THE FASHIONS.

The latest fiat of fashion is that only when they accompany a toilet or cos tume in black and white effects are color, biscuit, mushroom, almond, and pale brown and tan shades are, strictly speaking, more fashionable. The economical, whether from choice or necessity, will be glad at this change of fashion, for white gloves, even with the greatest care, soil very quickly, and nothing looks worse than a dingy white glove.

But very recently a mixture of many opposite colors in gowning was the rule. Parisians, from whom we take our initiative in fashion, are now declaring in favor of harmonies. To these the pre-ference has always been given by very many of our most fashionable American women, they considering that a woman never looks as well as when attired in one color selected with a knowledge of our own particular coloring and style, the gown toned or shaded so that there is no effect of monotony.

The most unique thing that Fashiou has recently presented to her votaries is a bewitching Victoria sunbonnet, made of shirred tutte, silk muslin, or very sheer, lace trimmed India mull; this to be worn as a useful as well as highly ornsmental, addition to a golf, croquet, or tennis costume during the autumn season. One can imagine how charming a young, pretty golfer would lock against a green and russet landscape, with a white duck skirt, a red golf-jacket, and a coquelicot red mull, sunbonnet, with a handful of red poppies and a spray of white marguerites, by way of trimming.

There will be a great vogue during the fall and winter seasons of repped silks of every description and color, corded silk and wool, and all-wool materials. The new silks have ordinary, medium. and extra heavy reps, these appearing in black and a wide range of handsome dyes, both for day and evening dresses These silks will be used for gowns entire, and also in combination with other stylish fabrics. Fancy cords with shot or jaspered grounds make more or less elegant and dressy gowns, with often a relief in brocade, moiré, or velvet There are also broché changeable satins shown among new goods at the importing houses, some of exceedingly beautiful quality and lustre that have very faintly shot grounds in two colors, with unusu ally small broché figures of the one or the other color of the gown thrown upon the surface; for instance, a réséda and rose colored ground, with a rich damask rose bud design of minute size. These will make lovely toilets for all sorts of occasions, according to the colors in the silk and the degree of decoration employed. Other more showy silks for evening wear are in larger chiné effects, that look very much like water color paintings. Pompadour silks of exceedingly bold pattern and vivid coloring are designed exclusively for very full-dress occasions. These silks require to be toned down rather than the contrary by their garnitures and combinations.

Among autumn •kirt models are many finished with three very deep flounces, the three wholly covering the closely gored foundation, or there are many rows of tiny frills set on from belt to hem, and in this case the sleeves and upper portion of the waist are likewise trimmed. Overdresses appear caught up at one side, or in regular pointed-apron style —some very long, the point reaching to the skirt-hem, others in laveuse fashion. the lower edge faced with a bias fabric contrasting in kind, and frequently in color, with the material forming the

The hardy Scotch tweeds and cheviots hold a very favored place in the season before us among popular dress fabrics designed for travelling, shopping, walking, and similar uses. The patterns just opened are very pleasing both to the eye and the touch—many designs in cream and green, almond, green, and brown, biscuit color and Russian blue, etc.; others show a mixture of fine heather color the surface looking one faint hue at a short distance, but showing from three to five colors on close inspection. These pretty, indistinct mixtures give the purchaser an opportunity to select a favorite color with which to trim or combine with her costume. The wear of a genuine Scotch wool is almost one very strong rival—one very frequently alluded to here—English serge—a fabric that with any sort of care will last for years.

THE HOUSEHOLD.

A writer in a health magazine pronounces against the present fashion of "taking something" to relieve a tired feeling after prolonged effort, or as a atimulant before entering upon a period of work. It is a mistake, it is urged, that will be paid for later. The most popular "something" is one of the many trade marked preparations of kola, whose active principle is caffeine. This acts quickly upon the heart and entire nervous system, but the impetus is temporary, and is followed by a greater corresponding reaction. In particular is the stimulant unnecessary and harmful at the end of a task, when a sedative in the form of rest and sleep is what the system craves. Much nervous prostration and breaking gown of the general health the writer attributes to the practice. Nature first responds to and afterwards resents the abnormal urging, The word of warning is, perhaps, more pertinent to women than to men. The nervous excitement of our present complex life wears on the delicate organizations of the former more than it affects the stronger sex. In proportion, too, to this sensitiveness to fatigue and excitement

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so general as to be almost universal among women to have some favorite bracer at nand to rally flagging energies at a trying moment.

Fruit lemonade is an improvement over the plain variety. It is made by white gloves stitched with black any adding the juice of two ordinary oranges longer indispensable for day wear. Doe and of four blood oranges to a half dozen lemons. To get the full flavor of lemons for the drink they should be rolled soft, alter carefully scraping off any speck or blemish. Slice thin, carefully taking out the seeds. Put in a heavy pitcher and pour over a cupful of granulated augar. Mix and bruise the lemons with a wood-en pestle before adding the other fruit juice. Cover with a pint of chopped ice and let it stand ten minutes. Then add three pints of water and such further sweetening as taste may suggest. Dice of pineapple and hig luscious blackberries enhance the flivor. In the strawberry season a pint of this fruit may replace the blood oranges.

> An excellent receptacle to be placed in a corner of a sewing room for holding pieces left from dresses, bits of new muslin and flannels that are always required at hand for mending, is a common flour barrel. Cover the barrel with pretty cretonne or chintz, pleating the material and tacking it upon the inside of the barrel and at the top, drawing each pleat smoothly down. Fasten the pleats to the under side of the barrel. Paste heavy brown wrapping paper inside the barrel to make a smooth lining. Lay a sheet of wadding over a barrel top and cover both sides with the cretonne, overhauling the material together at the edge Make a box pleating a little more than a finger in width and sew around to cover the edge. Fasten this cover to the barrel with two pieces of tape to serve for hinges, and place a bow of ribbon upon the top to make a handle for lifting the cover. The barrel will fit into a corner and be most convenient.

A test of good chocolate is that it does not thicken in the cooking as the inferior sorts do because of adulteration with flour. A formula for chocolate to be served at any function, and which may be made several hours beforehand, is given by a cooking teacher. Wet one pound cocoa powder in a little cold milk and stir into two quarts of milk brought to the boiling point. Let it boil ten minutes, then add three tablespoonfuls of sugar and one pint of cream. Stir well while boiling. Turn into a double boiler and keep water in the lower boiler at almost a boiling point for half an hour. Beat eggs light, add, and remove at once from the fire. When cool add three teaspoonfuls of vanilla extract. Serve by putting about a dessertspoonful into each cup, filling up with boiling water. The finest flavor is extracted from cocoa by cooking it thoroughly.

All dietists agree as to the healthful value of truit, differing only in opinion as to time and method of serving it. Authorities admit that fruit alone will not sustain life for a prolonged period, her best energies to being very glad of but its use is almost indispensable to this diversion of his thoughts, and share the maintenance of healtn. Prof. Elliott his searches, and forget her annoyance thinks that ripe truit as a rule is more at the widespread confusion he creates palatable and equally nutritious in the in the realization of the healthful reto eat truit, he advises, is either at the quite another path: he is a fancier of beginning of a meal or between meals, when it aids digestion and exerts the greater laxative effect. Taken at the house wants paint. Nothing is incompletion of a meal it dilutes the gastric juice and tends to embarrass digestion. This idea is not in accordance difficult brief, or the destructive routine with the English custom, it being an almost national practice over there to serve fruit at the end of the meal.

When making custards for puddings and the filling for custard pies, if the milk is brought to the scalding point and then stirred into the beaten eggs and sugar and placed at once in the oven for baking it will require only half the time usually allowed for cooking. The range oven is not always in the proper condition for baking when most needed and causes much annoyance. A custard pudding may be steamed, and is oftentimes nicer than baked, Leing more delicate. A cup custard will be steamed sufficiently in fifteen minutes.

The whilom "crazy quilt" has been dead for a decade or more. A very lovely revival of that crude sort of decoration is made on Java printed linen covers, of which the design is worked solidly, scraps of silk being tastefully blended over the pattern, and the whole edged with fine gold thread. The result should be exactly like a piece of old Oriental handcraft, nor is it beyond the light himself in being always in his endless, and for several uses it has only clever fingers and the correct eye for wife's society. It is better worth while color of women who do other kinds of to cultivate a knowledge of anything fancy-work.

move the inside of the fruit, leaving a You may cling to him with every fibre thick wall. Take out the seeds, and to of a devoted heart, and seek only his the pulp add equal parts of dry mustard good in all you do; and yet, if you can and brown sugar, a little salt, pepper not see with his eyes, and h ar with his sauce and vinegar. Stir the mixture ears but foolishly try to make him into a paste and refill the tomato.

Do not put hot water or any kind of water upon woollens that have had liquid grease spilled upon them. First sprinkle your husband will never say of you: buckwheat or rye flour over the place "Thou art my rest." I seems an arbiand let it absorb the grease, brush off trary rule, and one which does not work the flour, and apply then fresh flour until all the grease is absorbed.

When the fingers are stained in peeling fruits, preparing green walnuts, or in similar ways, dip them in strong tea, rubbing them well with a nail brush, and afterward wash them in warm water and the stains will disappear.

When ink is spilled upon linen, try dipping the damaged material in pure melted tallow. The hot tallow seems to absorb the ink, and, after washing, the stain will be found to have disappeared.

Marmalade, or jelly, mixed with chopped nuts and cream cheese, seasoned with paprika, are appetizing combinations, used for garden party sandwiches.

Frequently ice is hard to keep at hand with campers and picnickers and the is the tempting ease with which it can food suffers for the want of it. A combe temporarily relieved. It has become mon clay flowerpot may be made goot!

use of in keeping the butter cool and You do not want to lean upon and look firm. Place the pot over the plate of up to a reproduction of yourself, and butter and wrap around it a cloth wet in your share of the perfect union is to find cold water, sprinkling water over the out and fit into your lite the pursuits outside of the cloth as it becomes dry.

Milk will remain cool and sweet if from you. Oh, that it were possible to treated in the same manner.

The only unmarried daughter of the rince of Wales is not allowed to ride a bicycle. She has a tricycle, and even that she never uses without an attend-

MAN AND WIFE.

Some Phases of the Duties Devolving on

The Husband's Fads and Hobbies Dwel Upon-The Dangers of Nagging Pictured, and Other Fentures Discussed

A writer in the New York Post gives his views of the many sided question of the relations between man and wife in regard to their respective duties and obligations, in the following manner:-

This phase of married life is rarely re garded with a just estimation of its importance. One looks with deep regret at the lives which are thus robbed of great delight, and prophesies very prossic, if not more unhappy, endings of the long partnership, when the first flush of young love's enthusiasm is superseded by a mere division of the necessary household cares and family responsibilities. As the husband goes "forth to his labor" too commonly the last words are: "Remember to get this or attend to that," and, already full of anxious thought of his day's work, his parting ideas of wite and home are solely of added care. When he returns, too often the mutual part of their conversation turns only on the vexations or trivial details of the family routine and there ends. He has left a business partner behind him; he finds another awaiting him. Naturally his mind will seek diversion elsewhere, or look for rest in the silent companionship of his cigar in a solitary corner. A husband's "lads' are often most

PERPLEXING TRIALS TO A WIFE.

What can he find to interest him in these incomprehensible things, is a frequent query. Really these interests are of inestimable value to him. It is a great blessing to any tired man to have a "hobby," and his wire should be earn-estly glad of the recreation it gives his mind or the strength it imparts to his body. True, it takes great sympathy with her husband (the true application of the radical meaning of this rare quality) for her to find her interest and oy in his, when, perhaps, he spends all his leisure time for a week in preparing, as Ruskin says, to "go out and kill something." But if all these examinations of guns and cartridges, these sud den demands for mislaid hunting caps and hidden boots, lend z st to all these hours; if his eye kindles and his step grows active, it is well for her to stop wondering why it pleases him, and give uilt. Sometimes the costly bindings and rare editions, while significant if it diverts him from the state of the market, the points of his of whatever his profession or business may be. Learn the value of the seemingly useless things that are dear to him, make yourself like them and share his pleasure, or if that is impossible, take your part in it by entering into his gralification as good for him and therefore surely good for you.

A DEATH-BLOW TO MARRIED GOOD FELLOW

comes surely to the wife who persistently antagonizes her husband's natural tastes and inclinations and urges him to take his pleasures in her way. To argue and insist and perseveringly to ask for reasons, simply puts her outside of his happiest hours and shuts the gate against her of the place where he acts spontaneously and freely as he likes. No mea sure can take the dimensions of the loss she has so incurred. Every common interest the wife can grasp, outside of those to which family care is a part, is a buttress against a weakening of that too often transient intercourse which in honeymoon days makes the husband de and everything that interests him than A seasonable and delicious way of it was in the beginning to wear his serving ice-cold raw tomatoes is to re- favorite dress and sing his pet songs. happy by perpetually endeavoring to draw him away from his favorite pursuits and accept your ideas of rest and enjoyment, your labor is in vain, and both ways, yet deeper thought discovers a strong and beautiful reason for its existence. Your feminine nature, which bears its. burdens of maternity and all the mustitude of duties by which we growstrong, is not mated to its facsimile; your husband is that stronger, different, masculine personality, without which your existence would be incomplete.

For Has your doctor failed to cure you? I am an experienced woman's nurse, and I have A Home Treatment for your weakness which will not fail.

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NAGGING FROM DOMESTIC LIFE!

So often with the most loving intentions a wife alienates and pritates, even bitterly wounds, the husband she half worships, by persistent remonstrances or entreaty, or by starting every day a fresh argument on the same theme. Half the time it is wholly concerning what is supposed to be either for his good or his children's; but the wife can not give up her point. All the symbolic facts in nature, the drop of water that wears away the stone, the mouse that gnaws the rope, the crevice that be comes the chasm, are weak illustrations of the fatal result of these arguments upon morried comradeship and good fellowship. "As the climbing up a sandy way is to the feet of the aged, so is a wife full of words to a quiet man.' Wise, indeed, was the old pailosopher who found this quaint similitude; one sees the crumbling sand slide and fall back, and ever draw the woman of many arguments away from her goal There is also a deep place of unity in the wifely understanding of the immense importance and honorable reaponsibilities of her

HUSBAND'S BUSINESS.

It seems so hard to see strength give way, youth fade, and illness threaten under the bondage of a tyrannous protession or an absorbing business. To so order your livi g that you are sure that he is not dying that you may live luxuriously is the only help you can give-To inveigh against his absorption, to entreat him to let go want he has promised to perform, to fret and worry him through his lew hours at home. can do no good, and sets you in the midst of the turmoil already in possession of his tired mind. This sort of thing makes men treat their wives as if they were unreasonable children, and lowers the equality of the matrimonial partnership When you are watching with an aching heart the multiplying gray hairs and lines of care; when you see with grief the power of enjoyment growing weak, keep your trouble in the deep of your heart; let your demands be lew, and let his home be his peace. Fight out the battles of your own realm without disturbing him with the details; struggle through your vexations in silence, but give to him a serene atmosphere, a welcoming smile, a cheerful response, a patient endurance, until, when the strain is over, you can per haps find the right time to tenderly point out the dangers of the way. Doubtless an aching head, a confused memory, and a dulled perception have told it all to him most vividly already. From you he wants comfort and rest, diversion from himself, the tonic of new thoughts, and pleasant change.

THE GLOW AND FERVOR of a husband's all-else-forgetting devotion in early married life cannot remain; the man must labor, and added responsibility takes stern thought; but the tenderness which grows deeper, the dependence which increases as the years roll on, are better things, reserved for these wives only who have stood shoulder to shoulder all the way, not drag-ging him back or pulling this way and that, but bravely planting their feet in the path he has chosen, a d in hard places whispering, "Forget me; I will follow."

It is to women like these that the sunset altermath comes; to wives like these that old men turn as the path inclines downward, with a beautiful dependence. It is to couples so united that God gives those calm years which are as 'clear shining after rain." At the doors of many a cottage, at the fire sides of many wealthy homes, sit old couples, hand in hand, comrades to the last. The gentle "don't you remember" brings back memories dear to both, which no one else can share; and at this last there are no longer separate tastes and desires to which they must mutually concede; but they talk softly of the swift coming time, when

"We'll sleep together at the foot, John Anderson, my Jo."

WHY CHILDREN GO WRONG.

NEWSPAPERS NOT TO BLAME, BUT PARENT WHO BUY THEM.

Many a father and mother is heartbroken to day because of a son gone wrong. There is many an empty chair that father and mother weep over together. The boy that you held in your heart of hearts, that you thought would be the prop of your declining years, has gone by the broad road and is a wreck and a scapegrace.

O fathers and mothers, you wonder where they learned it. You wonder how the serpent crept into your garden of Eden. You wonder where was the weak spot in the wall. You will find out that those children were educated in the university of the world, and that their text books of sin were the daily papers for

which you subscribe. But although I say these things with force I do not blame the daily papers. I am face to face with the men and women who are responsible for it. When I have any complaint to make, I like to make it before the persons who are to blame, and you—you, my dear brethren, you Christian men and women, are to blame for the tone of your daily papers So long as you buy them so long shall filth be supplied you. Newspaper edit ing is as much a business as keeping a She goes on, with increasing suffering, grocery store or any other business. If you go to your grocer and want a certain brand of tea, if you don't get it you go turbances, and fifty other complications brand of tea, if you don't get it you go somewhere else. You go to a newspaper may arise from the derangement of the office and demand a certain brand of orga s distinctly feminine. Over thirty goods. If you don't get it, you go somewhere else.—Rev. Father P. C. Yorke.

The Government statistician, Mr. Geo Johnston, has compiled figures which show the rapid rate at which the great

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lakes are being depleted of fish. The annual catch of fish by citizens of Canada and the United States is no less than 140,000,000 pounds, or 70 000 tons. At present the great lakes are therefore yielding 1 350 tons of fish every week of the year. A commission representing both countries, which has been enquir-ing into the subject, recently presented its report to the Governments of Canada and the United States In that docu ment attention is called to the rapid de pletion of the great lakes, and num rous recommendations are made for the pur pose of preserving the great source of wealth. Among other things just action between the two Governments is asked to restrict the number and extent of ne's used. At present negotiations are in progress in an informal way between the Government of Canada and

\$500,000

Exceed

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ST. MARY'S SHRINE.

towards joint action.

One summer evening with sunlight gleaming Thro' crystal streaming in Gothic pile; The oriel's tinting of varied raiment Fell on marble pavement of nave and had come around in front of him and

With white robed bearers of thuribles swinging. Their incense flinging in wreathed clouds.

And the organ's solemn reverberation Join the invocations of prostrate crowds

'Mid clustered columns and arches Where pricats anointed intone hymns aublime: And saints or sinners, in song from

psalter. Join at the altar of St. Mary's Shrine. Within its portals a wordling smiling.

Vain thoughts beguiling thro' languid Stood a scoffer 'fore sculptured Maiden.

Whose robe was laden with perfumed

An Infant smiling, on breast reclineth, Her arm entwineth the God-like Boy; The Virgin Mother is fondly glancing, In thought entrancing on the world's

Tho' not yet the Mater Creatoris, Who stands before us, hath become The Mater Dolor, that anguished sigh-Beholds her dying, sin victim Son.

Yet, had that Mother high premonition, That the fruition of her womb would be For fallen mortals the Expiator. Sins' Reparator on Calvary.

But whence the vain one's altered feel-To heart appealing, as naught had done,

Bosore he bent him in supplication And adoration of this Maiden's Son? Tis grace thro' Mary, Janua Cceli,

That is open daily, and faith sublime-A ray from heaven ariseth in him, From sin doth win him, at St. Mary's Shrine!

Assumption B. V., 1897.

Sometimes the most careful women

are the most careless. Many a woman

bundles herself up to keep out sickness-

when she is neglecting the very worst

sickness that can come to a woman.

She allows a slight disorder to become

worse, to slowly sap her vitality. The

little pain and the other slight indica-

tions of trouble seem to her unimportant.

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A Reasoning Pig. A pig and a dog were once passengere on the same ship and were quite warm

friends. They used to eat their cold potatoes off the same plate, and but for one thing would never have had any trouble. This was that the dog had a kennel and the pig bad none. Somehow the pig got it into his head that the kennel belonged to whichever could get into it first. So every night there was a race. If the dog won, he would show his terth, and t' e pig had to lie on the softest plank he could find. If the pig got it first, Toby could not drive him out. One rainy afternoon the pig found it rather unpleasant slipping about on deck, and made up her mind to r-tire early. But when she reached the kennel she found the dog snug and warm inside. the different States interested looking "Ump!" she said; but Toby made no reply. Suddenly an idea il whed upon her; and, trudging off to the place where their dinner plate was lying she carried it to a part of the deck where the dog could see it, and, turning her back to the kennel, began rattling the plate and munching as though she had a feast before him. This was too much for Toby. A good dinner, and he not there! Ah, no! and out he ran. Piggy kept on until Toby pushed his nose into the empty plate. Then, like a shet, she turned around, and

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was safe to the kennel before Toby knew

whether there was any dinner on the

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