

their beds with each, a good husk mattress for the under part, and a composition one for the top.


Composition Mattress, which is made by placing in the tick, first, a thick layer of wool or cotton batting; then, if moss is scarce, put an equal layer of husks; then a full layer of clean well picked moss, or better still, of curled hair. Place your wool side up, and you have a warm easy bed for winter. Turn it over in spring, and the moss side affords a cool and elastic couch. A thin comfort of feathers, or a pretty thick one of wool or cotton bats, spread over a husk mattress, makes a bed on which the weary may rest without repining.

Over children's beds and those used in sickness, there should be spread two-thirds of the way down the bed, a soft table-oil-cloth, to prevent accidental wetting or staining the bed, in bathing, bleeding, administering food, &c. In summer the coolness of the cloth will be agreeable; in winter an old blanket should be placed between the oilcloth and the sheet.

Hair Mattresses

are made by the same directions as husks or moss, after the hair is prepared. The hair is usually from the tails of beeves. After being thoroughly washed and dried, it is twisted on a wheel into cords; then being tied securely, it is boiled; and when dried again, cut into short pieces and whipped until light and lively. Hair thus prepared is used for the stuffing of *curled hair mattresses*: but many hair mattresses are made of the hair of swine and cattle, prepared as the other, except the curling. The labor of making these mattresses is almost too much for these degenerate days of labor-saving machines and self-indulgence.

FRENCH MUFFINS.

 QUART of warm water in which has been dissolved a quarter of a pound of hard yeast, and mixed with sufficient flour to make rather a stiff batter, set it in a warm place four hours, then stir it down and divide it into pieces of a quarter of a pound each, which mould with the hands and put into wooden trays containing a round bed of flour for each; let them stand two hours in a warm place, and cook them upon an iron griddle, turning them over when nicely risen. They will be baked in about ten minutes if the stove is sufficiently hot.

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