commonly ascribed to it of either lessening the pains, ills, or sorrows of life, nor of increasing its joys, comforts, or pleasures; but that it does the opposite of all this just in proportion to the amount of it taken; and that the only wise course which it is possible to pursue in regard to alcohol is to let it alone—to drink none of it, in any shape or in any quantity.

It is in the earnest hope that this little Essay may induce at least a few of those who read it to see the truth of this proposition, that it is now published in its present form.

R. M. B.

London Asylum, April, 1880.

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