

The Upper and the Nether Springs.

have been beaten, and we think perhaps we have not been earnest or watchful enough and resolve to try again, and again we have failed ; and this experience, repeated over and over, has made up our Christian life.

We must quit our striving, our agonizing and our resolving, and simply trustingly, by the power of His Spirit, hand over our lives to Jesus, to work in us, to will and to do of His good pleasure ; then, instead of shame and chagrin, we shall surely sing : "Jehovah is my strength and song, in Jehovah I have righteousness and strength." "I can do all things through Christ which strengthened me." As pardon and peace come by trusting and not by striving, so abiding in Jesus results from the self same trusting, and in no sense from striving. All our strength is in Christ, in whom is all power in heaven and earth. An eternal and limitless storehouse of strength is waiting to be claimed in Christ, and the only condition laid down is the absolute surrender of self and the self life, and a daily abiding in His love and fellowship. Then all that He has of strength and grace is ours, and He conquers in and through us by His glorious abiding presence.