

TO WASH WOOLLEN GOODS.—The art of washing woollen goods so as to prevent them from shrinking, is one of the desiderata in domestic economy worth recording, and it is, therefore, with satisfaction that we explain this simple process to our readers. All descriptions of woollen goods should be washed in very hot water with soap, and as soon as the article is cleansed, immerse it in cold water, let it then be wrung and hung up to dry.

TO CLEAN BLACK VEILS.—Pass them through a warm liquor of bullock's gall and water; rinse in cold water; then take a small piece of glue, pour boiling water on it, and pass the veil through it; clap it, and frame to dry.

GINGER BEER.—Bruised ginger 2 ounces, water 5 gallons. Boil for one hour, then add when sufficiently cool, lump sugar $3\frac{1}{2}$ pounds, cream of tartar $1\frac{1}{2}$ ounce, essence of lemon 1 drachm, yeast $\frac{1}{2}$ pint: strain, bottle, and wire down the corks.

BURNT RHUBARB IN DIARRHOEA.—It may be useful to know the value of burnt rhubarb in diarrhoea. It has been used with the same pleasing effects for more than twenty years. After one or two doses the pain quickly subside, and the bowels return to their natural state. The manner of preparing it, is to burn rhubarb powder in an iron pot stirring it until it blackens; then smother it in a covered jar. It loses two-thirds of its weight by incineration. It is nearly tasteless. In no case has it failed where given. It may be given in port wine, or milk and water.

SIMPLE CURE FOR THE CROUP.—We find in the *Journal of Health* the following simple remedy for this dangerous disease. If a child is taken with the croup, instantly apply cold water, ice water if possible suddenly and freely to the neck and chest with a sponge—the breathing will be almost immediately relieved; as soon as possible let the sufferer drink as much as it can, then wipe it dry, cover it up warm, and soon quiet slumber will follow.

SIMPLE CURE FOR CONSUMPTION.—Empty an ounce of Iodine into an earthen or glass vessel, with a wide aperture at the top—say a tumbler or flat dish—place it in a room where there is a stove, and during the day place your head over the dish and take three or four inhalations of the vapor which readily arises from the Iodine in a common temperature. Do this as often as may be convenient, and the good result will follow. The peculiar properties of the vapor of Iodine, it is said, absorb or dissolve the tubercles which form the disease of the lungs in Consumption.

COOLING FEVER DRINK.—Vinegar a pint, honey 2 pounds, water quarts,—mix.

INDIAN PUDDING.—Take eight table spoonfuls of fine Indian meal, pour into it one quart of boiling milk, with six eggs, one nutmeg, and six ounces of butter. Bake this quantity in three dishes.

APPLE PUDDING.—(Very good.)—A pound and a half of stewed apples, rubbed through a sieve, one pound of butter, one pound of sugar, seven eggs, the juice of an orange, and one nutmeg.

RASPBERRY VINEGAR.—An excellent and very pleasant medicine for coughs, and incipient croup, very fine for children, a teaspoonful or two at a time. Put a pound of raspberries into a bowl, and pour upon them a quart of the best vinegar; next day, strain the liquid on a pound of fine

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