

the Synod, of which seven were vacant. During last year the 30 congregations filled had received assistance to the extent of \$1,800 or \$162 each. It was likely that there would be five more at the end of this year, but some others might then be self-sustaining. Of the congregations assisted, one-half were in London and Hamilton Presbyteries. The report represented very strongly that the fund had not been supported as it should be. Only \$1,763 had so far been received from the Synod—considerably less than the Synod would receive from the fund. The report recommended that the Synod should express its opinion that it ought to try to raise \$7,000 next year, and also that those congregations which are morbidly deficient in their contributions to this fund should be visited by deputations from the Presbyteries. The report was adopted.

Rev. Dr. Buchanan, who for some years has been engaged in mission work among the hill men of India, then addressed the Synod on the work and its needs there. The report of the Sabbath School Committee, which was then presented by the Committee on Young People's Societies.

#### SABBATH OBSERVANCE.

A resolution opposing the desecration of the Lord's Day was carried. It was virtually aimed against the introduction of Sunday street cars. In reply to a communication from the Anglican Synods of Toronto and Niagara the following resolution was carried:—"This Synod acknowledges receipt of the courteous communication from the Anglican Synods of Toronto and Niagara in reference to religious instruction in Public Schools. In answer it reaffirms its deep sense of the importance of religious instruction having a prominent place in public education, and its sympathy to this extent with the Anglican Synods; also its conviction that the system now existing in Ontario, recognizing and providing as it does for religious instruction, is the system best suited to the circumstances of this Province. Therefore, without entering into a consideration of details, the Synod respectfully declines to commit itself to any course of action tending to impair the efficiency of the existing system by farther extending the establishment of Separate Schools."

This concluded the business of the meeting. It was decided to meet next year at St. Catharines on the first Monday in May. The Synod then adjourned.

#### ONE BOY'S FEMININE WEAKNESS.

Although he became foreman of a juvenile hook-and-ladder company before he was five, and would not play with girls at all, he had one peculiar feminine weakness. His grand passion was washing and ironing. And Ann Hughes used to let him do all the laundry work connected with the wash rage and his own pocket-handkerchiefs, into which, regularly every Wednesday, he burned little brown holes with the toy flat iron which would get too hot. But Johnny Robertson and Joo Stuart and the other boys, and even the uncles and aunts, never knew anything about this—unless Ann Hughes gave it away!—"A Boy I Know," by Laurence Hutton.

## Rich, Red Blood

Is absolutely essential to health. It is impossible to get it from so-called "nerve-tonics" and opiate compounds. They have temporary, sleeping effects, but do not CURE. To have pure blood and good health, take Hood's Sarsaparilla, which has first, last, and all the time, been advertised as just what it is—the best medicine for the blood ever produced. In fact,

## Hood's Sarsaparilla

Is the One True Blood Purifier. All druggists \$1.

Hood's Pills assist digestion and cure Constipation. 25 cents.

## MY AUNT'S ADVICE.

Brought a Young Lady out of the Shadow of Death.

A Remarkable Case That Vividly Shows the Wonderful Health-Restoring Power of Dr. Williams' Pink Pills.

From The Orangeville Banner.

There is no doubt at all that many people are prejudiced against proprietary medicines, and equally no doubt many look upon the testimonials published as much in the nature of an exaggerated puff. If the Banner has been tinctured with this feeling it has, so far as one medicine is concerned, had its doubts removed. We refer to Dr. Williams' Pink Pills, concerning the curative qualities of which strong claims have been made, and proofs advanced in their support which seemed equally strong. But it is when one comes across in their own locality a case almost rivaling any that have been made public, that doubt disappears and conviction follows. Such a case the Banner came across and investigated and now gives the facts. The case is that of Miss Sarah Langford, an estimable young lady who resides in the neighborhood of Camilla. We were told she had been brought near to death's door and had been restored to health through the agency of Dr. Williams' Pink Pills. We decided, however, to cast heresy aside and investigate for ourselves.

We found Miss Langford the picture of health and good spirits, at her pleasant home in Camilla. In response to our inquiries as to her illness and the cause of her recovery, she expressed her willingness to satisfy our curiosity, and as she added, relate her experience for the good of others afflicted as she was. Her story very briefly, was as follows:—

"I had la grippe in the spring of 1894, I did not seem to get over the effects of the attack, and as the summer progressed became weak and listless. Any kind of work became a burden to me. After pumping a pail of water from the well, I would have to stand and hold my hands over my heart for a moment or so, it would flutter so violently. I could not go upstairs without difficulty, towards the last would have to rest on the steps, and when I got to the top, lie down until I could recover my breath. I became a mere skeleton, my cheeks were like wax and my lips colorless. I lost all appetite and my meals often went untasted. Medicine seemed to have no effect upon me. I was getting weaker all the time, and at last began to give up hope of recovery. My parents were of course in great distress, and I knew by the looks and actions of friends who called to see me that they thought I was doomed to an early death. Then a dear lady friend died and I managed out of love for her to drag myself to her funeral. The sensation of seeing her laid away, believing that I would soon follow her, was a strange one. Shortly after this an aunt of mine, Mrs. Wm. Henderson, of Toronto, came to visit at our place. My condition troubled her very much and she insisted on my trying Dr. Williams' Pink Pills. To please her I consented but with little hope of any good result. The effect, however, was wonderful and a pleasing surprise to me. I soon began to feel more cheerful and seemed to feel stronger. Then my appetite began to improve and the color return to my cheeks and lips. From that hour I steadily gained strength, and was soon enjoying my former excellent health, and I am sincere in expressing my belief that to Dr. Williams' Pink Pills do I owe my recovery."

Enquiry among neighbors corroborated Miss Langford's story as to her illness and remarkable recovery. In her case at least Dr. Williams' Pink Pills have given a striking proof that they possess wonderful merits.

Dr. Williams' Pink Pills cure by going to the root of the disease. They renew and build up the blood, and strengthen the nerves, thus driving disease from the system. Avoid imitations by insisting that every box you purchase is enclosed in a wrapping bearing the full trade mark, Dr. Williams' Pink Pills for Pale People.

## BICYCLE NOTES.

What makes a wheel run hard? is a question often asked by riders who are unacquainted with the construction of the cycle. The proper answer would be a number of causes. Perhaps the best plan for any rider whose wheel runs hard would be to make a personal diagnosis of the cause. It would not take much investigation to reveal the cause. The bearings of the wheel may often be too tight or too loose; they may be so clogged up with dust and gummed as to prevent the balls from working freely; the sprocket wheel may be out of line; the chain may not be running level or may be too tight or may be in need of cleaning or lubrication; the wheels may be out of true; the frame may be bent; the head may be too tight; or there might be a number of other minor troubles. The most common trouble is the bearings, and the power to push the wheel is double that required when the balls are not too tight or too loose, but running evenly and perfectly.

The friction is perhaps greater at the chain than, at any part of the bicycle, and next to an unadjustable bearing this is the most common cause for complaint. If too tight it will grind and make a noise plainly heard by the rider; if too loose the chain is apt to jump the sprockets, with more or less serious results to the rider. Keep it always well cleaned and well lubricated with graphite or other substances, and it will work all right, if not running out of line or uneven. When the chain is in good working order and the bearings properly adjusted, the wheel works easily and delicately. The weight of the valve in the tire is sufficient to cause it to revolve of its own accord, and keep swinging, sometimes making several revolutions.

## CORRESPONDENCE.

Editor Presbyterian Review:

The territory embraced by the Presbytery of Superior is the scene of considerable activity, as well as the subject of much speculation, to say nothing of Parliamentary debate and legislation.

The huge delegation from Algoma West that waited upon the local and Federal Governments recently tells of the keen interest felt by the people of this part of Ontario in the development of the district, and the reception accorded them is the best evidence that the Governments are not without faith in the future of this part of the Province.

Men are being attracted to the rich mining locations of Algoma and Rainy River in large numbers and our Presbytery feels that the church should keep pace with material progress.

In the neighborhood of Mine Centre, in the Seino River county between 300 and 400 men have been actually employed during the past winter, and this number will be largely increased during the next six months. The Ontario Government have appropriated \$2,500,000 for expenditure this summer in this immediate district on road improvement and there is every indication of special activity at the Foley Mine as well