## ST. JOHN'S The New GROCERY STORES.

Large American

Red Beet

Carrots

**Parsnips** 

Loca"

#### vabbage Solid Heads

5c. lb. No. 1 Tinned

Lobster

J. J. ST. JOHN.

DUCKWORTH STREET and LeMARCHANT ROAD.

Of the best quality for sale at the Gas Works. An excellent substitute for Antracite Coal, and the best smokeless fuel for Domestic or Industrial use. Clean, Efficient and Economical

Book your orders early and be ready for the cold weather. Our price, sent home, \$20.00

per ton of 2240 lbs.

### ST. JOHN'S GAS LIGHT COMPANY.

sept19,tf

JUST ARRIVED

500 Rolls

FELT

1, 2 and 3 ply

-ALSO-

# TAR

In cases and barrels. For immediate Delivery 'Phone 812

# EAST END FEED & PRODUCE STORE.

**NEW ARRIVALS** 

Boyer's Tomatoe. 1%'s and 3's.

Staple and Strong Pickles.

10 oz. mixed, Chow and assorted.

**Eddys Matches.** Safety and Sesqui. 10 and 5 gross cases.

Soper & Moore

Phone 480-902. P. O. B. 1345.

STRARD'S LINIMENT FOR GARGET

# Heavyweight

The Miracle

of Nor Glands.

Inside half a dozen little glands,

the whole of which you could easily

slip into your walstcoat pocket, there

are hidden the springs of your char-

Modern science is able to show that

secretions, the products of those

Everybody has heard of the magi

appreciation whatever of their sur

Living to the age of twenty or more

without any indication of what we

call mind, the cretin may yet at that

around him, and enjoy the limited life

that is his lot. Soul and body seem

Nevertheless withdrawal of the treat-

ment by thyroid is followed almost

at once by a return to his former

On the other hand a person may

state of merely vegetative existence.

suffer in quite a different way because

he has a thyroid gland that produces

an excessive quantity of secretion. In

that case, the patient, who usually

happens to be a woman, develops

what is called (after its discoverer)

Graves' disease, and most prominent

symptoms of which are an enlarged

thyroid gland, protuberant eyeballs,

Then there is another ductless gland

the adrenal, found above the other

ease is due to the absence of an es-

sential vitamine from the victim's

Again, excess of the secretation of

the pituitary gland (just underneath

to be made anew

Medical Correspondent.)

BATTLING SIEPS TRIBE. Scientists, in summing up their harts as to the people from which acter and personality (writes our he new champion comes, say:

"Battling Siki, it appears from reords, comes of a hard-boiled tribe. we are largely the creatures of our The anthropologists point out the Senegal produces a minimum of civi- ductless glands of which the well ization and a maximum of hardships. known thyroid may be taken as the One does not survive there without type. having to overcome a lot of things, that would put a white man out in cal results achieved by the adminis the first round. Battling Siki, they tration of thyroid to cretins, those called "human plants" met with so say, looks like the fittest of survivals.

He has the arms and shoulders and often in the Swiss valleys, who neithchest of his comparatively recent an- er smile, cough, nor laugh, but sit estors. Above the shoulders, they like sphinxes, warped in body and dmit, he has not much except a park- mind, breathing, but not showing any ing place for his hat, but what brain he possesses functions amazingly on roundings. what to do in a rumpus. There is not a poet or a cake-eater or a statesman in his pedigree, and he has not been softened by the luxuries of so-called age, by the administration of thyroid evilization. Hitting him on the head extract, be transformed into a rationwith a maul gets no further than to al being, able to recognize the people out the maul out of business."

MANY OFFERS FOR SIKI. The new light-heavyweight champon is receiving many offers for a bout sinc his defeat of Georges Car-

Tex Rickard, after receiving a cable ram from Hellers, expressing willingness to bring Siki to the United States after Jan. 1, cabled an offer to match the Senegalest with any prominent light-heavyweight, including Harry Greb, the United States title-holder; Gene Tunney, former champion, or Tom Gibbons, St. Paul

o financial proposition to Siki and and abnormal mentality. ould not do so pending a reply. In addition, Dave Driscoll, matchmaker for Ebbets Field, has cabled an end of the kidney on either side of offer of \$100,000 for Siki to box Har- the spine. This causes, amongst othry Willis, negro challenger for Demp- ers, the disease known as pellagra, sey's heavyweight title, on October often followed by a well-marked and 12th, and Thomas F. O'Rourke, match- frequently fatal form of insanity. In maker for the Republic A.C., has put this case degeneration of the gland

Rickard, however, said he had made

in a bid of \$25,000 for a contest with which is the prime cause of the diseither Willis or Greb, preferably the latter, some time in October, at the Pole Grounds. Meanwhile, the only indication of Siki's attitude toward any of these of-

A Road Through

the brain) produces an arrested, child fers was contained in cable despath Note-A sack of coke may be es quoting his manager as rejecting ish condition of the body, and some-O'Rourke's terms and demanding times dullness of mind, which can be greatly improved by feeding with pipurchased for seventy-five cents. 1,100,000 francs, or \$83,000 at the current rate of exchange, for the Afrituitary extract. can's end of the purse.

GROUND.

It will pass under the Hudson River,

initing New York and New Jersey

and it will have a length of over three

can engineers were entirely different.

The bed of the Hudson is largely

Experimenting For Health.

with an array of very sensitive in-

struments in order to test the tem-

perature, humidity, and air pressure

set up by the types of motor vehicles

that will use the subterranean road

All petrol-driven vehicles give off

certain amount of poisonous fumes

In order to find their effect upon the

human system in a confined area,

samples were taken of the drivers'

blood before and after each test. As a

result of these experiments it was

discovered that it will be essential to

ble roadway, laid 50ft, below the bed

of the river, each 20ft, wide, with a

poses. It is expected that three and

a half years will be spent on the work,

and that the cost will be over £5,-

Wisps of Wisdom.

The best cure for hard luck is hard

An ounce of caution is worth a to

Conscience warns us as a friend bere punishing us as a judge. Keep your face to the sun and the shadows will fall behind.

The man who never made a mistake

ith out the gleam of hope that makes To breathe is not to live. To live is

chieve, and do it all with charity

If you try you may; if

Toil and trial are grim

electrically driven fans.

The tunnel will consist of a

In order to solve the latter problem

The adrenal gland is powerfully affected by the emotions. It promptly responds to such feelings as rage and fear by at once pouring the blood into the muscles of the lungs, filling them with quickly available ammunition in the form of sugar, so that their ow-KEEPING THE AIR CLEAR UNDERner is ready either to fight or seek safely in flight. At the same moment uilding has been started in the blood is prepared so that it will

#### the greatest of all vehicular tunnels. clot rapidly should bloodshed take The Silent Messages.

There, then, we find mind and body in active co-operation. As an au-The Rotherhithe Tunnel, under the thority on the subject has very aptly Thames, which cost £2,000,000, is put it, mind and body are like husjust under a mile in length. But the band and wife, they never can decide problems that confronted the Ameri- which is master. But in the large majority of cases they manage to pull together just the same.

These glands we are considering are composed of silt and shifting sand, and there was the question of ven- as has just been noted in the case of the adrenal, very much under the influence of the emotions, and one or other can be obviously stimulated or an experimental tunnel was built. It retarded in the pouring out of its was 400ft. long and a duplicate of the secretions by the various thoughts, one now being bored. It was lined sensations, and desires that come into our mind.

It is of course through the nervous system controlling these glands that action are sent by ourselves. And as these secretions have a very powerful influence on our health, it is not difficult to understand why self-suggestion should be able to influence one's mills, and along the borders of Cam- used as grain by the natives. health to the extent that is claimed

change the air in the tunnel thirtytwo times in the hour, and this will East person lives best who does his best for one day at a time, and shoots is picked in July or August, But no fish can hear; it may feel the be effected by means of sixty-five

best the next day. Young people frequently reply on affected manners to win admiration all day long. fectation—be natural.

BILLY'S UNCLE

When Japroid Wall Board was first offered for sale here about eight months ago some people said it was only

#### SUBSTITUTE.

To-day those same people, having used a lot of it last season, are demanding it in preference to all other brands and agree that it is practically the only

## Genuine Wood Fibred Board

on the market. Those who don't know ask us for information and booklet.

Special price to contractor for quantities.

# Horwood Lumber Co.,

Limited, **Distributers** sept20,3m,eod



"You may dress as well as she," says our Dainty Dorothy.

DON'T envy the clothes of the well-dressed woman whose wardrobe seems inexhaustible; have some of your own garments dry cleaned and dyed. For that is the secret of many a woman's smartly garbed appearance

And here you know that your clothes will be properly treated and that our business courtesy will make you feel that this in truth is the cleaning and dyeing

PHONE 1488.



## The Woad Harvest.

messages to stimulate or sound their DYE USED BY ANCIENT BRITONS.

Woad, with which the ancient Britons used to stain themselves, is tieth year, and then dies. In the grown in that part of Lincolnshire meantime it bears an enormous quanwhich abounds with dykes and wind- tity of seed, which is gathered and bridgeshire. If allowed to go to seed | Many fish are capable of produc the woad often grows to three and ing sounds, some by the scraping of four feet in height and has a pretty fins or other organs, some by means yellow flower.

then refreshes himself for his level and during the harvest men and wo-vibrations set up by sound. men are to be seen creeping along Twenty-five tons of soot fall on the fields on their hands and knees London in a month; in Birmingham

to discern affectation of any kind and er baskets and sent to a factory, of chester causes £50,000 extra to be have a contempt for it. Give up af- which there are three or four in that spent a year on the washing of colpart of the country. When they ar-lars, while the damage done to the

#### llowed to ferment. Later they are nade into balls and dried.

These balls remain drying for sev ral weeks and are then broken into pieces and stirred for a lengthy period. Eventually they produce a coarse powder-like substance, deep blue in colour. Lastly, the powder is damped, stored in vats, and sold to dyers and manufacturers of woollens and ther articles of apparel.

The enduring blue of the police man's uniform is obtained from woa and though it is an expensive dye at the outset it is the cheapest in the

Chemists have tried hard to fathom ess: and it is doubtful if the in for the official desire to procure uniforms that are durable and of fast

### Curious Facts and Figures.

The elephant has twenty ribs. Kangaroos can leap 70ft. with ease. Elephants continue growing for orty years.

One pound of cork is sufficient to reep a man afloat. St. Paul's Cathedral is the fifth larg est church in the world.

A snail would take fourteen days five hours to travel a mile. Twice as much power is required t stop a train as to start it. Four hours' hard work thinking ex-

hausts the tissues as much as te hours of manual labour. The latest way of removing a hil is by water power. Water is forced through pipes at great pressure.

striking the hill and making it crum

ble away. A lift in the Woolworth Building New York, travels forty miles and makes 4,000 stops daily.

A typewriter was recently perfected which types certain short words by over the dramatic finish of the Carsimply pressing one key. There are 113 newspapers and fourteen magazines in the United States

owned and directed by Negroes. been blown on to ships in the Atlantic pionship to the Senegalese. Many of Ocean about a thousand miles away, those who have seen the motion pic-In Queensland there is the thickest coal seam in the world. Its average that Carpentier was clearly tripped thickness is 93ft.; the whole depth

The sound of thunder, may be heard from twenty to twenty-five miles, and presses the belief that such a foul by lightning is reflected from 150 to 200 Siki could not have affected the out-

The number of persons married in the first quarter of 1922 in England

makes it appear lighter. When wood on Siki's skull. has been in water for some time this air escapes, the wood is waterlogged, said Georges. "I was wrong in tryand will not float. Evidence collected from time to jaw."

time suggests that tropical conditions once prevailed in the Northern Arctic part of the world shows that vegetation once flourished with tropical abundance.

The longest bridge in the world is hat built over the Great Salt Lake in America. It is twenty miles long, and built entirely of wood.

A new method of dveing timber has been discovered by a Dresden engineer. He "vaccinates" the living tree with one-tenth of a pound of aniline colours dissolved in 200 pints of water. This is sufficient to colour the imber throughout. The "slowest" crop in the world is

the giant bamboo of India. It blossoms only when it reaches its thir-

of the teeth, and some by means of The first crop of tender green gas emitted from the air-bladder.

the monthly fall is fifty-two tons. The two-foot pathway for policing pur- and praise, but most of us are quick The shoets are put into large wick- abnormal amount of smoke in Man-

\$6.00 to \$7.50

# Boots Now \$2.00

They are simply given away

We are offering to-day

#### **500 Pairs Ladies Boots**

BLACK VICI and MAHOGANY VICI KID. Spool Heel. Were 6.00 & 7.50.

Now \$2.00 pair

This is the best Boot Bargain in Newfoundland. Come early and secure

# PARKER & MONROE, Ltd.

city by smoke is estimate at a mil ilon pounds a year.

### Georgeous George" Not Satisfied.

STILL DISPUTING THE DECISION

Paris, Sept. 26.-The controvers pentier-Siki fight continues, and the former's manager, Descamps, per sists in his appeals to the boxing federation for a reversal of the Dust from the Sahara Desert has judges' decision awarding the chamture films of the contest maintain by his opponent.

Victor Breyer, one of the judges, is one of those taking this view, but excome, as Carpentier was already beaten man.

Some of the newspaper experts say and Wales was 101,148, a decrease of it is possible the Federation may yet 66.834 from the number in the preced- award the bout to Carpentier. In any case Descamps is set upon hav-Last year 16,783,247cwt. of fish, ing another meeting between hisvalued at £21,217,280, were landed in protege and Siki as soon as possible. the United Kingdom, compared with Georges new bears few marks of 21,582,248cwt., valued at £28,288,448, the beating he suffered, but his physicians are keeping him in bed be-Wood is heavier than water. It is cause of his sprained ankle and fracthe air trapped in the many cells that tured right hand. He broke the hand

"He has a hard head, that negro." ing to get him by those hooks to the

The majority of French sportsmen say Carpentier should retire, but regions. The presence of coal in this only after a final match in which to re-establish his reputation as a bril-

flant fighter. Georges himself is not considering retiring and scoffs at statements that he is planning a stage career.

#### The New Novel By James Oliver Curwood. Never has Mr. Curwood

written a more virile, gripping or swiftly moving story than "The Country Beyond," in which he tells of the love of Jolly Roger, the outlaw, for Nada the "foster-girl" of Jed Hawkins and of their enforced separation through the tracking down of Jolly Roger by Cassidy Royal North West Mounted Police. "The Country Be-yond" which is packed with thrills is one of the most spacious and fascinating stories that has yet come from the pen of this bril-

Garrett Byrne.

liant writer. Price \$1.50.

# Olealth turns the

Clock

Backward

UNCLE BEN

"No need to be

ashemed of be-

ing green,

Nevvy. It's the

thinks he is

generally rot-

#### Surgeons Do Not Always Agree Where to Operate (Monday's Health Talk No. 3)

(By Dr. W. H. MacPherson, D.C., PhC.) The history of nearly every sufferer from chronic disease is that of hav-

ing been kept in a mental state of uncertainty as to just what his disease might be. In the case of Miss Triplett she was credited with having four different diseases and two different operations were advised one for appendicitis and one for gall stones. Her parents were probably instified in refusing either.

The certainty of chiropractic is its chief recommendation. The chiropractor makes an analysis of the spinal condition where he finds spinal bone displacements he makes a nerve tracing and the nerve tracing invariably leads direct to the organ affected. Thus he can say positively, because the tenderness of the nerves leave no other conclusion to be made, that a certain organ is affected. He removes the cause of the disease by realigning the displaced spinal bones thus freeing the spinal nerves to transmit a full tide of mental impulses into the organs affected. The re-

HEALTH FOLLOWS

CHIROPRACTIC COPPECTS

PRESSURE ON SPINAL

NERVES IN DISEASES OF

THE FOLLOWING ORGANS:

EARS

- THROAT

- ARMS

HEART

LUNGS

LIVER

STOMACI

SPLEEN

KIDNEYS

BOWELS

BLADDER

Column LOWER LIMBS

HE LOWER NERVE

UNDER THE MAGNIFY

ING GLASS IS PINCHED

BY A MISALIGNED JOINT.

TIC ADJUSTING RE-

PANCREAS

#### DISEASE LOCATED AND THEN OVERCOME.

"The first doctor pronounced it kid-

ney trouble. The second called it leakage of the peritoneum. Then he changed it to appendicitis and advised an immediate operation. We objected. Later it was pronounced gall stones and death was predicted at one time, unless there was an operation for stones in 48 hours. Another doctor was called and he said it was stomach trouble. Then a chiropractor was called and she began to get well and to-day is back on her feet. I wish we had called a chiropractor first." Mrs. Mary Triplett, mother of the child; Chiropractic Research Bureau Statement No. 1339W.

YOUR APPOINTMENT

can be made to-day.

DR. W. H. MacPHERSON.

11 Atlantic Avenue.

FREE AS NATURE INTENDS. FREE NERVES- HEALTH- VIGOR- VITALITY

#### Custom Revived.

POLICE AT COCRT OPENING.

The opening of the fall session of

posite the entrance on Duckworth Street, were the Mounted Police force and a detachment of infantry under command of Superintendant O'Neill On the arrival of the Chief Justice, Mr. Justice Johnson and Mr. Justice the Supreme Court this morning Kent they passed through the line of

marked the revival of an old time cus- police, who stood at attention as they tom. Drawn up in the square op- entered the building.



By BEN BATSFORD

Our S

PINCHED NERVES CANNOT

MOVES THE PRESSURE THE UPPER NERVE IS

TRANSMIT HEALTHFUL IMPULSES. CHIROPRAC-

RE The n ted Star