RHEUMATISM A MYSTERY

This Trouble is Rooted in the Blood and Can Only be Cured by Enriching the Blood.

Some disease stve immunity from another attack, but rheumatism works just the other way. Every attack of rheumatism invites another; worse than that, it reduces the body's power so that each attack is worse than the

If any disease needs curing early it is rheumatism, but there is scarcely any disease that physicians find more difficult to treat successfully. When a medicine does cure rheumatism therefore it is worthy of special notice. therefore it is worthy of special notice. Medical authorities agree that the blood becomes thin with alarming rapidity as rheumatism develops. Maintaining the quality of the blood is therefore a reasonable way of preventing and combating rheumatism. That the works out in fact is shown by the it works out in fact is shown by the beneficial effects which follow the treatment of rheumatism, acute, mus cular and articular, with that great blood tonic, Dr. Williams' Pink Pills.

That thousands of people who have taken Dr. Williams' Pink Pills for their rheumatism have been cured is beyond dispute. That rheumatism does not return as long as the blood is kept rich and red is equally true. If therefore you are suffering from rheumatism in any form you should lose no time in giving Dr. Wil-Western Ave., Toronto, E. Hinton, says:—"Up to about a year ago, my

matism, from which She had been are of several doctors, be sides spending dollars on advertised cures, but did not get any relief. One day talking to a fellow clerk, she said her sister had been cured of this trouble by Dr. Williams' Pink Pills. Although not feeling very hopeful I urged my wife to try them. By the time they were used they had done her so much good that she required no her so much good that she required ho pressing to continue the treatment, and after taking six or seven boxes she was completely cured. As I have said this was about—a year ago, and she has had no return of the trouble since. I feel very grateful for the immense good Dr. Williams' Pink Pills have done my wife, and I hope other sufferers will benefit by her experi-

You can get these pills through any dealer in medicine, or by mail at 50 cents a box or six boxes for \$2.50 from Williams' Medicine Co., Brockville, Ont.

THE FIRST BRITISH BARRAGE.

The Effect of a Concentrated Effort on

ity and the British artillery was re-plying with a feeble fire. They claim-ed shortage of ammunition and in reply to the repeated calls from the infantry for shells they would sing out

"You've 'ad your allowance."

The Canadians got pretty mad at this continued shelling, and a friend

arterward there was not a soli-avy German shell fired on that Which all goes to show an-orm of tactics—the holding shells for a concentrated ef-shells for a concentrated efother form of tactics—the holding

The two "kilties" came back from back of shells for a concentrated ef-

Soap for Wounds.

dishes, has been found to be a wonder-

torn tissues.

Wounds treated with soap need fewer dressings and lessen pain far more than do wounds treated with other antiseptics. These facts greatly expedite the work of the surgeons, who can handle more men than when using the properties of the surgeons. The surgeons who can handle more men than when using the properties of the mystic signs, she said to the blushing warrior:

"You're a grand laddie and a verra gude reader, but I must tell ye, and if I was your ain mither I wad hae to admit it, ye're the verra wurrst writer I ever came across."

for 1918 planting.



Practical Designs



For the youngster who is just be



A splendid idea is this for an over-

These patterns may be obtained from your local McCall dealer, or from the McCall Co., 70 Bond St., Toronto, Dept. W.

WINTER WEATHER HARD ON LITTLE ONES

the Part of the Artillery.

The Boche batteries were celebrating the new year—in fact they were a weather is often so severe that the ing the new year—in fact they were a weather is often so severe that the ing the new year—in fact they were a weather is often so severe that the ing Government will pay for their ing the new year—in fact they were a weather is often so severe that the ing Government will pay for their ing the new year—in fact they were a weather is often so severe that the ing Government will pay for their ing the new year. little previous, because it was but mother cannot take the little one out noon of December 31, and the year was noon of December 31, and the year was 1945—at Ypres.

Ever since daylight the Canadians had been having a beastly time of it. The Boche five-point-nines had been coming over with unceasing regularity and the British artillery was resulting the provincial government. The provincial government on the British artillery was resulting the provincial government on the British artillery was resulting and the British artillery was resulting to the provincial government held in the M.H.C. headstomach and bowels and prevent or cure colds. The Tablets are sold by medicine dealers or by mail cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

REPORTING THE SERMON.

were at that moment flinging half-ton projectiles onto the German batteries.

The British bombardment went on for twenty-four hours; and for three weeks afterward there was not a solitary heavy Garman shell fixed on the tary heavy ga

from his notebook, to the admiration and astonishment of his landlady, who Soap for Wounds.

Common yellow soap, the kind used by housewives in washing clothes and could not understand how anyone could write as fast as the minister.

When Sandy had finished and the ful cure for wounds in French hospitals and its use has spread to the British medical stations. A solution is made-from a cake and injected into soldiers' wounds, even in the latest into soldiers' w stances into the deepest bullet holes, She seemed much disappointed, how-

ther solutions.

Not a minute should be lost right low in looking up your seed supply losting.

Peanut and Cottage Cheese Loaf.—
Three-quarters cup kidney beans, one cup cottage cheese, half cup ground peanuts, one tablespoon chopped onion, one cup bread crumbs, one cup cooked tomato, one cup cooked rice, salt, pepper. Bake the loaf in a moderate oven twenty-five minutes and serv with pimento or green representations. Correct and most essential to health, the skin.

Any druggist will supply three ounces of orchard white at very little accomplished satisfactorily.

How a Canadian Engineer Watched the Big Fight.

The featured participant of this story was a Canadian engineer officer. The tale can never be proved true because the C.E.O. has since "gone over"

never to return. He was stationed in front of Mes-He was stationed in front of Messines Ridge. His work as an engineer attached to the British Army had carried him to this position and he could go no further. As his work was completed he was just waiting 'round-for something to happen. A British artillery officer happened along. "Now that everything's finished, when is it coming off?" he asked the gun officer.

"That's a jolly good view—but it's Before I had finished taking them I was feeling as well as ever." too near the orchestra," he laughed.
"Oh, that'll be all right," was the re-

ply. "The Boches will be too busy to a few attend to the hill." About eight o'clock, when the Brit- who tell of benefits received ginning to walk, as well as for his ish guns opened for a preliminary Dodd's Kidney Pills. They are rebrother a few years older, this design bombardment, the Hun batteries stop-nized as the standard remedy for rheumatism in any form you is particularly good. McCall Pattern ped and the engineer took himself up ney ills. Acting directly on the kidlose no time in giving Dr. WilNo. 7738, Child's Bloomer Dress. In on the hill. He looked about him until
Pink Pills a fair trial. Mr. A. 3 sizes, 2 to 6 years. Price, 15 cents. weary, then lay down in a shell hole
organs. The result is that they do

> at the ridge. the other, a number of enormous sheets of earth, smoke and flames, which rose slowly until each formed a statement made in the Berlin to a Suddenly there went up, one after

Then he was knocked head over prominent German food expert.

Then he was knocked head over mentions as the most striking heels by the shock of the explosion. He was stunned for the moment, but soon realized his position and roused him-self. To him it sounded as though

A splendid dea is this for a dress, to be worn over a waist. The three-piece skirt is in round or instep length. McCall Pattern No. 7617, Ladies' Overdress. In 5 sizes, 34 to 42 bust. Price, 20 cents. on the ridge.

CARE OF INSANE SOLDIERS.

Mental Cases to be Maintained by Dominion Government.

Provincial institutions will be trusted with the care of the members maintenance. This decision was reached in the conference of the Mili-

quarters Tuesday.

Heretofore the Military Hospitals Commission and the Board of Pension situation. Commissioners have paid a flat rate in hospitals for the insane for the 350 men suffering in varying degrees from mental ailments. By the new arrangement they will pay provincial instituasked a gunner whether they couldn't do something to distract the Boches' fire.

"That's all right," was the answer; "this is Fritz's last day. Wait till tonight!"

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"The was the tions for their maintenance and in ad-

Murine Eye Remedy At Your Druggiat's or by Murine Eye Remedy At Your Druggiat's or by Eye Saive, in Tubes 25c. For Boyk of the Eye Pres. Ask Murine Eye Remedy Co., Chicago &

The Limit.

The following amusing story con-cerning Madam Sarah Grand, the wellknown novelist, was told to me recent-

It appears that the gifted author of "The Heavenly Twins" is very absent-minded. One day her friend, calling thanks on her unexpectedly, found her with a

niment Cures Diphtheria.

THE MESSINES GRAND STAND. Are Very Popular in Prince Edward Island

Mr. M. Arseneault Tells What

gun officer.

"We're going to touch 'er off to night, perhaps," he replied with a twinkle in his eye.

"By jove, that's bully. Say," he added, "where can I find a good seat to get in on it?"

The artillery officer pointed to the crest of a hill which at that time was being methodically shelled by the Boche guns.

"I read in Dodd's Almanac how many sufferers had benefited by using Dodd's Kidney Pills.
"I decided to send for two boxes.

"I decided to send for two boxes

"It gives me great pleasure to say few words for Dodd's Kidney Pills." All over the island you find people They are recog on the hill. He looked about him until weary, then lay down in a shell hole to sleep. Early in the morning the big gums stopped firing suddenly. He awoke. Half asleep he tried to discovery what was harnering. He climbed cern what was happening. He climbed Kidney Pills are recognized as a tonic out of his shell hole and stood looking

Ten Thousand Substitutes.

huge mushroom. Apparently they statement made in the Berlin papers by Professor Juckens papers by Professor Juckenack, Prominent German food expert. amples of successful substitution the following: Artificial butter, eggs, salad oil, honey, milk, coffee, tea, sugar, self. To him it sounded as though every British gun on the British front was firing as fast as it could.

Exactly one hour and a half afterward he was on the ridge, following the infantry and carrying on his work. He afterward learned that so well had the aerial photographers detected the

writing to us states:
"I would say that I do not know of a medicine that has stood the test of time like MINARD'S LINIMENT. It has been an unfailing remedy in our household ever since I can remember, and has outlived dozens of would-be competitors and imitators."

Less Sugar for Candy.

Preliminary steps have been taken to curtail the use of cane sugar in the manufacture of candies. turers have been informed of the necessity for saving such sugar and are now endeavoring to adjust their business to the requirements of the

The money spent for candy in the United States and Canada in the past year is double the amount of money needed to keep Belgium supplied with food for a year

Minard's Liniment Cures Colds, Etc.

Island is a "Warship."

The island of Ascension, in the lantic, is the property of the British Admiralty, and is borne on the Navy "That's all right," was the answer; "this is Fritz's last day. Wait till to night!"

He waited—this friend. Exactly at the stroke of midnight pandemonium broke loose. It sounded as though all the express trains in the world were running overhead. And well it should. Thirty 12-inch howitzers had been rolled into position during the day and were at that moment flinging half-ton projectiles onto the German batteries.

"That's all right," was the answer; "this is Fritz's last day. Wait till to a Sunday of rest at a remote village march in a part of Scotland, halted for a Sunday of rest at a remote village of the buildings. Over 50 per cent. of those now relations that is institutions had braw laddles were billeted on the inhabitants.

One old lady had to find lodging for two of the soldiers, Sandy and Tam, and she was delighted to know they were going to the kirk in the evening. She herself was unable to go, and her pleasure increased when one of her pleasure increased when one of her guests, who happened to be an activated by Nurlars, by the long that the stroke of midnight pandemonium the braw laddles were billeted on the inhabitants.

One old lady had to find lodging for two of the soldiers, Sandy and Tam, and she was delighted to know they were going to the kirk in the evening. She herself was unable to go, and her pleasure increased when one of her guests, who happened to be an activated by Nurlars, Texas or taxes. The flocks and herds are public property in land, so there are no rents, rates, or taxes. The flocks and herds are public property, and the cativate of the buildings.

Over 50 per cent. of those now reciving treatment in institutions had been suffering from mental diseases before they enlisted and eventually would have become public charges in the ordinary course of events.

White of the soldiers are removed to the inhabitants.

One old lady had to find lodging for two of the soldiers, Sandy and Tam, and she was delighted to know they would have become public charges in the eventually would have Sore Eyes, Eyes Inflamed by Sore Eyes, Dark and Wind quickly relieved by Murine. Try the Your Eyes ard in Baby's Eyes. and herds are public property, and the meat is issued in rations; so are the vegetables grown on the farm.

> New York state has passed a law requiring counties with a population of 35,000 or over to erect and maintain tuberculosis hospitals.

> LEMONS MAKE SKIN WHITE, SOFT, CLEAR

> Make this beauty lotion for a few cents and see for yourself.

What girl or woman hasn't heard of big awkward volume on her knee, lemon juice to remove complexion heated, excited, and evidently very blemishes; to whiten the skin and to "Is anything the matter?" asked the liter beauty? But lemon juice stances into the deepest other holes, where it has proved itself to be a superior antiseptic to hydrogen peroxide and most other germ killers and in addition a strangely effective healer of the mystic signs, she said to the blush-irreducing the mystic signs, she said to the blush-irreducing the matter? asked the definition of the mystic signs, she said to the blush-irreducing the matter? asked the the hidden beauty? But leading the matter? asked the dealer asked the dealer asked the said, therefore irritating, and should be mixed with orchard white to catch the post."

"Is anything the matter?" asked the the hidden beauty? But leading fine alone is acid, therefore irritating, and should be mixed with orchard white to catch the post."

"Oh, yes," she answered, desperate by: "I've lost my pen, and I want to write to catch the post."

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"Why, where are you looking for it?"

She glanced at the questioner and then at the book.

"I—I believe," she faltered. "I was looking for it among the p's in the dictionary."

the juice of two fresh lemons into a bottle containing about three ounces of orchard white, then shake well and you have a whole quarter pint of skin and complexion lotion at about the cost one usually pays for a small jar of ordinary, cold cream. Be sure to strain the lemon juice so no pulp gets into the bottle, then this lotion will reinto the bottle, then this lotion will re-The morning breakfast food is varied in this menu by frying the cold left-over mush and serving it with syrup. The milk, usually served with the cereal and most essential to health, must be introduced in another form.

Any druggist will supply three

CANADIAN TIMBER GROWTH.

In France Yields of 30,000 to 45,000 Board Feet Per Acre Are Common.

Lt.-Col. J. B. White, woods man-ager of the Riordan Pulp and Paper Company, Montreal, and for the past two years in charge of forestry work in England and France, stated recent-For Him.

They Gave Him Quick Relief From Headache and Backache—He Recommends them to All Sufferers.

Cape Egment, P.E.I., Jan. 28th—(Special.)—Dedd's Kidney Pills have numerous friends in this tight little island, and among the most enthusiant of them is a still of them is a st satisfaction with Canadian lands producing only two to three thousand board feet per acre.

MONEY ORDERS Buy your out of town supplies with Dominion Express Money Orders. Five dollars costs three cents.

It matters not what money crops you grow, give your soil a change. Introduce legume crops frequently and constantly. They will keep nitrogén and humus in the soil, keep the soil mellow and friable and open the subscil to other roces. soil to other roots.

Minard's Liniment Cures Garget in Cows

When you put a porridge saucepant to soak always fill it with water.

The prevalent guess is that next year is not going to be as good as the average for crops. All the more reason to do your best work.

ANY CORN LIFTS OUT, DOESN'T HURT A BIT!

No foolishness! Lift your corns and calluses off with fingers -It's like magic!

Sore corns, hard corns, soft corns or any kind of a corn, can harmlessly be lifted right out with the fingers if you apply upon the corn a few drops of freezone, says a Cincinnati authority. For little cost one can get a small bottle of freezone at any drug store, which will positively rid one's feet of every corn or callus without pain.

This simple drug dries the moment The publisher of the best Farmer's it is applied and does not even irritate the surrounding skin while applying it or afterwards.

This announcement will interest t of many of our readers. If your drug-lt gist hasn't any freezone tell him to our surely get a small bottle for you from ber, his wholesale drug house.

> The Soul of a Piano is the Action. Insist on the OTTO HIGEL! PIANO ACTION

The Cause of Heart Trouble

Faulty digestion causes the generation of gases in the stomach which inflate and press down on the heart and interfere with its regular action, causing faintness and pain. 15 to 30 drops of Mother Seigel's Curalive Syrup after meals sets digestion right, which allows the heart to beat full and regular.



Rheumatic Aches

Drive them out with Sloan's Liniment, the quick-acting, soothing liniment that penetrates without rubbing and relieves the pain. So much cleaner than mussy plasters or ointments; it does not stain the skin or clog the pores. Always have a bottle in the house for the aches and pains of rheumatism, gout, lumbago, strains, sprains, stiff joints and all muscle soreness.

Generous size bottles at all druggists, 25c., 50c. \$1.00.



NO ALUM MADE IN CANADA

It is many years since there was on hand in Ontario so generous a win-ter supply of both grains and general roughage, with the exception of corn, which is lower than usual in bin and silo, says a bulletin of the Depart ment of Agriculture.

Minard's Liniment Cures Distemper.

In cold weather clothes pins are apt to freeze to the clothes and cause a tear when removed. This can be avoid-ed by first soaking the pins in salt and

MISCELLANEOUS

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

WELL EQUIPPED NEWSPAPER and job printing plant in Eastern Ontario. Insurance carried \$1.540. Will go for \$1.200 on quick sale. Box 69. Wilson Publishing Co., Ltd., Toronto.

Doctors Recommend Bon-Opto-for the Eyes

Physicians and eye specialists bre-scribe Bon-Opto as a safe home remedy in the treatment of eye troubles and to strengthen eveslight. Soil under money refund guaranty by all druggists.



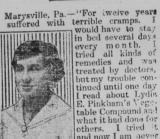
Babies With Itching, **Burning Skins Sleep**

And tired mothers rest after giving baby a hot bath with Cuticura Soap followed by a gentle application of Cuticura Ointment. Peace falls on distracted households when Cuticura enters. Trial free.

For free sample each address post-card: "Gutf-cura, Dept. N. Boston, U. S. A." Sold by dealers throughout the world.

THOSE AWFUL

Suggestions that may save Much Suffering



treated by doctors, but my trouble continued until one day I read about Lydie. E. Pinkham's Vegetable Compound and what it had done for the continued with the different woman. I cannot praise Lydia E. Pinkham's Vegetable Compound too highly and I am recommending it to my friends who suffer as I did."—Mrs. GEORGE R. NAYLOR, BOX 72, Marysville, Pa.

—Mrs. GEORGE R. NATIOR, BOX 12,
Marysville, Pa.
Young women who are troubled with
painful or irregular periods, backache,
headache, dragging-down sensations,
fainting spells or indigestion should
take Lydia E. Pinkham's Vegetable
Compound. Thousands have been restored to health by this root and herb
remedy.

remedy.
Write for free and helpful advice to
Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass. Only women
open and read such letters.

For Sale Machinery

1 WHEELOCK ENGINE, 18x42.

New Automatic Valve Type. Complete with supply and c flywheel, etc. Will accept \$1,200 cash for immediate sale. Complete with supply and exhaust piping

1 ELECTRIC GENERATOR, 30 K.W., 110-120 Volts D.C.

PULLEYS, Large size. 26x66—\$30; 12x60—\$20; 121/2x48—\$12; 12x36—\$8.

1 BLOWER OR FAN, Buffalo Make.

REAL ESTATES CORPORATION, LTD. 60 Front St. West, Tcronte