

# Swimmers win big at Dal



Swimmers in action

MARIA PAISLEY PHOTO

MARIA PAISLEY  
THE BRUNSWICKAN

HALIFAX—The UNB Varsity Reds made a big splash in Halifax over the weekend.

The Dal Invitational AUA meet was dominated by both UNB and Dal swim teams in the final scores. Even prior to the meet the AUA Invitational Meet Records were held solely by UNB and Dal with UNB holding 8 of the 9 mens records and the women hold three of the nine records.

The V-Reds mens team won a convincing victory over the Dal Tigers mens team with a team total point of 328.5 points to Dal's 148.5. Memorial University finished third with 100 points and Mt. A was a close fourth with 84 points.

While the womens team finished second with 224 points behind Dal's 353 points while Mt. A finished a distant third with 72 points and MUN finished fourth with only 31 points. The Reds womens team was without Michelle MacWhirter who holds the AUA Invitational meet records in the 400m freestyle in 4:30.08 and 50m backstroke in 30.52, both which were won by Dal. MacWhirter was competing in the cross country AUA's in Fredericton.

Head coach Andrew Cole was "pleased with the team's and individual's performance at the meet." He feels that the team "has a good work ethic and that they have a desire to improve." Cole believes that being a dedicated athlete is more important than having big name athletes on the team as they will have the desire to be the best that they can be and therefore willing to work much harder.

He states that the team "is working on their split times as this will increase the likelihood of improving their personal best times. The split times are important because they give an indication of how long it takes a swimmer to swim a particular distance, usually about 25m, and where the times are different. The benefit of knowing the times is the awareness of whether the swimmer gets off to a fast start or slows down towards the middle or the end. Once it is known where the swimmer's times are slower by even a few seconds then they can begin to work on improving that portion."

Cole has returned after working with the National Swim Team for one year, in which he went to the Atlanta Olympics during the summer. One of the new training techniques that he learned was the "warm down". The "warm down" involves doing more laps after having swam in the competition. Cole says that "part of the swimmers training is that they swim between 50 - 75 km per week and will be swimming up to 80 km a week. The swimmers are now swimming 11 times per week."

UNB's Krista Morrison captured the 200m Individual Medley in 2:26.19, 100m Breaststroke in 1:16.57, 400m Individual Medley in 5:10.07 and the 50m Breaststroke in 35.98. Teammates Krista Bowser took the 200m Butterfly in 2:32.03 and Stephanie Quinn won the 200m Breaststroke in 2:50.18. UNB women's relay team finished second in the 400m Medley Relay which was taken by Dal.

Reds' Bill Hogan started the winning for UNB by taking the 200m Freestyle in 2:00.36 and teammate Josh Ballem continued the winning by taking the 100m Backstroke in 1:01.44 and the

400m Individual Medley in 4:48.85. Thom Giberson captured the 200m Individual Medley in 2:13.91 and the 50m Freestyle in 24.91, while Iain Tennant placed first in the 50m Butterfly in 26.15 and 100m Butterfly in 58.97. UNB's Tim Brooks finished first in the 200m Backstroke in 2:17.87 and Mike Stevenson captured the 50m Backstroke in 29.66. Male athlete of the Meet and UNB Male athlete of the Week Marty Laycock finished first in three breaststroke events, the 50m in 31.56, 100m in 1:08.52, and 200m in 2:32.11. UNB mens team captured both the 400m Freestyle Relay in 3:37.76 and the 400m Medley Relay in 4:04.79 breaking the old meet record of 4:06.80 which was held by UNB.

Rookie Quinn had a personal best time in the 100m Breaststroke, Cole comments that "prior to joining the Reds she was swimming 3 - 4 times a week and now is swimming 11 times a week." During the meet there were a number of personal best records set in addition to new meet records set.

The Reds will return to AUA competition when they host Dal on November 16th.

# Sidelines: Maureen Sparks

MEGHAN NESBITT

THE BRUNSWICKAN

Everyone who has anything to do with the Reds knows who Maureen Sparks is. Coaches and athletes alike realize Maureen is far more than just the secretary of inter-collegiate athletics, or Jim Born's administrative assistant. Maureen is one of the strongest contributors to the Reds program. She is the person who has the answers, who always wants to know how the team is doing, and who has time for everyone despite her incredible workload. As field hockey coach Stacey Beam puts it, "she is the heart and soul of the Varsity Reds program, no question about it."

Since Maureen has been working with UNB's athletics department in 1981, her job has grown in to a position of diverse and abundant responsibilities. Maureen commented, "I take whatever challenges I can."

Well, here are some of the challenges Maureen has taken on. Every single Varsity team's travelling arrangements are done by Maureen. That includes finding the best deals on transportation, hotels that are close to the competitions, and any specifications a coach might request. Maureen also works on budgets, contributes to promotions, coordinates press conferences and coaches meetings (coffee included). Then there are athletic feedings, book-keeping, the Athletic Newsletter, the Reds magazine, (feeling like a couch potato yet?), training sports information people, negotiating with sponsors for prizes, and of course, the Athletic Banquet.

The Athletic Banquet is a perfect example of the extra effort that Maureen puts into all aspects of her job. Not only does Maureen work to organize the banquet itself, she also does a slide or video show for the banquet. It isn't required that Maureen spend countless hours on the slide/video show, it is just the way she does every aspect of her job. As Joyce Slipp, coach of the women's basketball team commented, "Maureen performs, above and beyond her job as administrative secretary."

One of Maureen's most called upon assets is her knowledge of what is going on, and how to get things done. Both players and coaches know when you have a question, you just have to go to Maureen. Charles Currie stated, "Any questions or concerns I've had, Maureen has always been a great help." Charles added that usually she just dropped by to say hello in a friendly way.

That is the sort of relationship Maureen has with many of the athletes at UNB. Maureen relates very well to student athletes, Jim Born stated. It must be because that is what Maureen enjoys most about her job: "It's the student athletes. Meeting them, watching them play, grow as people... it makes it all worth while."

Even though her duties seem as though they wouldn't leave her much time, Maureen is serious when she says she enjoys watching the athletes play. You can spot Maureen at most of the Reds events, including AUA championships. Halifax. Dressed in school colours, Maureen is usually one of the best



Maureen Sparks

PAT FITZPATRICK PHOTO

fills around. Yet she strongly asserted, "I don't have to go to the games, I go because I want to go."

Not only is Maureen accomplished in Varsity Reds world, she in all other walks of life as well. Maureen has competed in most sports known to mankind, was the co-chair of the United Way Campaign in 94/95, is on the joint committee of the UNBEA and University's administration, is an advisor on the sexual harassment council, and the list goes on and on.

It is the enthusiasm and efficiency in which these responsibilities are carried out that makes Maureen so remarkable. Maureen admitted, "I have fun doing all these things". Jim Born remarked that Maureen is "very intelligent, creative, and enthusiastic in terms of everything and anything she has done for us". And Maureen has certainly done a lot. As Joyce Slipp said, Maureen is, "the glue that holds the athletic department together."

While there are rarely awards for those who stand on the sidelines, sometimes just a bit of acknowledgement and gratitude can suffice. For your "pat me on the back file", this article is just to say thank-you Maureen, your extra effort is appreciated.

# Canadiens Update: forwards traded away

DIRK NIELSEN

THE BRUNSWICKAN

Montreal Canadiens General Manager Rejean Houle strikes again. Two major trades last week have put a serious dent in the Canadiens' offense. Houle gave Fredericton Canadiens fans a slap in the face by getting rid of Ex-captain Scott Fraser, and league scoring leader Craig Conroy.

The biggest blow to the Canadiens was the trade of Conroy. With 10 goals and 6 assists in nine games with the Habs' this season, he was part of the five-player trade between the parent club and the St. Louis Blues.

Blues, Conroy is happy with the deal. He has an excellent opportunity playing with the Blues in the big leagues this season. A chance Montreal was too stubborn to give him.

The other trade which hit home hard in Fredericton, Scott Fraser, a 24 year old Moncton native was sent to the St. John Flames, who seem to have gotten the better end



David Ling battles to the goal

DIRK NIELSEN PHOTO

of the deal. The trade brought feisty right winger, David Ling, and a sixth round pick for the parent Habs in the 1988 draft.

Fraser, who is happy with the deal, has yet to play a pointless game with St. John. While he had 3 goals and 8 assists in 7 games with the baby Habs,

he has scored five times in three games with the Flames, including a three goal night against the league powerhouse St. John's leafs in a 5-4 loss Tuesday night.

Rough and tough 21 year old David Ling was the Flames' second best rookie last season. He scoring 24 goals, 56

points and 179 penalty minutes in St. John. Ling was Canadian junior player of the year in 1994, with the Kingston Frontenacs of the OHL.

This is not the first time Mr. Houle has snubbed Fredericton Fans. Since taking over the Montreal GM position 1 year ago, he has traded away four key contributors in the baby Habs line up. Ex-captain Craig Ferguson and veteran Yves Sarault were sent to St. John last year.

### NHL NOTES

The five player trade saw Craig Conroy head off St. Louis, with parent Hab Captain, Pierre Turgeon, defenseman Rory Fitzpatrick for ex-Canadian Shayne Corson and the solid defenceman Murray Baron.

Darcy Tucker is fighting to get off the bench with the parent Hab's. The former Fredericton Canadiens tough man has 19 penalty minutes in 4 NHL games.

their 10 yard line in the closing minutes of the first half of sudden death. Pinned tightly to the side line there was just enough room to run a successful 8-man pick. The pack surged, the 8-man was off and the hulking blind-side winger caught a beautifully thrown pass to push UNB into the New Brunswick final. Congratulations women! All those who watched were delighted.

UNB will meet the Fredericton Loyalists on their field on Saturday to determine who will represent New Brunswick in the Maritime Championship the following weekend in Halifax.

**Ray Dolan's**  
**Pizza Delight/Roosters**  
100 Regent Street  
458-1800  
**ALL YOU CAN EAT**  
**PIZZA, PASTA, BUFFET FOR \$6.95**  
Includes:  
Soup, Salad, Donairs, Pizza,  
Garlic Cheese Fingers, Pasta Dishes  
Available: Sunday - All day and evening  
Monday: 11-2 & 5-9pm  
Tuesday: 11-2 & 5-9pm  
**All you can eat Spaghetti**  
**Wednesday 5-10pm \$3.99**  
Present this ad and receive a medium soft drink  
with buffet purchase  
Available for dine-in at this location only

**CyberSensations™**  
...the internet café  
FREE 1/2 hour of Internet  
with the purchase of 1/2 hour  
and a large Cappuchino, or  
Mocha or Latté  
High Speed link to the Internet  
Yes, we even have IRC.  
415 King Street, Fredericton, Ph: 457-7428 Fax: 455-1721 www.cybersensations.com  
Network Game Tournaments  
**DUKE NUKEM 3-D**  
\$10.00 ADVANCE CASH PRIZES  
\$12.50 DOOR  
**SUNDAY NOV 17**

**MATURE & PART-TIME**  
**C.A.M.P.U.S.**  
**Zoomers**  
You are important  
to us!  
Let us be  
important to you.  
Please attend  
**YOUR**  
**A.G.M.**  
ANNUAL GENERAL MEETING  
**NOVEMBER 21, 1996**  
**S.U.B. Ballroom**  
**4 P.M.**  
For information call: 453-3596 e-mail: zoomers@unb.ca