extended to all new members. I hope to give the full list in our next issue.

A badge will be sold for which the proceeds, after the cost, will go to the Sunshine Home Fund.

My heart is full of gratitude for the loving help and encouragement given by every one to whom this Guild has been mentioned.

Again, don't hesitate to write, no matter how far away. You cannot know how much you do to encourage our glorious work of scattering sunshine.

#### MOTTO:

"Not to be ministered unto but to minister is the secret of all joy, love and peace."

May God bless and prosper you in peace and love this glad New Year

" MARIE."

# SUNSHINE ZOO.

Dear Children: Many of you no doubt have pets who would like to become interested in the Sunshine Zoo. Some little people in St. James Circle have appropriated a lovely collie dog who got lost and was almost starved to death some little time ago, and now is looking so bright and bonny and so grateful for their loving kindness that they have called her "Queenie Sunshine."

"Queenie Sunshine" has written a letter and sent two cents for the Sunshine Fund. Now let your pets, dogs, horses, cats, or birds, write and tell about themselves and what they can do to help our good cheer along. This dear doggie is to have a collecting box and hopes to fill it with cents for the Sunshine Home Fund.

#### GUESS DOLLY'S NAME.

A lovely doll dressed like a baby with clothes to take off wilf be given a pretty name. Would you like to guess her name? If so, send five cents and the name you think has been given to her.

Readers can send as many guesses as they live if five cents is enclosed with each guess. Dolly goes to competitor guessing correctly. Funds after cost of material used in making dolly to go to Sunshine Home project.

### COMPETITIONS CLASS.

The following prizes are offered for the best piece of fancy work made by our readers, the nature of the work being left to the individual taste.

Open to all readers above the age of 17 years: First prize	\$3.00
Second prize	2.00
Third prize	1.00
Under seventeen years: .	
First prize	
Second prize	1.00
Thirs prize	.50
COMPETITION IN PIAIN NEEDLEWORK.	

Open to all readers under the age of seventeen. Choice

of garment left to competitor:

First prize \$2.00

Second prize 1.00

Third prize 550

All articles must be the unaided work of the competitor; age must be stated. All parcels to be addressed and carefully packed, "Marie," care "Grain Growers' Guide," Winnipeg.

It is necessary to explain that each member must depend on themselves in the work of the Guild. This means that you form your own Circle, or if desired write to "Marie," stating you wish to form a Circle in your district, and statement will be made through the Guide asking members to call on you and help in whatever you may wish.

(Letter from a grateful friend.)
15 Weldun Blk., Winnipeg,
Dec. 31st, 1908.

Dear Children of the Sunshine Club:

I received your good little letter and was indeed glad to hear from you. You forgot to send your address, but I shall direct this to St. Charles and risk your getting it. Hope you are all having a very pleasant vacation and some time when you little folks are down town run is and see me.

I should much enjoy coming to your Children's Festival. Wishing you all a very Hakpy New Year, I shall say goodbye to those who are

A little ray of sunshine
Darting here and there,
To chase away the shadows,
And drive away dull care;
Willing little workers,
All along the line,
Blithsome, gay and happy,
Singing all the time.

MRS. HELMENSTEIN.

This dear friend has been a martyr to rheumatism, and I feel sure that if any little dainties suitable for invalid could be sent in they would be appreciated. Mrs. Helmenstein has published a pretty birthday card with verses suitable for a gift to our dear mothers. We would be glad if any one of our readers could buy or sell these cards among their friends.

A social gathering will be held in Russell Hall on January 22nd. After expenses, all expenses will go to the Sunshine Fund.

We are very grateful to Mr. and Mrs. Macdona,d, St. James, who will give a concert to the children of the St. James Circle on Thursday the 21st. Proceeds for the Fund.

#### WORK PARTIES.

Mrs. Kennedy, 523 Langside, will hold a work party at her home on Wednesday, January 20th, 1909, from 1 to 3 p.m.

Mrs. Walter Boyce, 193 Langside, will hold a work party at her home on Tuesday, the 19th inst., from 2 to 5 p.m., and every second and fourth Tuesday until further notice.

Mrs. Eustace, 529 Langside, will hold a work party on Thursday, the 21st, from 2 to 3 p.m.

## WHERE TO SEND CHEER

Miss Bowles, General Hospital.—Please send letters or picture post cards to cheer this dear girl who will be there for a month at least and has no friends in Winnipeg.

# CONSCIENCE.

Are there not in each of us two selves? The little Self and the big Self; the low Self and the high Self; the Self that is always for dabbling in the mud and the Self that aches towards the stars? All through the ages we have called this other Self by many names; God, the Ideal, the Higher Nature, the Good, the Beautiful, the True, the Holy Ghost; and by naming it have we not acknowledged its reality? It is always with us; watching our work; there, to applaud the decent, to condem the disgusting. Sometimes the vision of it is clear as noonday, sometimes obscure as midnight; sometimes lost altogether. And, if it be indeed lost, then is all else lost too, and questions of conscience do not trouble any more. For the man is dead. . . . and rotten. . . only the machine remains to cumber the ground.

Truth should be the first lesson of the child, and the last aspiration of manhood.—Whittier.

Of all earthly music, that which reaches the farthest into heaven is the beating of a loving heart.

1.000

"Is I quarry a Costigan in that d

"So : rimony?" "Break "I'm no water the

"Pedt "For ins That is "And might go

"Wha

"H'm about it. "Wha when the "Just them."

grocer.

about h
with:
"And
appropria
"All:
And

my Husb

A you

This is aged neg out ridin rheumatis Jake!" sponded Mr. Roos rather he bottle of "it's this

" A ger remarked just sat a second several m Paused a he had m Plied the other, " should m