

Nearly twice as many French-speaking people are affected as English-speaking persons. This is accounted for by the greater poverty among the former, that they are ignorant of the simple laws of health and hygiene, and that they are employed in the poorer and more insanitary workshops.

Women suffer much more severely than men, the proportion being 222 to 164. During the six months of winter they live much of the time indoors, and keep their houses warm by shutting them up, and preventing the entrance of fresh air. The poor houses and the lack of fuel make this course a necessity. This also tends to spread the infection.

The crying need in the Province of Quebec is fresh air. There is a healthy climate, but it is not properly used. Nearly one-third of all the deaths in the province is due to tuberculosis in some form. In some of the cities tenement houses have been built in the past without a window leading to the open for many of the sections.

Some of the cities are now beginning to wake up. Steps are being taken to enforce better regulations for dwelling houses, schools, factories, public halls, etc. More attention is being paid to street cleaning, sewage, ventilation, etc.

More than half of the victims of the disease are from 15 to 35 years of age, and at least one-third from 15 to 45. No doubt a vast amount of good is bound to come from the making known of these facts. It would seem at last the people of Quebec are becoming alive to this matter, and showing signs of taking a forward step.

SWATTING THE FLY.

This is the battle cry of medical health officers throughout the continent and many newspapers have taken up the cry, and are spreading broadcast a fear of the fly.

The time was when people regarded the house fly as a sort of nuisance that got into the milk, or crawled over the pie, or kept one awake in the morning when he would like a little more sleep. That the fly carried fatal diseases is a teaching of quite recent years.

But the house fly does carry germs about, and in this way may spread a variety of diseases. Its body is large enough to carry a fatal dose of typhoid fever infection, tubercle bacilli, smallpox pus, etc. It is, therefore, an enemy of the human race that must be reckoned with.

The remedy lies very largely in starving the fly. Do not leave food around for it to live on, and suitable places for it to breed in. Foods should be kept covered and garbage destroyed and kept in