

	80-88	1989
Rum	119.5	18.1
Starches	46.3	4.6
Oils & fats	33.0	8.9
Chewing gum	25.6	67.4
Corn flour	23.6	21.1
Meats	18.8	30.1
Soups & sauces	17.3	NA
Beer	16.3	28.2
Soft drinks	8.3	26.5
Chocolate	7.8	37.3
Wheat	4.2	19.1
Milk	3.0	46.7
Coffee & tea	1.2	18.3
Pasta & cookies	(0.3)	28.7
Fruits & vegetables	(3.7)	25.2
Tequila	(13.8)	21.9
Fish & seafood	(17.7)	25.9
Vodka, whisky & gin	(27.7)	(3.0)
Brandy & wine	(58.9)	12.0

A study on food consumption prepared by the General Coordination of the National Plan for Depressed Zones and Minority Groups (Coplamar) estimates national food demand at 32 million tons annually, 21 of which are of vegetable origin (65%) and 11 of animal origin (35%). Average per capita consumption of food is estimated at 1,250 grams daily, and it was distributed as follows during 1988, as measured in kilograms per annum:

Rice	3.0 kg.
Corn	142.4 kg.
Wheat	49.3 kg.
Beans	14.2 kg.
Milk	113.7 kg.
Fish	8.7 kg.
Beef	14.0 kg.
Pork	12.6 kg.
Goat & sheep	0.8 kg.
Poultry	7.9 kg.
Eggs	13.8 kg.
Sesame	0.9 kg.
Safflower	3.3 kg.
Soya	15.8 kg.
Nuts	0.4 kg.
Avocado	6.1 kg.
Sugar	42.4 kg.