THE HOME DOCTOR.

HOW TO BE HEALTHY.

IMPURE OR BAD BLOOD.

Burdock BLOOD BITTERS The Blood reaches every portion of the body to distribute nutriment and remove effete matter and waste products. Clearly then, any influence, good or bad, affecting the blood must necessarily affect the entire system for good or evil as the case may be. To this fact is due the wonderful efficacy of Burdock Blood Bit-

ters in removing every form of blood disease. It at once strikes at the root of the trouble, removing all impurities, humors and waste matter, on which disease feeds. Such symptoms as Boils, Pimples, Blotches, Sores, Eruptions, Rashes, Tetter and nearly all skin diseases, are proof that the blood is impure, and if not cleansed these troubles may be followed by severer symptoms, such as Ulcers, Tumors, Abscesses, Festering Sores, Scrofula, and cancerous affections, which are too often neglected until firmly established. It is, however, comforting to know that in Burdock Blood Bitters we have a remedy that has cured the severest forms of bad blood, no matter how firmly seated, that is a natural foe to bad blood in any form, and that is purely vegetable, so that the user, while certain of cure, runs no risk of harm. As an instance of the power of B. B. B. over blood diseases, we may state that although we have never recommended it as a cure for Cancer, we have received reports of several cures, and many cases have greatly improved under its use.

Skin Eruptions Cured.

DEAR SIRS,—My children have long been troubled with pimples and other irritations of the skin, headache, etc. I have tried many different remedies, but nothing seemed to do much good until I tried some of your B. B. Bitters. Since I made a practice of using your Bitters, my children have got strong and well, and are enjoying good health.

Yours respectfully, R. McCONNELL, 28 Henderson Ave., Toronto, Ont.