

Those who would be on foot all night, pounding doors, screaming, destroying their bedding, or polluting the walls and floors of their rooms, are enabled to sleep the greatest part of the night by means of the "protective bed," which keeps them comfortable and prevents them from wearing themselves out by constant restlessness, the prominent feature in Acute Mania. The use of sedative antispasmodic, and narcotic medicines is superseded, and "a draught to quiet a patient" is very rarely required, and when given is not with the intention of "quieting," but of producing some necessary therapeutic effect.

Similar means are adopted to prevent the injury which is apt to result from "falls" and the convulsions of "Epileptic fits;" and those patients who, though quiet, have a habit of throwing the clothes off at night.

The wards are now but rarely disturbed at night, and a "night draught" a very rare prescription.

To more successfully carry out the "moral treatment," we are very much in need of means to replenish and add to the library, decorate the walls of the wards and multiply the means of amusement. The "Bell Fund," destined for this purpose, had not until last year been utilized, and it is to be hoped that the generous design of the donors will be regularly carried out, and the "interest" duly set apart for this purpose.

The "Brown Fund" can and should be similarly expended, so as to furnish what the Province does not give.

I can confidently state that our patients receive the best of medical and general care, as well for the incurable as the curable.

CARE OF THE INSANE.

This subject is the cause of much thought, of varied schemes and great expense to every civilized community, and though this Province has credibly borne its part, yet the question is not solved, for there is an imperative demand for more accommodation that some means must be devised to furnish.

Before entering on details, it might be well to review briefly the relations between insanity and the means adopted for its amelioration; because many in the Province may be apt to think that insanity is a malady in which the chances of cure are similar for all the afflicted, and that "quiet" cases, though recent, are as well looked after at home, than which there could not be greater mistakes.

The insane may be divided into two classes, in respect of their custody, "Cure and Care": 1st, the acute, recent and violent; and 2nd, the chronic, long standing and harmless. Both classes may be treated in the same institution, or in two distinct establishments, with appointments differing for each class.

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