

OF HONOR

From Watford
vicinity Serving
the Empire

EGT.—1ST BATTALION

Swift, reported miss-
sion June 15
Stapleford
Binks
Newell, killed in action
Owens
Newell

Edward, killed in action
ingham
del
Bailey
Johnston
Johnston
Johnston
Johnston
Nichol
ps
mirth

l, killed in action
alin, D.C.M., killed in

ly

ESS PATRICIA'S C.L.I.

H. Brown

8TH BATTALION

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anks

DIVISIONAL CAVALRY

ucas

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otter

Clark.

3RD BATTALION

itchell Lloyd Howden

H. Patterson, died in

ia Hospital, London.

untain

4TH BATTALION

ohn

ll

Rogers

Hagle

Holmes

unning

Leas

0TH BATTALION

Lawrence

amerson

veday

s

holton

eyers

Wardman

1ST BATTALION

enouth

3TH BATTALION

Lamb

OUNTED RIFLES

Taylor

9TH BATTERY

tehell

ward

ANTI-AIRCRAFT

Woolvet

PIONEERS

ally

oodman

ENGINEERS

n

Y MEDICAL CORPS

andon, M.D.

J. McKenzie, M.D.

McKenzie

5TH BATTALION

chlan

MEDICAL.

JAMES NEWELL, PH. B., M. D.
L. R. C. P. & S., M. B. M. A., England,
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TRACED IN FIRE.

Glow Pictures Are Spectacular and
Easy to Make.

To make glow pictures forty parts of
salt-peter are added to twenty parts of
gum arabic, and the whole is dissolved
in forty parts of water. An ounce or
two of this mixture will be sufficient
to prepare a good many pictures. A
few sheets of white paper should next
be secured, and this should be rather
thin, similar to that which is used for
typewriting.

Now take a clean pen and draw the
picture on the paper, using the solu-
tion, which should be slightly warmed
by standing the bottle in hot water.
Anything may be delineated, the only
essential point being that all the lines
must connect. The final line should be
drawn down to the corner of the sheet,
and this spot may be indicated with a
pencil cross. Hanging the sheets up to
dry, and when the process is complete
the lines are practically invisible.

To bring up the picture first of all
turn down the borders of the sheet of
paper in such a way that it is raised
above the surface which will not be in-
jured by the slight smoldering of the
paper. Get a match and light it, plac-
ing the glowing end of the point where
the pencil cross was made on the sheet.

A trail of red fire will at once start
to burn out the picture, following the
lines which have been drawn. No other
part of the design catches on fire save
that which has been treated with the
solution. Finally the picture stands
up in strong black lines, and the effect
is very curious. There is absolutely no
danger from fire in this little experi-
ment.—Cleveland Plain Dealer.

INTENSIVE WHEAT GROWING.

Startling Results Claimed For a Rus-
sian's Methods.

Some years ago, says an English pub-
lication, a Russian farmer discovered
a method of increasing the yield of
wheat in so startling a manner that no
one believed he was telling the truth.
The Russian declared that it was pos-
sible to get seventy pounds of grain
from one seed and to make an acre
carry forty-five tons.

That does sound like a miracle, and
we do not vouch for it, but here is the
method, and if any farmer has the pa-
tience to try it he will certainly be sur-
prised at the result.

Each grain is planted separately in a
sunken bed about fifteen inches deep
and three and a half feet in width.

As soon as the grain sprouts the little
blade is covered with a thin layer of
earth about an inch and a half in
depth. The result is that you get three
stalks instead of one. At the end of
three weeks the hoe comes into use
again, and the three stalks being cov-
ered with earth, turn into nine stalks.
This process on being repeated a third
time results in twenty-seven stalks,
and the Russian in question repeated
it ten times in all, so that at last each
grain produced 59,049 stalks. If the
seed is first sown in the ordinary fash-
ion and then transplanted to the pit be-
fore mentioned you get an even strong-
er growth, so that after only eight cov-
erings more than 105,000 stalks have
been produced from a single grain.—
Youth's Companion.

Mythical Horses.

Pegasus ("born near the source of
the ocean") was the winged horse of
Apollo and the Muses. Bellerophon
rode this animal when he charged the
Chimera.

Sleipnir ("the black horse of Odin")
had eight legs and could carry his mas-
ter on sea as well as land. This ani-
mal is believed to typify the wind,
which blows from eight different
points.

Al Borak ("the lightning") was the
horse commissioned by Gabriel to carry
Mohammed to the seventh heaven.
He had a human face and the wings of
an eagle. Every step he took was
equal to the farthest range of human
vision.

According to Thessalian legend, the
first horse was miraculously brought
forth by Neptune striking a rock with
his trident.

A Voracious Monster.

The most voracious of all marine
beasts of prey is the orca, or killer
whale. It reaches a length of twenty-
five feet, and its jaws bristle with
teeth from four to six inches long and
as sharp as a dirk knife. Its digestive
power is proportioned to the tremen-
dous efficacy of its jaws. It seems also
to be an atrocious glutton, as one spec-
imen examined contained in its stom-
ach thirteen porpoises and fourteen
seals.

An Easy Pill to Take.—Some persons
have repugnance to pills because of their
nauseating taste. Parmelee's Vegetable
Pills are so prepared as to make them
agreeable to the most fastidious. The
most delicate can take them without
feeling the revulsion that follows the
taking of ordinary pills. This is one
reason for the popularity of these celeb-
rated pills, but the main reason is their
high tonic quality as a medicine for the
stomach.

STUDY YOUR TONGUE.

It is a Monitor That Registers Your
Physical Condition.

One of the first things a doctor does
when he is called to a patient is to
look into his mouth. That is because
it is the quickest and easiest way to
examine an internal cavity of the body
and observe the signs of health or dis-
ease there displayed. The mouth is
lined with mucous membrane, which is
quickly affected by many disorders,
and the tongue, which is simply a mass
of muscle wrapped up in mucous mem-
brane, is a veritable horizontal guide
post.

Since it is a muscle its general size
and shape and its susceptibility to
proper control inform the physician of
the muscular condition of the patient,
and the state of the mucous membrane
that covers it indicates the general
systemic condition. A person who suf-
fers from fever of any degree will
generally show a "furred" tongue. The
word graphically describes the condi-
tion, and it is not necessary to be a
physician in order to recognize it.

In a long continued fever like ty-
phoid the fur accumulates until the
tongue is covered with a thick, brown
mass that shades off to a lighter tint
at the edges. In scarlet fever the
tongue is often covered with a white
fur dotted with little red points. That
is called the "strawberry" tongue.
When the stomach is badly out of con-
dition the tongue shows a thick white
or brown fur, and those who are suffer-
ing from tonsillitis or from any other
inflammation of the throat may show a
layer of thick, creamy white fur all
over the tongue. Sometimes when the
patient is much exhausted the tongue
will not be furred, but dry, red and
raw.

"Thrush" consists of small white
patches raised above the surface and,
although not serious in itself, generally
shows that the constitution is weak.

One strange thing about the tongue
is that, although it so often betrays the
state of the stomach to the physician,
yet in two of the most serious stomach
troubles—cancer and gastric ulcer—the
tongue is generally very clean.

The tongue in health is always under
the muscular control of its owner and
should be perfectly steady when it is
put out. A tremulous tongue denotes
weakness, and the tongue that is con-
vulsed and tremulous in the morning, but
that grows steadier through the day,
is generally the result of too much al-
cohol.—Youth's Companion.

Armenia's Lost Name.

There is no such country as Armenia.
Officially the Turks decline to recognize
the name, and maps marking "Arme-
nistans" have regularly been confiscated.
Unofficially again nobody can say ex-
actly where "Armenia," or Kurdistan,
as it is alternatively called, begins and
leaves off. Nor is there properly such a
people as the "Armenians." That is
only a name given them by foreigners.
They call themselves Haik and their
country Haikistan, tracing their de-
scendant from Haik, grandson of Japhet,
whose dynasty was overthrown by Al-
exander of Macedon.—London Specta-
tor.

Asthma Brings Misery, but Dr. J. D.
Kellogg's Asthma Remedy will replace
the misery with a welcome relief. In-
haled as smoke or vapor it reaches the
very inmost recesses of the bronchial
passages and soothes them. Restriction
passes and easy breathing returns. If
you knew as well how this remedy would
help you as do thousands of grateful
users, there would be a package in your
home to-night. Try it.

A Boomerang.

"Call that art!" exclaimed a would
be critic, pointing to a painting in a
studio. "If that daub is a work of art,
then I'm an idiot."

"The latter part of your statement,"
rejoined the artist calmly, "would seem
to furnish conclusive proof that it is a
work of art."

A Lovers' Quarrel.

She (turning at the door)—I think
you are just hateful, and I'm never
going to speak to you again, so there's
no use coming into the music room
after me, because I'll be on the rustic
bench at the far end of the conserva-
tory.

Drowned His Voice.

Teacher—Tommy, I asked you to
spell candy. Why don't you do it? His
Sister—Please, miss, his mouth's wa-
tering so he can't talk.

It is better to begin a good work in
the evening than not at all.—Old Say-
ing.

THE SOLDIER WHO LIVES OVER
AGAIN, IN NIGHTMARE, THE
AWFUL BATTLE SCENES, as well as
the harassed business man, the tired
society woman, and busy housewife,
whose nerves are gradually wearing to
shreds with their never-ending duties,
will get quick and permanent relief from
TAKAKE. Get a BOX for fifty cents at
your druggist's, or by mail from the
Georgian Mfg. Co., Collingwood,
Ontario.

Children Cry for Fletcher's

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in use for over 30 years, has borne the signature of
and has been made under his personal supervision since its infancy.
All Counterfeits, Imitations and "Just-as-good" are but
Experiments that trifle with and endanger the health of
Infants and Children—Experience against Experiment.

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Castoria is a harmless substitute for Castor Oil, Pare-
goric, Drops and Soothing Syrups. It is pleasant. It
contains neither Opium, Morphine nor other Narcotic
substance. Its age is its guarantee. It destroys Worms
and allays Feverishness. For more than thirty years it
has been in constant use for the relief of Constipation,
Flatulency, Wind Colic, all Teething Troubles and
Diarrhoea. It regulates the Stomach and Bowels,
assimilates the Food, giving healthy and natural sleep.
The Children's Panacea—The Mother's Friend.

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book

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CAN DO WITH
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adaptable, as easy to use or as low in final cost as concrete.

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steel can be made better with concrete and this book tells
you how to do it. It is fully illustrated with photos and
diagrams and contains 52 practical farm plans.

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handy. Refer to it often.

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TIME TABLE.

Trains leave Watford Station as follows:

GOING WEST

Accommodation, 75..... 8 44 a.m.

Chicago Express, 3..... 12 13 p.m.

Accommodation, 83..... 6 44 p.m.

GOING EAST

Accommodation, 80..... 7 43 a.m.

New York Express, 6..... 11 16 a.m.