

WOMAN IN TERRIBLE STATE

Finds Help in Lydia E. Pinkham's Vegetable Compound.

Cape Wolfe, Canada.—"Last March I was a complete wreck. I had given up all hope of getting better or living any length of time, as I was such a sufferer from female troubles. But I took Lydia E. Pinkham's Vegetable Compound, and today I am in good health and have a pair of twin boys two months old and growing finely. I surprised doctors and neighbors for they all know what a wreck I was.

"Now I am healthy, happy and hearty, and owe it all to Lydia E. Pinkham's remedies. You may publish this letter if you like. I think if more women used your remedies they would have better health."—Mrs. J. T. Cook, Lot No. 7, Cape Wolfe, P.E.I., Canada.

Because your case is a difficult one, and doctors having done you no good, do not continue to suffer without giving Lydia E. Pinkham's Vegetable Compound a trial. It surely has remedied many cases of female ills, such as inflammation, ulceration, displacements, tumors, irregularities, periodic pains, headache, and it may be exactly what you need.

The Pinkham record is a proud and peerless one. It is a record of constant victory over the obstinate ills of women—ills that deal out despair. It is an established fact that Lydia E. Pinkham's Vegetable Compound has restored health to thousands of such suffering women. Why don't you try it if you need such a medicine?



Guide-Advocate

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HARRIS & CO.
PROPRIETORS.

Guide-Advocate

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WATFORD, MAY 21, 1915.

NOTE AND COMMENT

Toronto Weekly Sun:—A good way to settle the hired man question would be for the boss to go out and work as a hired man on several different farms. Let him know just what it means to be hired, and ten to one he would see himself as the hired man sees him.

London Observer:—Fighting shoulder to shoulder the Canadians had their chance. The men of the maple leaf set their teeth to dare all by a charge which, as a magnificent feat of arms, will stand out in all the annals of this war, no matter what it may yet bring. The Canadians attacked the Germans, routed the enemy, captured many prisoners, and won back their guns. They have given brave blood, but have the country's recompense. By sheer valor at a critical hour they baffled the Germans and their asphyxiating bombs and proved how scientific deviltry goes down before the indomitable hearts of true men. They have saved the situation. Dead or living, they have won laurels that cannot wither. Through them the name of Canada is nobler in the world to-day and forever greater.

New York Sun:—It has become a war of national will power to a great and increasing extent. The lack of initiative among the Allies at the present moment does not imply the fatigue of their will power. On the contrary, it denotes their determination to prolong the war and let time fight on their side. The strength of German determination shows as yet

no certain sign of flagging, any more than does the opponents. German arms, however, are near the maximum of strength which they can attain. The allied maximum of fighting strength has not yet been reached. It may not be for many months. The recent apparent slackness of operations is an illusion. The Germans stand on the defensive. The Allies have not broken down; they are not marking time. They are moving at half speed and doing their chief work in the ammunition factory and the training camp. The battle is far from done.

The Canadian-American, Toronto: Canada is proud of her unrivalled development, vast resources and brilliant prospects, but something thrills her to-day more than anything ever chronicled by the most graphic of her biographers and adventurers. Her finest sons are at the battlefront or on the way there, and some of them have already fallen in the vanguard of the country's defenders. This great achievement and revelation of loyalty to the Motherland stirs the British heart in all countries. And it makes the heart of the common enemy quail with new foreboding. Germany depended on lethargy and indifference in the colonies to win her war against Britain, and she is amazed to find the farthest outpost of the Empire seething with the spirit of the nation's most illustrious fighters—to find, in fact, that the same unselfish spirit that was contemporaneous with Cromwell is contemporaneous with Kitchener of Khartoum.

That a people as democratic at heart as the Danes should favor giving the suffrage to women seems quite in keeping with their state of progress. The constitutional amendment adopted by the Diet not only granting to women the right to vote but also the right of election to the Diet puts Denmark in line with its northern neighbor, Norway. In Denmark, as in Sweden, women already have the municipal suffrage. Possibly, if the new Danish Diet to be elected next month rectifies the constitutional amendment just adopted at Copenhagen, Sweden too may soon be won over to equal suffrage under the influence of Denmark, Norway and Finland. It is not the number of women to be enfranchised that lends most significance to the conversion of Denmark to women suffrage, but the fact that another self-governing country has taken this step. The little isolated kingdom stands preeminent as the home of political liberalism and popular government, a fortress of true democracy in Northern Europe.

One of the men who has been ordering shells in the States has explained the idea. All this fighting of the past month or so, he claims, was really only a try out of the new idea. The experience at Neuve Chapelle, for instance, was by way of showing what could be done to the enemy's entrenched position. Artillery, if there is enough of it, with shells enough, can beat down wire entanglements and make life in the enemy's forward trenches impossible. That done, the Allied armies can go forward, with little or no loss of life, and occupy the ground on which there are no Germans but dead Germans. Shells are cheaper than men, it is figured. True, the amount of ammunition required is enormous. More ammunition was fired at the German trenches along a few miles front before Neuve Chapelle than was used in the whole Boer war, and its use resulted in throwing the Germans out of four square miles of territory. It is by the expansion of this process that the Germans are to be driven back to German.

Catarrh Cannot Be Cured

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly upon the blood and mucous surface. Hall's Catarrh Cure is not a quick medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best mood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing catarrh. Send for testimonials, free.

F. J. CHENEY & CO., Props., Toledo, O.

Sold by Druggists, price 75c. Take Hall's Family Pills for constipation.



ROYAL YEAST

MAKES PERFECT BREAD

Everybody Works But Mother!

What it took to keep a family of six for one year is given by a farmer as follows:—802 loaves of bread, 8 dozen buns, 245 pies, 173 dozen tarts, 5 fruit cakes, 112 light cakes, 644 dozen cookies, 224 dozen fried cakes, 234 dozen biscuits, 17 johnnie cakes, 37 puddings, 12 dozen pan cakes, 37 dozen eggs, 135 quarts of fruit, 86 quarts of maple syrup, 114 quarts of pickles, 775 pounds of pork, 153 1/2 pounds of beef, 3 turkeys, 12 chickens. They had a liberal supply of butter on their bread as well.

Winking

The unconscious act of winking bears a quite important relation to the welfare of the eye. This being the most delicate and sensitive organ of the body exposed to the air, it is in constant need of the protection given by the eyelids, which not only close quickly at the approach of danger, but are employed in washing the surface of the eye. Moistening is required to offset the drying effect of the air, and cleaning to prevent the injurious effects of dirt.

Every time you wink the eye is washed. Inside the eye is the little tear gland, which, as its name implies, is busy storing up the supply of tears. This gland keeps the inside of the lid moist, and you wink automatically whenever the surface of the eye becomes dry or a particle of dust gets into the eye.

MUCH ADLER-I-KA USED IN WATFORD

It is reported by Taylor & Son, that much Adler-I-Ka is sold in Watford. People have found out that ONE SPOONFUL of this simple backthorn bark and glycerine mixture relieves almost ANY CASE of constipation, sour or grassy stomach. It is so powerful that it is used successfully in appendicitis. ONE MINUTE after you take it the gasses rumble and pass out. It is perfectly safe to use and cannot gripe.

Advance Together

There is no sex in soul. Men and women must go forward hand in hand—single file is savagery. Every good man is dependent on a woman, and the greater he is the more he needs her.

The only man who has no use for a woman is one who is not all there—one whom God overlooked at the final inspection. A man wants a wife who is his chum, companion, a "good fellow" to whom he can tell things he knows, or guesses, or hopes; one with whom he can be stupid and foolish—one with whom he can act out his nature. If she is stupid all the time he will have to be brilliant, and this will kill them both. To grin and bear it is gradual dissolution; to bear it and not grin is death.

If a woman is pretty it is no disadvantage unless she is unable to forget it. But plainness of feature does not prohibit charm of manner, sincerity, honesty and the ability to be a good housekeeper and a noble mother. There are many degrees of intellect, but as a general proposition this holds:—A man wants a wife who is intellectually on the wire—one who, when he rings up, responds. This is Paradise.

—Elbert Hubbard.

A safe pill for suffering women.—The secluded life of women which permits of little healthful exercise, is a fruitful cause of derangements of the stomach and liver and is accountable for the pains and lassitude that so many of them are afflicted with. Parmelee's Vegetable Pills will correct irregularities of the digestive organs and restore health and vigor. The most delicate woman can use them with safety, because their action, while effective, is mild and soothing.

The Modern Farmer

This farmer dialect we see in print is mostly hosh; A cultivated man is he, He never says "B'gosh," He never chews a piece of hay; He is no "rubber neck"; The English that he speaks is pure, He never says "By heck!" He travels in his motor car; His wife wears classy gowns; He spends his moments laughing at The rubes who live in towns.

Children Cry FOR FLETCHER'S CASTORIA

Furniture That Satisfies

Is our hobby, and we know that our showing will please you, no matter how exacting your taste may be. We have the very NEWEST DESIGNS in

BUFFETS, SIDEBOARDS, CABINETS, AND PARLOR, DINING AND BEDROOM GOODS

If you need a new piece of furniture kindly call and see our spring stock.

PORCH AND LAWN CHAIRS are now required. Let us show you what we can do in this line.

Our Furniture is a delight to those who admire good goods.

Agents for Mason & Risch Pianos, Gramophones, String Instruments, Sheet Music, Edison Records, etc., and all kinds of repairs. New and second hand sewing machines and all supplies.

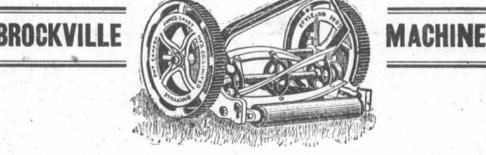
HARPER BROS.

PHONE 31.
FINE FURNITURE MUSICAL INSTRUMENTS UNDERTAKERS

LAWN MOWERS

WE ARE SOLE AGENTS FOR THE UNEQUALLED

BROCKVILLE MACHINES



14 inch, 3 knife, 8 1/2 inch drivewheel.....	\$3.75
16 inch, 3 knife, 8 1/2 inch drivewheel.....	\$4.00
16 inch, 4 knife, 9 inch drivewheel.....	\$4.50
16 inch, 4 knife, 10 inch drivewheel.....	\$6.00

N. B. HOWDEN ESTATE

THE STORE WITH THE STOCK

TRENOUTH & CO.

DEALERS IN
Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

We Carry a Full Stock of
INTERNATIONAL STOCK FOOD
FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.

CALDWELL'S MOLASSES MEAL
AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.

ALL KINDS OF GRAIN TAKEN IN EXCHANGE
Chopping and Rolling Done While You Wait

PHONE 39



NEW PERFECTION OIL STOVES

You are assured of lasting satisfaction. We can supply you with two, three or four burners; with or without high shelf, or warming closet. A postal card will bring an illustrated catalog or a stove to your door.

T. DODDS & SON

SOLE AGENTS FOR NATIONAL CABLE LIGHTNING CONDUCTORS

CONVENIENT wood. Large



See the McClary SOLD BY

Half Holiday Agree

Watford, May 7 We, the undersigned, agree our respective places of business

- months of June, July and August
- Doan & Co.
- Howden Est.
- Swift, Sons & Co.
- P. Dodds & Son.
- T. Dodds & Son.
- Carl A. Class
- A. Brown & Co.
- John White.
- R. Haskett.
- A. Cameron.
- J. Mathews.
- Harper Bros.
- J. W. McLaren.
- John Compland.
- Frank Verks.
- S. B. Howden.
- Trenouth & Co.
- Miss Williams.
- R. B. Prentiss.
- Miss K. Minielly.
- L. H. Ayleworth.
- Frank T. Taylor.
- Dr. Howden.

A Million Pounds of Sugar

It is only when one reads of the activity of a big sugar refinery, of new Atlantic Refineries in St. J. B. that one realizes the enormous quantities of sugar consumed by the people of Canada. Canada has a population of 10,000,000 people. The process of converting raw sugar into refined sugar is a long and costly one. It takes 100 pounds of raw sugar to produce 100 pounds of refined sugar. The process of refining sugar is a long and costly one. It takes 100 pounds of raw sugar to produce 100 pounds of refined sugar. The process of refining sugar is a long and costly one. It takes 100 pounds of raw sugar to produce 100 pounds of refined sugar.

What is Marriage

Marriage is the natural mating of man and woman. And there must be a mental mating as well as a physical, if the relationship is to last and thus be worthy of the name of "marriage."

The marriage rite, or ceremony, proper formality whereby the world notified of the relationship.

But the ceremony does not constitute the marriage.

The ceremony is not vital, and particular form it takes is of small importance.

The vital things are the mental, spiritual and physical qualities of the man and woman.

There can be no lasting love without sincerity and honest respect.

Truth is the first requisite in marriage and unless truthfulness be present, the relationship is doomed to failure.

The essence of marriage is companionship.

The man and woman must sympathize with each other's aspirations, and respect each other's ambitions and desires.

If this is not so the man will struggle, or else chase the ghosts of his dreams.

Miller's Worm Powders prove their value. They do not cause any violent griping, but do their work quietly and painlessly, so that the destruction of worms is imperceptible. Yet they are thorough, and from the first dose the improvement in the condition of the sufferer and an entire cessation of manifestations of internal trouble.

Lawyers are the people who work with a will after doctors go ahead and prepare the way.

But it is human nature to desire to be equal to your superiors and superior to your equals.