bronchitis or a bad cold．It is naty is in a receptive con－ dition for germs．The way
atch Your Sneeze！cluaters，whilio aryeg poptetes，huze o ol may be the forerunner of to fortify yourself against old is to increase warmth and vitality by eating Shredded Wheat，a food that builds healthy muscle and red blood．Fream，or any meal with fresh fruits．


Made in Canada．
ashion ads

PALE，FEEBLE GIRLS
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## Guard

 Your Baby＇s Health






Mrs．Winslow＇s Soothing Syrup


Mrs．Winslow＇s Soothing Syrup Makes Cheerful Chubby Children
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WOMENS WORK IN WAR TIME．

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Delicately Eliminated．

