

The Legend of the Lake.

Far, far away, 'neath the grassy slope Of a mountain over the sea...

Domestic Recipes.

BOILED SALMON.—When salmon is to be boiled whole bend the head against one side of the body and the tail against the other side, fastening them well in place.

GREAT EXCITEMENT IN WALES ABOUT A MARVELOUS CURE.

Living Six Years Without Going to Bed. Mr. Editor.—While spending a few days at the pleasant seaside town of Aberystwyth...

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FIVE-MINUTE SERMONS FOR EARLY MASSES

By the Priest of the Parish. Preached in their Church of St. Paul the Apostle, Fifty-ninth Street and Ninth Avenue, New York.

FIRST SUNDAY IN LENT.

"Lay not up to yourselves treasures on earth, where the rust and moth consume, and where thieves break through and steal."

Well, this is no doubt a reason, and a good one, not only for what we have to do in Lent, but for a great deal more than we may do, not only now, but all through the year.

Let us not be so anxious to get to heaven; let us be so anxious to get to God. Let us not be so anxious to get to heaven; let us be so anxious to get to God.

STUFFED POTATOES.—Bake some large potatoes in their skins; when quite done scoop out the insides, and mash them with a little butter or milk; mix some finely-minced beef or mutton with the mashed potatoes, adding pepper and salt to taste; refill the empty skins with the mixture, and place them in the oven again till thoroughly hot, adding a small lump of butter on the top of each to prevent their becoming too dry.

Horford's Acid Phosphate UNQUALLED.

DR. R. M. ALEXANDER, Farnettsburg, Pa., says: "I think Horford's Acid Phosphate is not equalled in any other preparation of phosphorus."

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TO COOK CANNED LOBSTERS.—Spread the meat on a platter and pick out the coral; rub the coral smooth and mix with it the grated yolks of three hard-boiled eggs; mince the lobster meat fine; make a batter of milk and flour and one or two eggs, beat all the lumps out of the flour, and add the lobsters and coral to this.

Mr. Editor.—I have been reading your issue of the 21st inst. and I am glad to see that you have given so much space to the story of the cure of the young lady of the Sacred Heart.

CHERRY FRITTERS.—Put about a pint of water into a saucepan with a piece of butter the size of an egg, the least bit of cayenne and a pinch of black pepper.

Early in this last spring I had a still more severe attack of rheumatism, and my family and I were all suffering from it. I had heard of the cure of the young lady of the Sacred Heart, and I decided to try it.

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My Palm Circular will be issued, as usual, in Good Time for Palm Sunday.

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The regular meetings of the Association will be held on Friday evening, 12th inst. at their rooms, 730 Temple, at 7:30. All members are requested to be present.

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FRANK SMITH & CO.

With reference to the above, in soliciting the patronage of all the old customers of the above firm and as many new ones as will favor us with their valued patronage.

John Garvey

London, 1st January 1888. With reference to the above, in soliciting the patronage of all the old customers of the above firm and as many new ones as will favor us with their valued patronage.

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