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- Puck. No AVALL

Adam Soper of Burk's Falls, Found All
Remedies For Kidney Disease of No
Avail Until He Used South American
Kidney Cure—To-Day He Sis a Well
Man and Gives the Credit Where it is
Doe.

SICK HEABACHE,
FENALE COMPLAI

BINDIESTION,
DISPEPSIA.

And All Biangdom of the

ONE DAY AT A TIME.

BY HELEN HUNT JACKSON

One day at a time! That's all it can be; No faster than that is the hardest fate, And days have their limits, however we Begin them too early and stretch them too late.

One day at a time!
It is a wholesome rhyme!
A good one to live by.
A day at a time.

One day at a time! Every heart that

one ony at a time! Every heart that aches, Knowing only too well how long they can seem; But it's never to day which the apirit breaks —
It's the darkened future, without a gleam.

One day at a time! What joy is at hight— Such joy as the heart can never forget— and pulses are throbbing with wild de-

must set.

One day at a time! But a single day,
Whatever its load, whatever its length;
And there's a bit of precious floripture
to a coording to each shall be our
strength.

One day at a time! Tis the whole of
life;
All sorrow, all joy, are measured
therein;
The bound of our purpose, our noblest
strife,

The one only countersign sure to win!

One day at a time!
It's a wholesome rhyme!
A good one to live by,
A day at a time.

I was cured of painful Goitre by MIN-ARD'S LINIMENT. Chatham, Ont. BYARD MCMULLIN.

1 was cured of Inflammation by MIN-ARD'S LINIMENT. Walsh, Ont. Mrs. W. W. JOHNSON. I was cured of Facial Neuralgia by MINARD'S LINIMENT. Parkdale, Ont. J. H. BAILEY.

Celtic Politeness.—Lady—"I'hank yon sir, but I don't like to deprive you of your comfortable seat." Hibernian— "Be th' powers, leddy, li was comfort-able no longer when Ol saw you standin', —Harlem Mre.



No matter how violent or exercitating the pain, the Rheumatic. Bedridden, Infirm Brtppfid, Nervous, Neuralgic, or prestrated with diseases may suffer.

with diseases may suffer, Radway's Ready Relief

For Institute of Trastant Russ,

For Institute of Trastant Russ,
Institute of Trastant Russ,
Institute of Trastant Russ,
Institute of Trastant Russ,
Institute of Trastant

other glasds or muons membranes.

DIFFICULT BREATHING

Oures the worst paint in from one to twenty minutes. Not one hour after reading this advertisement need any one suffer with pain. Malaria in its various terms cured and pr

Measures to be remedial agent in the world results are modeled agent and all other features. Billium and other fevers, asked by Marketone, asked by

Miners and iumbermen should as provided with it.

Always Reliable, Purely Vegetable Perfectly tasteless, elegably coated, purge, regulate, purity, cleanse and strengthen, RADWAYP FILLS for the cure of all disorders of the Stomach, Bowels, Kidneys, Black, Narrous Diseases, Dissiness. Verligo, Contreness, Files,

Because

And pulses are throbbing with wild de: Hood's must set. Sarsaparilla

s the One True Blood Purifier. All druggists. \$1. repared only by C. I. Hood & Co. Lowell, Mass. Hood's Pills with Hood's Barsaparilla.

Sea **Ioam** It Floats.

A Pure White Soap Made of the finest grade of vegetable oils.

BEST for Tollet and Bath. ST. CROIX SOAP CO., St. Stephen, N. B.

Makes Home Happy The Cook Who uses

The Grocer Who induces his customers to use

WOODILL'S GERMAN BAKING

Manual Rep

Intercolonial Railway.

POWDER

OW AND AFTER MONDAY, the 19th Oct., 1896, the Trains of this Railway will run Daily [Sunday excepted] as follows: TRAINS WILL LEAVE ST. JOHN Passengers from 8t. John for Quebee and Montreal take through Bleeping Car at Mone-ton, at 38.10 o'clock.

TRAINS WILL ARRIVE AT ST. JOHN Express from Montreal and Quebec (Monday excepted) bellies 18.00
Accommodation from Moneton 24.00
Accommodation from Moneton 24.00
Accommodation from the Intercolontal Radiums are hanked by steam from the locomotive, End those between Hallfag and Montrea, via Levis are lighted by sicotrately.

Adi trains are run by Eastern Sinnstard Nos-D. POTTINGER, General Hanager Sin October, 1886. CANADIAN RY.

PAST EXPRESS leaves St. John, N. R. at P. 4.19 p. m. week days, for Montreal Quebes, etc., connecting at Montreal Poundays excepted for Toronfo, Otlaws, Winnipeg and points West, Northwest and on the Pacific Coast.

For rates of fare and all other information apply at Offices, Chubbs Corner, and at Station.

Monicoll, A. H. Nortman, Pass. Traffic Man. Dist. Pass. Agent, Montreal. St. John, N. B.

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