may prove a blessing, will please address,

Rev. EDWARD A. WILSON, Brooklyn, New York

Health and Home Hints.

The Mending Basket.

When the clothing comes from the laundry confide such of it as needs the "stitch in time" to the work basket. And by the work basket is not meant the little basket that holds the spool and thread and the right sewing materials, but a basket large enough to hold whatever needs to be repaired, or whatever piece of unfinished work may be on hand. Never let an unmended article get back into a drawer of clothing that is ready for service.

And when the repairs have been made, place the fresh article at the bottom of its own pile, using for your next occasion the article on the top of the pile. In this way none of the clothing will be allowed to remain in the drawer until it becomes yellow from lack of use, and the wear will be about equal on all the suits. One of our objects is to dress well, and, at the same time, to avoid great accumulations of garments—too good to be thrown away, not good enough for comfortable use, yet endured for economy's sake.

Never fall into the mistake of supposing that it is of no importance that my garments be nice except those worn in sight. Fineness of texture, daintiness of trimming, these can be dispensed with, but perfect cleanliness and perfect wholeness are indispensable. There is an intangible ethical influence, or as a good country mother puts it: "There's a sight of good manners comes jest with bein' dressed up. My children always behave better in their best clothes." She was right. The girl who "don't care what she puts on" doesn't care for some other things that she ought not to forget.

That same good country mother used to say: "Always wear what you would be wilin' to be brought home in if somethin' dreadful should happen." Nothing dreadful ever did happen, but her children all grew up feeling that nothing could be more "dreadful" than to be found in soiled or ragged attire.—Public Ledger.

Often an oatmeal gruel is invaluable in a sick room menu. A trained nurse taught one housekeeper the perfection of its compounding. The coarse oatmeal was used, and was pounded before it was put in a bowl, and the latter filled with cold water. Then the meal was stirred, allowed to settle, and the water carefully poured off three times—the water thus obtaining making the gruel. It was boiled for fifteen minutes, seasoned, strained and mixed with a teacupful of hot cream. Served with crisp but tender oblongs of toast, it was a dish that was always welcomed by the invalid.

Quick cooking and very little water are the secrets of good cranberry sauce. A small cupful of water to a quart of the berries is sufficient, and ten minutes should cook the fruit enough. Beyond that its bitter flavor is developed. Add the sugar just as the sauce is taken from the stove.

Crumbed Oysters.—Put a quart of oysters over the fire and bring to the boiling point; skim and turn into strainer which has been placed over a bowl. Return the juice to the fire and thicken with two tablespoonfuls of butter rubbed into the same quantity of flour; season with a tablespoonful of grated cheese, salt, pepper, and a taste of nutmeg. Now add the oysters, pour into a buttered baking-dish, and cover the top with a cupful of fine bread crumbs. Dot with butter and bake twenty minutes.

Rheumatic Pains.

CAUSED BY AN IMPURE CONDITION OF THE BLOOD.

LINIMENTS AND OTHER OLD FASHIONED
REMEDIES WILL NOT CURE—THE RHEUMATIC
TAINT MUST BE REMOVED
FROM THE BLOOD.

The lingering tortures of rheumatism are too well known to need description, but it is not so well known that medical science now recognizes that the primary cause of rheumatism is impure or impoverished blood. The result is that hundreds of sufferers apply external remedies which cannot possibly cure the trouble. The only thing that will really cure rheumatism is an internal medicine that will enrich the blood and free it from rheumatic taint. The surest, quickest and most effective way to do this is to take Dr. Williams' Pink Pills, which are proved to have cured thousands of cases of rheumatism many of them after all other medicines had failed. The case of Mr. Philip Ferris, one of the pioneers of South Essex, Ont., is proof of this. Although Mr. Ferris is 76 years of age he is as smart as many men of 50. But he has not always enjoyed such good health. Mr. Ferris has the following to say about his illness and cure:—"For fifteen years I suffered greatly from rheumatism. At times I would have severe pains in the knees, while at others the pain would spread to my hips and shoulders. I tried several remedies which were of no avail until I began using Dr. Williams' Pink Pills. I took eight or ten boxes and they completely cured the trouble and I am now as smart as many men much younger. I have a great deal of faith in the pills for I know of other cases where they have been equally as successful as in mine."

Dr. Williams' Pink Pills make new, rich, red blood and strengthen the nerves with every dose. It is in this way that they cure such troubles as rheumatism, sciatica, neuralgia, kidney and liver trouble, partial paralysis, St. Vitus' dance and erysipelas. Through their action on the blood they restore the color to pale and sallow cheeks and cure the ailments that make the lives of so many women miserable. The genuine always have the full name "Dr. Williams' Pink Pills for Pale People" on every box. Sold by all dealers or sent post paid at 50 cents a box or six boxes for \$2.50 by addressing the Dr. Williams' Medicine Co., Brockville, Ont.

Didn't Believe It.

Here is an interesting anecdote of Jacob Grimm. Some readers will remember that one of his prettiest tales ends with the words "whoever refuses to believe this story owes me a thaler." One winter morning a little Jewish girl rang the doorbell and asked the servant if Herr Professor Jacob Grimm was at home. When informed that he was not, she said, politely: "Will you please hand him this thaler when he returns?" The servant took the coin, glanced at it curiously, and inquired who sent it and what it was for. "I owe him the money myself," said the little girl. "Why? What for?" "Because I don't believe the story about the wolf."

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