AND WAS

## ON

## AT CLUB CRYSTAL BEACH

nuatic Events at Crystal Races a Feature — Hilton , Easy Winner in the Senthe Juniors-Belyeas Won

ARYSVILLE TEAM WON

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porated



Frosting!

What good things you can make Brown Sugar

Poor Man's Pudding!

Ginger Snaps!

More than mere "sweetening" is LANTIC Brown Sugar—it's a luscious flavour! Pure as LANTIC Fine Granulated, this exquisite and health-giving product of the sun-flooded tropics has in each tiny particle the rich syrupy "bouquet" of the sugar cane.

And this delicious sugar flavour of the cane gives character and flavour to simple, substantial sweets. Very plain cakes and desserts lack zest and piquancy when made with white sugar. That bit of zest, that dash of piquancy—it comes with LANTIC Brown Sugar. Drown Sugar.

Brown Bread, Raisin Bread, Exquisite Soft Gingerbread, Spice Cakes and Cookies, Doughnuts, Fruit Cakes, Ginger Snaps and Wafers, Puddings with Old-time Sauces, Pies, Candies, Toffies, glorify them with LANTIC Brown! Luscious!

LANTIC Brown Sugar should really cost more than white —if deliciousness is the true test of value—but you get it for less. Your grocer has luscious LANTIC brown sugar only in 100-lb. sacks, but he will give you any quantity you ask for.

ATLANTIC SUGAR REFINERIES, LIMITED MONTREAL

luscious LANTIC Recipes

Brown Bread!







Orleans