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Licorice -  
Rhubarb -  
Sassafras -  
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Peppermint -  
Menthol -  
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Facsimile Signature of  
*Dr. H. H. Fletcher*  
NEW YORK

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THE CENTAUR COMPANY, NEW YORK CITY.

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For Infants and Children.

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In Use For Over Thirty Years

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**YOU WILL BE A WRECK**

Our New Method Treatment can cure you and make a man of you. Under its influence the brain becomes active, the blood purified, so that all pimples, blotches and ulcers disappear, the nerves become strong as steel, so that nervousness, bashfulness and despondency vanish, the eyes become bright, the face full and clear, energy returns to the more vital waste from the system. Don't let quacks and fakirs rob you of your hard earned dollars. We will cure you or no pay.

**EVERYTHING PRIVATE AND CONFIDENTIAL**

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**NOTICE**

All letters from Canada must be addressed to our Canadian Correspondence Department in Windsor, Ont. If you desire to see us personally call at our Medical Institute in Detroit as we see and treat no patients in our Windsor offices which are for Correspondence and Laboratory for Canadian business only. Address all letters as follows: **Drs. KENNEDY & KENNEDY, Windsor, Ont.**

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A New Zealand Stream That Yields a Series of Thrills.

### RUNNING THE RIVER RAPIDS.

The Journey Down the Wanganui is Highly Exciting in Spots, Where the Swaying Steamer Plunges Through the Lines of Boiling Breakers.

Steamboating in New Zealand, to judge by Charles Edward Russell's account of it in the Twentieth Century Magazine, has in it more excitement than relaxation. It is a more or less nerve racking experience, not only for the anxious passengers, but for the seasoned steamboat men as well.

The swift water courses that come down from the lofty backbone of the islands are full of rapids that can keep the most skillful pilot on the anxious seat until they have been successfully "run." This is the story of such an achievement somewhere on the Wanganui river:

The captain, a sunburned and active young Scot, stands at the great wheel forward on the upper deck, whence he can see bow and stern. Two stout Maori youths sit on the fore-castle; two hover above the rudder; all are armed with long, iron shod poles that are to be objects of your anxious concern before the voyage is done.

The boat is slipping smoothly along the unrippled reach. You look up of a sudden and catch your breath. The rapid is directly in front of you, the steamer is tearing into it, and how can any vessel get through such a place? Here goes the narrow stream, roaring and singing past the rocks. You can see the bottom everywhere. It looks only an inch or two from the surface.

The whole thing pitches visibly downward. Beyond at a lower level shines the smooth, dark green surface of the next reach. The green and the silver are beautiful. The singing of the water is music, but for these you care not, for you see plainly that in another moment the boat, even now lurching suggestively, will be rolled over like a log, and you will be grasping at some boulder in the flood.

Meanwhile the captain spins the wheel back and forth like a squirrel's cage, with his gaze fixed intently upon the water just ahead, as if he read through it and scanned the stones beneath. The brown Maoris stand forward and aft, with their poles in their hands.

As the boat plunges into the first line of boiling breakers the bow sinks under you, the swift current catches the stern and slings it sideways. A tremendous clatter arises, the boat careens and shakes as if she were falling apart, and you, standing on the upper deck and nervously holding the hand rail, give yourself up for lost, for the keel is already traveling on the rocks and gravel of the bottom.

"Now, then! Now, then!" yells the captain. The Maoris put their strength upon the poles. Just as the craft seems sliding sideways into the boulders that line her path she slips out through the passage into the placid green and silver of the next reach, and the captain, sounding the jingle bell, settles down to a cup of tea, holding the wheel with one hand. You could not touch bottom here with the statue of Liberty.

If I can read men better than rapids the Scot himself is not always sure how he is coming out of these tangles. Sometimes his quick, rasping orders to the Maoris have the ragged edge of anxiety, and his manner of tearing with hands and feet at the wheel indicates a considerable concern. Once I heard him mutter under his breath the national slogan: "I hae ma dootl I hae ma dootl!" as we shot into a particularly abominable piece of water.

The channel, no more than wide enough for the little hull, turned sharply at the bottom of the slide, and I had something rather worse than doubts as the boat went sideways down, seeing what was ahead for her. If in an instant she can gather full speed ahead she can slip through; otherwise plainly she will strike her side against the reef and capsiz.

"Now, then, Jumbo," shouts the captain as he paws with one hand for the engine bell, "give it to her!" The propeller buzzes. The Maoris, with feet braced, tug at the poles. They seem to be too late. With a bang the boat hits the bank, careens far over and amid the startled screams of the passengers slides off into the deep water and goes safely on her way.

The Advance of Science.

We used to think that the smartest man ever born was the Connecticut Yankee who grafted white birch on red maples and grew barber poles. Now we rank that gentleman second. First place goes to an experimenter attached to the Berlin war office who has crossed carrier pigeons with parrots, so that Wilhelmstrasse can now get verbal messages through the enemy's lines.—Lippincott's.

Willing to Help.

Mr. Bacon—It is said it would take a man working eight hours a day over ninety years to count and stack a billion dollars at the rate of a dollar a second. Mrs. Bacon—Don't worry about it, dear. If you ever get it I'll promise to help you count it.—Yonkers Statesman.

Learning makes a man fit company for himself.—Young.

## NOSEBLEED IN ADULTS.

Recurring Attacks May Mean Kidney, Heart or Liver Trouble.

In the young, epistaxis, or nose-bleed, is of slight consequence; in the mature it is more significant, and in the elderly or the aged it may be a serious symptom. When a middle-aged person has attacks of nosebleed the underlying cause must be found, for it may be anything from some slight change in the mucous membrane of the nose to organic disease or a malignant growth.

The bleeding may be a symptom of disease in the heart, the kidneys or the liver. Although the blood comes from the nose, the nose itself is not always at fault. Sometimes the hemorrhage is so slight as hardly to cause remark on the part of the patient; sometimes it is so severe as to menace life itself; in still other cases the loss of blood is distinctly beneficial, for it relieves some overburdened organ. That is the case with middle-aged persons whose nosebleed is the result of increased blood pressure due to troubles of the heart or kidneys.

Any disease that interferes with the return of the blood from the head into the body may cause a passive congestion of the mucous lining of the nose, sometimes seen in cases of valvular disease or in chronic bronchitis. Cancers or tumors of the neck act mechanically to produce the same result. In stout, full-blooded adults an attack of nosebleed is often preceded by a severe headache or other symptom indicating too much blood in the head, in which cases the hemorrhage will relieve the headache. The same thing is often true in cases of tinnitus or noises in the head. If the hemorrhage is severe the same symptoms—headache and tinnitus—may follow as a result of the anaemia.

A person no longer young who has recurring attacks of nosebleed for which he can find no local or mechanical cause should have a physician make a thorough examination of him, to see that nothing ails his kidneys, heart, lungs or liver.

### Saving a Desperate Man.

"Why did you get engaged to Harry? You swore that you would never, never have anything to do with such a man."

"Yes, dear, I know I did. But—well, I wouldn't have accepted him if he hadn't made such a dreadful throw."

"Oh, that old stall about 'rushing out and committing suicide'?"

"No; worse than that."

"But any of those threats are bluffs. I suppose he said he'd kill the next man who called on you, eh?"

"No, no! I've heard that before. Dearie, he threatened that if I did not accept him he'd go and propose to you. And I believe he would have done it, too. He was perfectly desperate."

### The Original Lovers' Leap.

Sappho's Leap was the name given to a white cliff or promontory anciently called Leucadia, now Cape Ducato, at the southern extremity of Santa Maura, one of the Ionian Islands. It was so called because Sappho, the poetess, is supposed to have thrown herself from this height into the sea. A criminal, with birds attached to him to break his fall, was thrown from the cliff at the annual festival of Apollo, and if he reached the water unhurt he was picked up by boats placed there for that purpose. This is the rock from which, according to the story, lovers throw themselves in order to be free from the pangs of love.

### How It Affects Them.

An Alpine guide thus describes the behavior of different nationalities when they get to the top of a peak.

A German, he says, as soon as he arrives at the top wants to know the exact height of the mountain he is on and of every peak around him.

A Frenchman goes into raptures over the wildness of the scenery and the beauties of nature and sometimes accompanies his remarks by an attempt to embrace his guide.

The Englishman, when he has "done" his peak plunges his ice ax into the snow, looks around him and then says, "I say, open the baskets and let's have something to eat."

### An Ibsen Theory.

In one of the published letters of Ibsen he says that while he was writing one of his plays he had on his desk an empty ale glass with a scorpion in it. Now and then the animal would grow sick and the author would throw a piece of soft fruit to it, whereupon the scorpion would fall upon the food furiously empty its poison into it and then get well again. "Is it not a good deal like this with us poets?" Ibsen continues, "Nature's laws apply in the domain of the spirit also."

### Llamas In Peru.

Llamas are employed in transport work in Peru. These animals work in herds of about a hundred, and each carries a load equivalent to a hundredweight. After two weeks' work each llama has a week's rest.

### All Served.

Lady—Couldn't you possibly have saved your friend who was captured by the cannibals?

African Traveler—Unfortunately not. When I arrived he was already scratched off the menu.

### Considerate.

"Well, Willie are you very good to your little sister?" asked the friend of the family.

"Sure!" replied Willie. "I even eat her candy, 'cause it always makes her sick."

### A Valuable Maul.

"You say your jewels were stolen while the family was at dinner."

"No, no. This is an important robbery, officer. Our dinner was stolen while we were putting on our jewels."

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