

TO AVOID KACHE AND ERVOUSNESS

By Mrs. Lynch From
Own Experience.

... R. L.—"I was all run
... was nervous, had head-
... aches, my back
... ached all the time.
... I was tired and had
... no ambition for any-
... thing. I had taken
... a number of medi-
... cines which did me
... no good. One day
... I read about Lydia
... E. Pinkham's Vege-
... table Compound and
... what it had done for
... women, so I tried
... it. My nervousness
... and backache and
... disappeared. I gained
... in weight, so I can honestly
... say Lydia E. Pinkham's Vege-
... table Compound is
... what I need. Mrs. Amelia B.
... Plain St., Providence, R. I.
... and nervousness are symp-
... toms of a general distur-
... bance of the system, which
... is often due to a develop-
... ment of a serious ailment.
... In this condition should not
... be allowed to drag along without help, but
... should take Lydia E. Pinkham's
... Vegetable Compound, and
... soon feel better. My nervous-
... ness and backache and
... disappeared. I gained
... in weight, so I can honestly
... say Lydia E. Pinkham's Vege-
... table Compound is
... what I need. Mrs. Amelia B.
... Plain St., Providence, R. I.
... and nervousness are symp-
... toms of a general distur-
... bance of the system, which
... is often due to a develop-
... ment of a serious ailment.

... this registration will
... be expected that the
... on of Canada's resour-
... ce and female labor can
... be called with prompt and
... efficiency. Naturally the
... records will be an
... reinforcement of the
... service Act, but on the
... other hand it should not be
... forgotten that the mobilization
... of essential branches of
... industry in Canada, in view
... of the critical situation now
... facing the Allies, is almost
... as important as the mo-
... bilization of our manpower for
... overseas.

Liniment Relieves

... is under prohibition,
... fact that the Grand
... carried 725 carload, of
... in Montreal between
... 16th, 1917, and Ap-
... 18, shows that it is
... "wet" it figures
... early a bottle a piece
... sole population, says
... ice.

Men's Clothes—A- f- g, spread the gar- -side up on an iron- -lay over a cotton -g out of warm water, -about the tablespoon -to three pints water -until both the cloth -are dry.

COBOL IN GIN PILLS

... wondered how the famous
... remedy, Gin Pills, de-
... me, since obviously there
... irits contained in pill form,
... of Gin Pills can be traced
... has for a great many
... organized for its medicinal
... cularly its beneficial effects
... mplaints.

... first place there are many
... conscientious objections to
... it, even as a medicine.
... curative agent of Gin
... site of the alcohol, not be-
... hol is a help to the cure.
... were made to deter-
... it was in Gin that tened
... numism, Lumbago, Sci-
... Swollen Joints, Constant
... ailments arising from
... bladder and urinary system,
... agent, separated from the
... men combined with other
... given the name of Gin
... ch a demand has grown
... or any other medicine in
... Pills have a wonderful
... and anyone applying
... strers can obtain copies
... testimonials received,
... sold by all dealers every-
... ct guarantee of satisfac-
... money back. They are 60c.
... boxes for \$2.50. A free
... obtained by writing to
... Drug & Chemical Co. of
... ed, Toronto, or to the
... No. 200 Co. Inc., 202
... 10, N. Y.

GERMANS HAVE LOST FIVE MILLION MEN SINCE WAR BEGAN.

In Five Months the Enemy Los-
es 367,450 Killed and Prison-
ers.

FAMOUS BOCHE AVAITOR IS KILLED BY BRITISH

PARIS, April 22—German
writers estimate the German
losses between August, 1917,
and Jan. 31, 1918, as 367,450
killed and taken prisoners on
"both fronts."

Famous Avaitor Killed.

With the British Army in
France, April 22—(By the As-
sociated Press)—Baron Rich-
thofen, the famous German
avaitor, was shot down and
killed last night back of the British
lines along the Somme front.
Details of the death of the air-
man are lacking, but as show-
ing the temper of British offi-
cers it may be said that the
correspondent heard the air-
man expressed that Richthofen
died fighting in an air battle,
with a worthy opponent, rather
than being shot down by
anti-aircraft guns.

The German "flying circus"
leader will be buried with mili-
tary honors today near the spot
where he crashed and an im-
pressive ceremony is being
planned by the British officials.

Machines Brought Down.

With the American Army in
France, Sunday, April 21—(By
low-flying German airplanes
were brought down Saturday by
American machine gunners dur-
ing the German attack in and
about Seicheprey, northwest of
Toul. The machine gunners
who bagged the Germans had
been ordered to retire, but they
remained in their position and
fought effectively against the
enemy aviators.

Dropped Twelve Tons Bombs.

London, April 21—The British
official communication dealing
with aviation, issued to-
night, says:

"The weather improved Sat-
urday, but thick clouds prevent-
ed flying at high altitudes.
Twelve tons of bombs were
dropped during the day on var-
ious targets, including Menin,
Armentieres and the Therout
railroad junction.

"During the last few days,
owing to the better weather,
there has been more air fight-
ing. Six hostile machines were
downed and three others dis-
abled. Three of our machines
are missing.

"Our night flying squadrons
bombed Bapaume and enemy
bunkers and the roads leading to
the front. Hostile railway
junctions were also attacked at
Chaulnes, where a large fire was
caused; at Juniville, twenty
miles northeast of Rheims, and
at Bethenville. All our ma-
chines returned."

THE BOYS' OPPORTUNITY FOR WAR SERVICE.

Practically half a million of
Canada's best boys have gone
forth in the Empire's struggle
for Liberty and Right. The
mothers and sisters of these
men in RED CROSS and other
PATRIOTIC WORK, stand with
those who stand between us and
the foe. The men of Canada
have given liberally of their
wealth and services and on May
5th and succeeding days the
great Canadian Drive for two
and a half millions for War
Work is to be made. Up to the
present time, however, the re-
sources and powers of the 'teen
age boys have largely remained
unchallenged.

The United States in its last
effort raised \$50,000,000 and in
this splendid enterprise 110,
000 boys actually pledged and
paid \$10.00 each for the var-
ious forms of War Work, over-
subscribing the Million Dollar
mark by \$100,000. In Canada's
approaching effort to raise two
and a half million the boys of
Canada have asked to have a
similar art. The proposal is
that 6000 Canadian Boys Earn
and Give \$10.00 each by Octo-
ber 1st—\$60,000 in all to the
Y. M. C. A. Red Triangle War
Fund. The Y. M. C. A. Work
is essentially important, but
the raising of the money even
for such important work is not
the primo concern.

For 6000 Canadian boys to
give \$60,000 is, as far as we
know, the largest financial un-
dertaking that the boys of Can-
ada have ever faced. However,
the financial side of the "Earn
and Give" Campaign is not its
most important side. To
educate and inspire 6,000 boys
to make great personal sacri-
fices in the time of our National
War crisis is a far greater ach-
ievement than the mere secur-
ing of the money. To edu-
cate the boys of Canada to see
their relationship to necessary
to earn the money that they
contribute, to have large num-
bers of them to go to the farms
in the world food crisis, and
earn their money by real hard
work that will develop their
own characters and make a con-
tribution to our National life—
these are the great things of the
"Earn and Give" Campaign.

Nova Scotia's quota is 500
boys and \$5000 and we feel con-
fident that as Nova Scotia's men
have been first in the field the
boys of Nova Scotia will take
no second place.

For enrollment cards and in-
formation, write C. J. Crowds,
P. O. Box 338, Halifax N. S.

I was cured of Acute Bronchitis by
MINARD'S LINIMENT
Bay of Islands, J. M. Campbell
I was cured of Facial Neuralgia by
MINARD'S LINIMENT
Springhill N. S. W. M. Daniels
I was cured of Chronic Rheumatism
by MINARD'S LINIMENT.
Albert Co., N. B. Geo Tingley

Vast Issues Depend Upon the Welfare of Our Men!



Cheer Up and Thank God for the Y.M.C.A.

TRY to picture yourself in the muddy cold trenches after
exciting days and long nights of mortal danger and in-
tense nervous strain. Rushing "whiz-bangs" and scream-
ing "coal boxes" are no respecters of persons. You are hit!
But despite shock and pain you still can face the long weary
trudge back to dressing station. Weary, overwrought and de-
pressed, you are prey to wild imaginings of that other coming
ordeal with the surgeon. There are other "walking wounded,"
too! You must wait, wait, wait. And then—
Up comes a cheery Y.M.C.A. man, the ever-present "big brother,"
to the soldier, with words of manly encouragement. Close be-
side the dressing station the good generous folks at home have
enabled him to set up a canteen. He hands you biscuits, and
chocolate or coffee.

Y.M.C.A. Red Triangle Fund \$2,250,000, May 7, 8, 9 Canada-Wide Appeal

"In thousands of cases," writes an officer, "it was that first hot
cup of coffee that dragged the man back to life and sanity."
The tremendous helpfulness of the Y.M.C.A. as an aid to the
"morale," or fighting spirit, of the soldiers is everywhere
praised. No wonder the Germans make every effort to smash
the Y.M.C.A. huts out of existence.

The Y.M.C.A. is everywhere. You first met the helpful,
manly Y.M.C.A. worker in camp, then on train and boat, at
camp in England and in France, close to the firing line. Often
he risks his life to reach you in the trenches. He has won the
warmest praise from military authorities, statesmen—the King!
Have you a precious boy at the front? You cannot be "over
there" to guide him away from fierce temptations of camp and
city. You cannot comfort him in his supreme hour of trial.
Your parcels to him are necessarily few. But the Y.M.C.A.,
thank God, is "over there," going where you cannot go—doing
the very things you long to do—doing it for you and for him.
Will you help? This vast organization of helpfulness needs at
least \$2,250,000 from Canada for 1918. For your boy's sake be
GENEROUS!!

National Council, Young Men's Christian Association

Campaign Directors for Maritime Provinces
New Brunswick: Eber H. Turnbull, 66 Prince William St., St. John, N.B.
Nova Scotia: D. G. Cook, Chronicle Bldg., Halifax, N.S.
P. E. Island: Lieut. Ulric Dawson, Headquarters Y.M.C.A., Charlottetown.

War Work Summary


- These are:
- 96 branches of Canadian Y.M.C.A. in France.
 - 79 branches in England.
 - Dozens of Y.M.C.A. dug-outs in forward trenches under fire.
 - Over 120 Military Secretaries overseas.
 - 300,000 letters a day written in Y.M.C.A. overseas buildings.
 - 133,000 needed for athletic equipment. (Helps morale of soldiers.)
 - Y.M.C.A. saved hundreds of lives at Vimy Ridge by caring for walking wounded.
 - Over 100 pianos in England and France, also 300 gramophones and 27 moving picture machines.
 - Y.M.C.A. helps boys in hospitals.
 - More than 60,000 cups of hot tea and coffee distributed daily in France—free. Estimated cost for 8 months, \$48,000.
 - 150,000 magazines distributed free every month. (Estimated cost \$15,000.)
 - 125,000 used in 1917 to build huts in France.
 - Concerts, sing-songs, good-night services and personal interviews energetically conducted. Concerts, lectures, etc., cost \$3,000 a month.
 - Thousands of soldiers decide for the better life.
 - Y.M.C.A. sells many needful things to soldiers for their convenience. Profits, if any, all spent for benefit of soldiers.
 - Service to boys in Camp hospitals.
 - Red Triangle Clubs for soldiers in Toronto, St. John and Montreal, Centres in Paris and London for men on leave.
 - Out of Red Triangle Fund, \$75,000 to be contributed to the War Work of the Y.W.C.A.

Boys!

Here's your chance to do a fine
stroke in the big war! Help the
Y.M.C.A. to help your big
brothers overseas by joining in the

"Earn and Give Campaign"

Six thousand Canadian older
boys are invited to earn and
give at least Ten Dollars (\$10)
to the Red Triangle Fund. That
means \$30,000 in all! Splendid!
Five thousand dollars will be
used for boys' work in India and
China; another \$5,000 for the
National Boys' Work of Canada,
and \$50,000 to help big brothers
in Khaki. Ask your local
Y.M.C.A. representative for in-
formation and pledge card.
When you have subscribed one
or more units of Ten Dollars, you
will receive a beautifully en-
graved certificate.



Always Cane Sugar

Lantic Granulated is pure cane sugar—no beets—no substitutes!
Made in a new Refinery by new and improved methods—packed by
automatic machines in original packages.

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5 lb. sealed cartons, also in 10 lb., 20 lb. and 100 lb. bags. Weight guaranteed.
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