



How to regain your old buoyancy and cheerfulness

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is the essence of British milk in unique combination with organic phosphorus—that priceless brain re-builder.

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Indigestion, whether resulting from dietary indiscretion, mental or physical strain, general debility or advanced age, is quickly relieved by a period of "Digestive Rest"—most effectively obtained by the use of Benger's Food.

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Booklets and Samples may be obtained post free from the Manufacturers—
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or from their Wholesale Agents in Canada:—

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