

Norseman smorgasbord appeals to the economy-minded

By SID RODAWAY
Staff Reporter

MISSISSAUGA — It used to be you had to drive towards Toronto to enjoy a night out at a good restaurant but in the last decade the number of fine eating establishments has grown rapidly in Mississauga.

A prime example is the Norseman Restaurant on the north-east corner of Constitution Blvd. and Highway 5 — a combination of a relaxed atmosphere, a delicious smorgasbord and gracious hosts. It appeals to the family man interested in economy.

This reporter and his wife each made several trips back for more, sampled the Norseman's rich French pastry and ended the evening with a couple of drinks. The total, including gratuities, came to less than \$14.

Bill Strauss, the chef, offers 36 cold salad and meat plates with four hot main dishes. The salads run the gamut from ham to creole, from mushroom to shrimp. And speaking of shrimp, my wife, our resident expert,

reports they were the best she'd had in a long time. Her view was supported by another gentleman whom I questioned on his fourth time back for more.

On the evening we were there a giant tender roast beef, roast turkey, Beef Stroganoff and Swedish meatballs were the hot featured items. Corn, mashed potatoes and Spanish rice filled out the vegetable offering.

The Norseman offers a friendly Nordic atmosphere with attentive short skirted waitresses. Large jugs of Lowenbrau German draught beer and tall frosty mugs add to the continental beer hall flavor.

Drinks are modestly priced. My wife's Tom Collins was \$1.15 and any of the nine various Scotch whiskeys go for \$1.10 a shot. Mix costs a quarter.

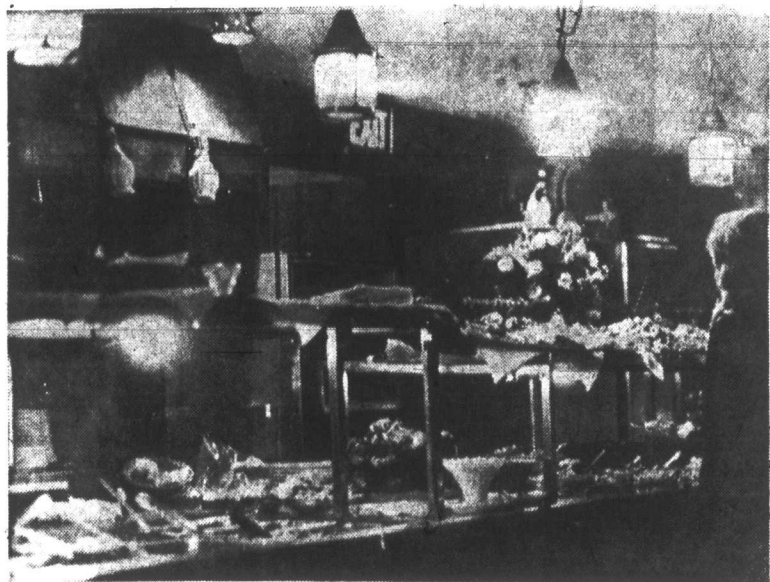
Wine is 80 cents a glass but it's better by the bottle. Prices range from \$3.75 for a bottle of Canadian Sauterne to \$6.25 for Kyffhauser German red wine. The most expensive on the list, which runs to more than 35 different wines, is \$10 for Henkell Trocken sparkling.

If eating is all you are interested in go before 8:15. After that time the 60-seat capacity room starts to pack in. At 9 p.m. the entertainment

starts, this time it was the Ray Belmonte Duo offering a slightly smaltzy but entertaining dance sound. Ray gives most of his arrangements a European beer hall flavor — it goes great with a mug of German beer.

(The Smith and Young Duo replaced the Belmonte Duo this week and now appears nightly at the Norseman. "Popular music is their bag," according to a club spokesman.)

All in all, the Norseman offers a large variety of well prepared food in an attractive and friendly atmosphere at moderate prices. What more could a hungry man ask for?



Norseman Smorgasbord.



Delicious roast of beef.

Fascinating South Africa conjures up mysterious images for tourists

By LANZLO
Times Travel Editor

The very word Africa usually conjures up a picture of witch doctors, black magic and jungle. For a truly fascinating visit, South Africa makes it possible for the tourist to see its other side. South Africa is diamonds, big game and gold. This is 20th century. If you have ever been fascinated by a group of people, then South Africa can put to rest

one of the most fascinating groups of all, the Zulu. If picture taking is your pleasure then this vast land offers snow-capped mountain peaks and desert plains with desert flowers. Located between two oceans, the Atlantic and the Indian, South Africa offers much for the tourist.

South Africa is a relatively dry country. It has in abundance, plants and animals,

due to its variety of altitudes from sea level to mountain tops. The animal kingdom offers lions, leopards and jackals, cheetahs, elephants and buffalo, rhinoceroses, hippos, and one that I read in my schoolbook, the aardvark.

When it comes to parks South Africa has more than its fair share. Kruger National Park is one of the largest natural nature reserves in the world and has nearly every species of South African animal within its borders. It is world famous and justly so. It is a must for every person making a trip.

There is so much animal and plant life to be seen. With 900 species of birds the ostrich rates as one of the most spectacular. It's a fascinating bird that can run at speeds to 40 miles an hour. Its egg is as large as 24 chicken eggs. With my five kiddies, wife and I, I believe there would be enough for visitors too.

If you enjoy fishing as much as I do then you'll be interested to know that there are about 1,000 kinds of sea fish to be found in the South African waters. Long thought extinct was the fabulous coelacanth. It turns out that this fossil is alive and doing well. If flowers turn you on then there is no doubt that a visit to this section of the world is in order. The native flora is made up of 10,000 species. One spectacular plant that blooms from January to May on the slopes of the Cape of Good Hope Mountains, is the Protea plant. This is South Africa's national flower. It is a shrub which reaches 10 feet in height and bears flowers 15 to 20 inches in diameter, in varying shades of pink and mauve.

INTERESTING CITIES Johannesburg, Cape Town, Durban, Pretoria, Port Elizabeth and others are the names of cities. Each one has an interesting story to tell. Each one offers much as they are cosmopolitan, well planned and modern. The climate is mild and this has to be South

Africa's biggest asset. The temperature range is 35 to 65 degrees most of the year. The daily forecast would be a blessing for Canadians, sunny and mild.

I remember seeing on television a film called "The Bushmen of the Kalahari". It is South Africa where they will be found. They are a primitive nomadic race of people who have never really progressed beyond the stone age. They are a small people with a yellowish complexion. They still use bows and poisoned arrows and have a great skill when it comes to hunting.

Bantu people live in huts made of grass and straw and are cone shaped like beehives. Some tribes decorate their walls with absolutely beautiful, vivid paintings. Their dress is often most elaborate and bright beads and ornaments are used most freely. The Bantu's beliefs and traditions have made carved masks extremely important. Seeing these masks in one place and another can become an obsession and if you are like me, a collector of this sort of thing a pocketful of money could be in order. With picture taking as my favorite pastime an endless supply of film would be mandatory. The faces of the people of South Africa are most interesting and the bold, daring use of color would keep my camera clicking constantly.

Many people who travel enjoy eating and make this a highlight of their trip. Many people are very wary of new and strange places because of the food they might encounter. Well, South Africa is not the place to worry about. With all the many cultures and European influences almost any palate can be satisfied. It is not overly expensive to visit South Africa and with all its offerings more tourists would be well advised to give South Africa a good looksee when planning a trip in the near future.

Mississauga entertainment

Mississauga and the surrounding area is full of good spots for entertainment. Some of the things you can enjoy this week are:

The Villa Inn has The Squires, a three-man, versatile group, until Saturday. The group's act is enhanced by a topless dancer, Nicole. A group for your ears and a girl for your eyes makes the evening out very enjoyable.

The Skyline Hotel, a good place for an evening out, still has Diamond Lil in the lounge. Queen Ann and the Pearly Kings sing their hearts out in the pub and Henry Cuesta and his group supply dinner music nightly.

The Newport Hotel has Tom Douglas entertaining nightly from 9:00 p.m. Tom does a night club type act and sings in a Tom Jones style. Roger Witnall and his Trio entertain at the Sherway Inn. For an evening out or a weekend away from home the Sherway Inn makes it worthwhile.



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The Record Beat with Peter Donato

I have received a lot of albums in the past couple of weeks and in order to keep up with the steady flow of new material as it is coming out, here are capsule comments on some of them.

"It Ain't Easy" — Three Dog Night (Dunhill 59078) — this LP includes their current single, and is a good tight album. This group make up for their lack of originality, with good solid music. Nothing out of the ordinary, nothing pretentious, just good arrangements and some nice tunes, from a group with a very successful commercial sound.

"Fireworks" — Jose Feliciano (RCA LSP-4370). Doing many Beatle tunes, and doing mediocre versions of them set the pace for this new album by Feliciano. The best tunes on the album are classical instrumentals "Fireworks" from Handel's "Fireworks Suite" and "Pegao" written by Feliciano. The rest of the album just doesn't make it.

"Candles In The Rain" — Melanie (Buddah - BDS-5060). Melanie is one of the few female vocalists in the rock scene who have something different to offer. In her case it is an unusual voice that gives her that added something. This album is pleasant, with the single "Lay Down" being the dominant song of the set. Her own tunes have a childish quality about them that doesn't really come across as cute but rather as silly. She does two passable versions of the Stone's "Ruby Tuesday" and James Taylor's "Carolina In My Mind". Nice album but nothing special.

"Closer To Home" — Grank Funk Railroad (Capitol - SKAO-471). After hearing the last album by this band I was rather skeptical about this one as I placed it on the turntable. But lo and behold, a good, good album. Very tight and very listenable. Especially good are "Mean Mistresses", and "I'm Your Captain". The band has a more refined sound than before, but still has the guts it needs for its own particular brand of rock. A welcome surprise for one who was down on them before, but will now be looking forward to the next album.

"Bitches Brew" — Miles Davis — (Columbia GP 26). Miles Davis is a jazz musician in the highest sense of the word. His horn is an extension of himself and he plays from his feelings, not from a chart. This new album by Miles will win for him many new fans from the rock area. The album isn't rock, so don't buy it and then be disappointed by the lack of loud drums, etc. It has rock overtones. To explain this coherently would take a book so let me just say the album is different in contrast to "In A Silent Way" or the "Sorcerer". On the session playing bass is Harvey Brooks, familiar in rock circles for his work with the "Electric Flag" and the "Super Session" album. The tunes are very free and flowing yet tight and substantial. The musicianship is of the highest calibre and everyone playing knows how far they can go, and that's far. A tough album to get into if you are not a well versed jazz fan as I am not. But once you break through the initial barrier of confusion and get down to the basics of it and its intricacies, it is very good.

A THOUGHT ABOUT THE FESTIVAL EXPRESS
There has been a lot of talk, a lot of complaining and a lot of fuss made over this event. I was there and found it to be less than what I expected. Whose fault was it? Nobody's, in my estimation. It was just a lot of things that didn't click.

They (some of the kids) complained about the price. I think it was reasonable, after all if you want to see all the groups there individually and paid the lowest price possible, it would still cost you more than if you paid the maximum price for the festival which was \$18. At these kind of things you take your chances that your particular favorite will be good. If they're not you complain.

They are only human, which I think we overlook much to often.

Duplicate bridge winners

The following are the duplicate bridge club winners for week of June 29, 1970:

Port Credit Bridge Club — Monday afternoon, June 29: N/S Del Williams, Betty King; E/W Olive Drummond, Lillian Kench.

Monday evening — N/S Bruce Bunt, Bert Decelles; E/W, Mary Murray, Frances Breakwell, Tie, Shirley McIntosh, Marlys Bucznski.

Wednesday evening, July 1: N/S, Elizabeth Kirkpatrick, Mary Helen Harle; E/W, Mr. and Mrs. M. T. King.

Mississauga Bridge Club, Huron Centre, Tuesday evening, June 30, N/S, Mr. and Mrs. Roy Pennington; Alma McGregor, Del Gagan.

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