

"The Confessions of the Admirals."

The British naval writer, Archibald Hurd, published in a recent issue of an English review an article bearing the Admirals" which dealt with what might be termed the retrospective Jellicoe has spoken; Lord Fisher has spoken; Sir Percy Scott has spoken; Admiral Bacon (in what is said to be the finest naval book written in many years) has spoken; even Admiral von Tirpitz has spoken. Now Admiral suggestions from English-speaking features. Sims, of the U.S. Navy, has spoken. And the tone of all their utterances if only this, that or the other person real navies, is the most highly train-

Praise Lydia E. Pinkham's Woman's Ills.

New Haven, Conn.—"For two years I suffered with a female weakness, pains in my back and painful periods, and I was so weak and tired that I was not able to do my work. A friend told me to use Lydia E. Pinkham's Vegetable Compound and it gave me great relief. My pains left me and I am now able to do my work and feel fine. You can publish my testimonial and if your Vegetable Compound does others as much good as it has me I will be very much pleased."—Mrs. CHARLES E. MORGAN, 37 Sea Street, New Haven, Conn.

The reason Lydia E. Pinkham's Vegcompound is so successful is se it contains the curative, gthening properties of good old med roots and herbs, which act ly on the female organism.

spoken as definitive or infallible, we would all be obliged to fall back on the old proclamation of pessimism; 'What's the good of anything? No-

thing!

Yet, if we accept another old adage, that the proof of the pudding is in the the only Admiral who need view the any other way.

vanished.

much more could have been achieved, ain, but of other lands which possess uncommonly good customers. marine jurisprudence and meteorol- ly made him laugh. ogy, ballistics and sanitation, and It is interesting to note that he orcommander comes as near to being a

other things too numerous to mention. In addition he must have the faculty of command and the instinct to act effectively in a crisis. Altogether the tried and proven naval superman as any being likely to be evolved on this earth. As such he Vegetable Compound as the has the defects of his qualities. He has a profound belief in his own convictions, otherwise he could not command at all; and an intense impatience with anything or anybody who delays or thwarts the execution of his plans. That is why there is so little unanimity of opinion among ad and such intolerance of expedients and policies which in his view pro duce inaction. Did admirals. not experience such emotions keenly they would never have accomplished anything or become fit for command at

Bearing in mind the qualities which to the making of a great seaman, we need not take too seriously the charges of Admiral Sims that there was no effective naval assistance to the Allied cause by the United States for ten months after the latter coun try entered the war. It resembles the charges which British admirals make gainst civil control in the motherand. What is perhaps true is that U.S. assistance was not so effective

have borne strong testimony to the fact that substantial assistance was rendered in the anti-submarine campaign by American destroyers from the time they arrived in Irish waters in May of 1917, until the signing of the armistice. There was a prevailing opinion among educated American ong before the war that Josephus Daniels was a man of too much lev ity and ignorance for the responsi

bilities of his position of Secretary of the Navy, and as such he must have gotten on the nerves of experts. But it must be remembered that he had as assistant secretary, Franklin Roosevelt, a man whose efficiency and zeal for the Allied cause is not open to doubt. As for the knave or fool who told Admiral Sims the preposterous lie that the American Government would as soon fight the British as the Germans unblighter about 19 what is doubtless one of the most remarkable statements ever published in connection with a medicine, was made by Georges Boudreau, a grocery clerk, living at 1288 Notre Dame street West, Montreal, a few days ago.

The story of Mr. Boudreau's related by himself in a conversation with a Tanlac representative:

"Two and a half years ago I began suffering from stomach trouble and ish as the Germans, publicity should be his punishment.-Toronto Satur-

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order from several different bureau at once everything that may be appearing the World's Press on this particular subject, and so obtain informathe happy title, "The Confessions of eating, we must, homever, admit that tion which could not be obtained in

pessimism of naval commanders. It gloom is Tirpitz. His life-long dream this sort of thing—that is, supplying supposed, the ex-Kaiser, but the late of seeing Germany a great and pre- information; others will go in for per- Tsar of Russia. vas a review of the revelations as to dominant naval power, prosecuted sonal matter, others again for critic- umes of clippings in a. the conduct of the war that have been with undeniable ability, was shatter- ism. Some include all kinds of work. languages. A secretary was always made by various Admirals since the conclusion of hostilities. Viscount ed. What was left of the German The papers which get most heavily busy pasting these up. navy lies scuttled in Scapa Flow; the clipped are the Society fournals German merchant marine that it was Society women are greedy to collect devised to nurture and protect has every paragraph in which their names appear, and, more particularly, photo-Therefore we may accept the sad graphs or pictures reproducing their

commanders of what might have hap- There is one agency which confides pened, but didn't, with a considerable itself to scientific and medical journhas been one of partial gloom. Much degree of resignation. The senior als. Its clients are mainly doctors There is at Whitehall a gigantic colwas accomplished, they admit, but naval officer, not only in Great Brit- and scientists, and some of them are

had not been possessed of a mind imed type of professional man in exscribed to two Press-cutting agencies, ly compiled from current newspapers. penetrable to ideas. Really the lay- istence. His fund of exact knowledge but sometimes himself clipped picman would gather that the Allied must greatly exceed in scope and tures of his royal features appearing ploy from fifty to a hundred clerks, navies escaped destruction as by a variety that of the most highly training in the public prints. His sense of humour protected him against annoying dred thousand cuttings weekly. The clusions of every great man who has braces astronomy and diplomacy, ance, and caricatures of himself mere-

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Montreal Man Twice Thought Time Had Come

Case Was Pronounced Hopeless -Is Picture of Health, Now. Grateful to Tanlac.

suffering from stomach trouble and twice during that time my case was pronounced hopeless and it was thought I could not live. My trouble began with a feeling like a big lump, after nearly every meal, in the pit of my stomach. I would then have to drink a great quant ty of hot water in order to get a little relief. I had to order to get a little relief. I had to live mostly on milk and my stomach pained me so at times that I fainted and thought I would surely die. The least efforts would cause me to per-spire a great deal; my legs were swollen terribly and my heart would palpitate at a frightful rate. Six months, after my troubles started I months after my troubles started I had to give up all idea of work. If I ventured to go for a walk on the street the least little breeze would almost take my breath away, and I had to go back in to the house. I could not sleep at night and had to prop myself up in bed with pillows. I was bloated all the time with the

gas on my stomach, was constipated the worst kind, and had absolutely no appetite. I also had rheumatism in my joints so bad that I had to take something to ease the pain. My case seemed to be a puzzle, as no one understood it, and I got worse in spite of all that was done for me. I was often caught weeping in despair over my condition.
"But I am now a happy man and

my gratitude towards Tanlac is un-limited. It has not only restored my health, but I believe it has saved my able to take up the work again that I was doing before my troubles began. Why, my appetite is so revenous that I simply can't get enough to eat, and my digestion is so good that I never have a pain or an uncomfortable feeling no matter what or how much I cat. My legs do not swell any more, the rheumatic pains are gone, and I sleep every night just like a child. In fact, I am feeling perfectlection of criticisms from the Press. ly well and I mean to say by that that I haven't an ache or a pain of any kind. My recovery has been a surprise to just lots of people and some who have met me on the streets lately seemed absolutely amazed at the wonderful change that has taken place in me. All the praise, thanks and gratitude belongs to Tanlac. It

Prize-fighters and politicians are equally good customers of the Pressclipper.

Journalists or authors who are working on some special subject find the Press-clippings invaluable. They order from several different humans

dered cuttings from American as well as from British sources.

The best of royal patrons of the naval history of the war in a spirit of Some agencies make a speciality of Press-cutters was not, as might be

Mr. W. T. Stead, the late editor of

"Review of Reviews," is believed to have possessed more Press-cuttings than any other man in England. They are said to have suggested to him the plan of "Review of Reviews." Even Government departments do

not despise the use of Press-cuttings. lection of such cuttings relating to the late war, while the official history of the Spanish-American War was large-

Any of the first-class agencies emaverage price is a pound a hundred clippings, and to their credit it should be mentioned that Press-clipping agencies have not turned profiteers or icreased their prices so greatly as have most other businesses.

Household Notes.

Peach salad is made with the halves Planked steak with a foamy border of white mashed potatoes is a most pleasant change after the ordinary method.

When you see a very busy day ahead plan a stew in which your vegetables and meat can be cooked in the same

A memorandum pad and pencil hung close beside the pantry shelves is convenient for jotting down supplies

Orange juice squeezed into a tall glass and served with cracked ice is much more luxurious than when served the usual way.

An outside window-box may be filled an arbor vitae, boxwood nd place for the birds. Scrim makes a very artistic cur-

ain, when stitched with a color cor ding with the color scheme

the room in which it is hung. It is a good idea to cut the dough for baking powder biscuits with a sharp knife. The biscuit will be in

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