## Temperance Column:

TBIRITBH AND COLONIAL TRMPBZANOE GONGRESS:

THE BIBEOP OF London's'SERONS.

- Bisbop Temple, who was president of the congress, preached at the opening service from Gal. vi. 2; "'Bear ye one another"e burdens, and so fulfil the law of Christ:" In the course of his sermon the right reve, prelate said :-
"We could see, if we woald but open our oyes, that on - all hands the temperance movement wig widening and deeponing as it flowed. Thia ourrent of strong desire to help onir fellow-men to cast off the chains in which they: were bound had such strength that those who entered it with little enthusiasm became more enthusiastic as time went on, because they, felt more and more deeply the need of every exertion they could make, and because they were infected with the power which came from the everswalling mass of those with whom they were joined. They were infeoted with the fervor which lodged in so many hearts and spoke in so many faces. Everywhere they welcomed the accession of fresh adherents and now forces, coming often from unexpected quarters. What encouragement it was to see little tokens of suocess wherever they went-the oup of milk that had taken the place of the glass of beer, the water that was drunk where s, irits were onoe used or wine was formerly abundant, the oheery word that now and then dropped from some acquaintance. He who cared for this cause was cheered perpetually now, for go where he would he found, though he perhaps knew it not before, that his compades were all around him in every rank of society and in every place that he onterad. He found them in ever'y congregation of Christians, in every gathering of citizens. The cause was covering the whole English rnce as it advanced. Wherever our language was spoken, temperance principles were maintained with increasing strength. Whorever the English flag flow, there was a proteast against the great English sin. We, who of all the nutions in the world, ranked in this matter if not the lowest, yot very low indeed, were also awakening and taking our part in the great protest that was continually going up against the fearful evil of drunkenness. Of all. the proofs that religion was not dead there was nons stronger than the effort to make men live more moral and wholesome lives, and none that bore more clearly upon it the marks of God's Holy Spirit than the ondeavor made by temperapee socielies to heal this ter rible disease, to make men more worthy of the name of man, to make them more worthy to be "dispiples of the Lord."

Education without a God is of a piece with religion withont a Ohriat. Both are simply a body Without ite proper soul.

## Foods ! Foods:

DBSICCATED WHEAT: HOLLED AND EOLLED.
Thla article la the perfootion of haman Yood deblgned for all beasons of the fear. It 18 ebsolatoly pars and partiy digested as gure to cure dyspepsla and regalate otaer sfffooilons of the digestive organs. It contaling all the elerants necossary to supply the wastes of the body. It 18 cooked and ordinary cracked eranulatad, rolled or crushed wheat in their raw atate.

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